

Oregon Area AI-Anon Assembly

Host: Virtual

November 20, 2021

Start: 8:30 am

Welcome; Serenity Prayer, Reminders (Microphone & Voting Statement): Dawn K., Chair.

- Reminders
 - To keep the Oregon Area AI-Anon informed much of the Assembly is composed of regularly scheduled reports.
 - The Assembly is planned in advance by the Oregon Area World Service Committee. Questions and suggestions for upcoming Agendas should be directed to your District Representative or to another appropriate member of the Area World Service Committee (AWSC)
 - To make a comment or ask a question type Comment in the Chat and the Chat monitor (Trish) will call on members in order.
 - To talk unmute yourself.
 - Limit one-time (2) minutes per discussion, don't repeat a point already voiced by others.
 - No Photography
 - Recording will be made by the secretary to assist with accurately documenting the minutes.
 - We will attempt to use Polls to gain group conscience; we are using the naming convention to tell who is a GR for voting.
 - It is requested you attend all day.
- Depending on your role at this assembly specifies if you have Voice and or Voting abilities.
 - Group Representatives (GR's) – Voice & Vote
 - AWSC Members – Voice
 - District Representatives (DR's); Coordinators; Officers; AIS Liaison; Audit Budget; Past Delegates
 - Visitors (No Voice or Vote, please talk to your GR or DR with any questions or concerns you have)
 - If you are an Alt. GR and your GR is here, you're a visitor so we only have one voting member per group.
 - Special Guests (Voice when Chair acknowledges)

12 Traditions: Page 15 in the Service Manual Read by: Rosemary GR D4 Primary Parents

12 Concepts & Warranties: Page 17 in the Service Manual Read by: Bunny GR D7 Saturday Morning

Virtual Meeting Participation Guidelines Discussion & Group Conscience – Dawn K. Chair

- Reviewed the 3/16/21 Draft of the Virtual Meeting Participation Guidelines.
- Poll – Do you accept the Virtual Meeting Participation Guidelines as presented? Everyone Votes
 - 100% acceptance
 - No concerns or comments about the Virtual meeting Participation Guidelines

Roll Call: Deanna M. Secretary

- Excused: N/A
- Absent: Julie S. DR D1, Elaine R. DR D8, Helen L. DR D9,
- Past Delegates in attendance: Judy J. Panel 41, Bunny G. Panel 38
- Vacant Positions: District Representatives: 3, 15; Communicator; Archives
- Zoom Poll: What is your AI-Anon Position at the Assembly today? If you hold more than one position, pick all that apply.
 - GR's (Allowed Voice & Vote): 48 Total – At time of Poll
 - AWSC Members (Allowed Voice): 19
 - Special Guest, Invited by Chair (Allowed Voice at Requested times): 2 Came in around Noon
 - Visitor (No Voice or Vote – Message your DR with questions or concerns): 5
- At time of Poll: 48 Voting GR's and 72 Attendees

Approval of Minutes: July 2021 Assembly Minutes were approved as presented. Motion by Brenda GR Mt. Pleasant D17, Seconded by Tuane GR D17 Set Free (47 Yes, 0 No's, 1 Abstain)

- Corrections: No Corrections

Treasurer's Report: Barb B. Treasurer; (See Attachment - *Treasurer's Report*)

- Reported
 - Reviewed Treasurers report Ending November 6th, 2021
- Reminders/Announcements
 - Reminder to AWSC members who are reimbursed by the Area. The Area physical year ends December 31st, so please send in all expenses preferably at the beginning of December but early enough to allow Barb to reimburse prior to the end of the year.
 - If any groups have new treasurers, remind them that if they are sending the checks in 2021, they send them to Barb, and if they are sending in 2022 than they will send to the new treasurer.
 - The 2021 Budget was created assuming that there would be some in person meetings. Since this was not the case, Audit Budget would like to make a onetime motion proposal to send an additional donation to WSO of \$4000. This would be in addition to the \$400 that is currently budgeted.
- Questions/Comments:
 - Phyllis GR D6 - Did the Oregon Area contribute to the Alateen Conference (OAC) in August, if so, how much?
 - Barb B. – No, Oregon Area didn't contribute, it was not in our budget. The donations generally come from groups, individuals, and fundraisers to support OAC.
 - Katie W. Delegate – How did the Audit Budget arrive at the \$4000 number?
 - Barb B. – Reviewed all the amounts we had and what our hopeful projected expenses would be for next year and we want to keep some of the surplus as our ample reserve but also want to support WSO.
 - Wendy DR D2 – I thought Area was coming up short this year.
 - Barb B. – Not this year
 - Judy J. PD P41 – Is there anything that is coming up next year that we may need the money for? We have the Native American Al-Anon Conference (NAAC) and PRAASA.
 - Barb B. – That was considered.
 - Andrea – What is the surplus on the budget?
 - Barb B. – At the time of the Audit in October we had a normal budgeted surplus of \$4268. We had \$2200 more, and we are still getting more donations.
- Motion:
 - Motion 1 – One Time Motion; By Barb B. Treasurer, Seconded by Trish B. GR D10 Tigard Monday Night
 - Make an additional one-time \$4,000 contribution to WSO.
 - 47 Yes, 0 No, 1 Abstain

October AWSC Recap: Dawn K. Chair

- Received updates from all the active Task Forces and Thought on where they are at. Some will be giving their report later today and so I won't be repeating those.
 - Translation equipment Task Force has been tabled for next panel. They need more connections from the Spanish community to make sure that they are on the right path.
 - Oregon Area Handbook committee – They have almost finished the revision process and expect to finish by the end of the panel.

Review Election and Voting Procedure – Dawn B. Public Information

- Reviewed the major changes in the updated Election and Voting Procedure – The major changes were in the Oregon Area Handbook Section 7 page 8-10. <https://www.oregon-anon.org/oregon-area-handbook> The most significant changes to the procedure are:
 - We used to have a Trusted Servant Profile; this has been changed it to be a Service Resume
 - We request the candidate Read the service resume as written. Major focus on service experience.
 - Members can ask clarifying questions this use to be members coming to the mic and giving their perspective on the candidate’s qualifications.
 - Balloting totals will no longer be shared with the Candidates, candidates will go off to another room, in this case it will be a virtual room.
- Officers – Delegate, Alt. Delegate, Chairperson, Treasurer, Secretary & AAPP. The Vote count is different for them. There requires a 2/3 vote. When a 2/3’s majority has not been reached by the third ballot vote, the remaining candidates names will be added to a hat and a name will be drawn. Chair will ask qualified candidates – Actively served at the area level in the past or current level and been a DR – They will read a service resume – Members may ask a clarifying question – The candidate leaves the room – The voting takes place.
- Coordinators – These require a 51% vote and there is no qualification of being a past District Representative.
- Service Resumes are requested to be turned in 6 weeks before the Voting Assembly. This is the best-case scenario, but last-minute scenario we will accept them today.
- Questions
 - Trish GR D10 – If someone is intimidated about filling out an on-the-fly resume, do we have to have a resume?
 - Dawn B. – We are flexible, but the resume has the information we need in order to make a decision. We need the information, however they can get the information too us, even if they fill it out and read it to the assembly.
 - Wendy DR D2 – When I got the resumes it was clear about the confidentiality, but as a GR was, I supposed to make the decision or am I to go back to my group?
 - Dawn B. – No, you are supposed to make the decision. The GR’s make the decision. We will need to refine that to clarify.

2022 Budget Presentation – Sue B. (See Attachment – 2022 Proposed Budget)

- Shared the 2022 Proposed Budget – Varies very little from last year. In the third column (Column E) if it is bold it is an increase, if it is in italics then it is a decrease. We budgeted for Face to Face and If that doesn’t happen then the figures will be vastly over estimated.
 - Line 6 - We are projecting more cash to carry forward to 2022, and that includes the fact that we voted today to send the additional \$4000 to WSO today.
 - Line 12 – NWRDM (Northwest Regional Delegates Meeting) is a little more expensive this year due to location.
 - Line 18 - Archive Rent we don’t exactly know yet where that will be, so we increased a little bit.
 - Line 22 – March Assembly – This is an increase because we were virtual last year and hope to be face-to-face this year.
 - Line 28-32 – Assuming we would meet Face-to-Face & with cost going up we have increased the cost for assembly and AWSC allowances and added in the increase by vote the travel allowance.
 - Line 42-52 – Assembly Expenses - There were a few increases which are basically workshops and projects that coordinators may have. Assuming again that there would be more activity if we are meeting face-to-face.
 - Line 54-63 – Coordinator Expenses – There was only a few little decreases in the Website & Technology which were based off actual expenses for this year.
 - Line 65-67 - NWRDM will include three past delegates and the alternate delegate this first year of the panel. This changed with the previous vote to send all past delegates.
 - Line 71 - Audit Budget might meet a little more face to face.

- Line 75 – Transition Fund, Larger increase because of the Panel Change and transferring coordinator/Officer Supplies.
- Line 74 – Handbook Update – Because of the Panel change there will be more cost in supplying a new handbook to the AWSC members that want a printed copy.
- Line 81 - Budgeted income is \$46,000
- Line 82 - Expenses \$44,277
- Line 83 – Leaves a Net Gain of Budgeted Income/Expenses of \$1,723
- Questions/Comments –
 - Carlos GR D10 – Budget for in person meetings – What about the provisions for a Hybrid meeting? Is that in there, if we must rent the technology or buy it, the cost would be quite significant. Also creating a Hybrid meeting of that size would take a bit of practice and cost.
 - Sue B. – Part of the money put in the transition fund could be used for it. There would need to be a task force to look into that and maybe the next panel will create that. There is no number to propose without a thought force/task force recommendation. If there ends up being a recommendation at a later time, we can always make a motion at an Assembly to spend more money.
 - Regis P. GR D17 – NAAC is coming up and we haven't been able to reach out to Eastern Oregon. Wondering if Public Outreach should get increased to reach out and meet people where they are.
 - Louise GR D5 – I am wondering if we should have a line on the budget to Support the Alateens and OAC to fortify their budget to meet in person.
 - Sue B. – As far as I know the OAC Conference is Self-Supporting, so I do not believe Oregon Area's Budget needs to include moneys to give to them. They have an ample reserve and we have not heard from them that there is a need from them for the Oregon Area.
 - Trish B – I heard from the OAC Chairperson over the summer that they had an overwhelming response and lots of donations. They met their budget.
 - Mary W. Alateen – OAC did ask for help this last year because of the restrictions on fundraising and meetings. They were happily blessed with help from the Al-Anon groups in Oregon. The goal for Alateen is to be self-supporting, so this year was an exception in asking for that help.
- Motion:
 - Motion 2 – One Time Motion; By Wendy GR D2 Happy Hour; Seconded by Rosemary GR D4 Primarily Parents
 - Motion to accept the 2022 Budget as Presented
 - 46 Yes, 0 No, 2 Abstain

Audit/Budget Report – Sue B

- The audit-budget committee met both face to face and on a virtual platform on November 8th, 2021. We audited the third quarter books for 2021.
During the audit, we found the books in good order and no adjustments needed to be made. The reports presented by Treasurer also required no adjustments.

Delegates Report: Katie W., Delegate;

- Power Point Presented – (May be viewed temporarily at: (<https://www.oregonal-anon.org/assembly-corner/november-assembly-extras>)
- This is really it!
We're going to do three things in the next 30 minutes: No stats, no numbers.
 1. Acknowledge where we've been
 2. Look at where we are now
 3. Talk about the future

Let's acknowledge...the past.

I have carried memories with me from four of our Delegates over the last 15 years (myself excluded)

P56 – Cindy E.

P53 – Colleen G.

P50 – Bette R.

P47 – Roland C.

I remember when...

P47 – Roland C. and the KBDM breakout

Then there was...

P50 – Bette R. and the Conflict Resolution rollout

And along came...

P53 – Colleen G. and the Dual Members language

Finally, my world exploded when...

P56 – Cindy E. brought the St. Francis Prayer discussion

I didn't know then

What I know now

(I was developing a desire to *become* a Delegate, because I loved interacting with these people and the way they included me)

So I ask you...

OVER THE PAST THREE YEARS, HAVE YOU HEARD SOMETHING DURING A DELEGATE'S REPORT THAT HAS STUCK WITH YOU?

Let's have 5 people share

(1 min.)

Let's look at where we are now...

A FEW THINGS I'VE NOTICED:

- ATTENDANCE IS DOWN – WE LOST SOME REGULARS AND GAINED A FEW NEW FOLKS
- ALATEEN SHRUNK – ALL AROUND THE US
- WE'RE IN LIMBO – WE STILL HAVE TEMPORARY ELECTRONIC MEETINGS AND IN-PERSON EVENTS ARE UP IN THE AIR, BUT WE KNOW WE WILL HAVE TO TRANSITION BACK TO FACE-TO-FACE

WE'RE JUST NOT THERE YET.

IN THE MEANTIME...

HERE'S WHAT I'VE BEEN UP TO LATELY:

- ✓ I SENT A PACKAGE OF LOVE GIFTS TO AUSTRALIA
- ✓ I'VE BEEN WORKING ON MY FINAL MAILING
- ✓ Here's a photo I snapped of a banner in Springfield!

Where are we headed?

ONE THING I DO KNOW:

- THE NATIVE AMERICAN AL-ANON CONFERENCE IS COMING! NO IFS ANDS OR BUTS.

Now what I want to hear from you...

WHAT DO YOU DREAM FOR AL-ANON?

I HEAR PEOPLE TALK ABOUT WHAT THEY WANT TO CHANGE, BUT THAT'S NOT WHAT I MEAN.

WHAT DO YOU DREAM FOR OUR PROGRAM?

My dream is that Oregon would have multi-cultural outreach across the state and that all people who come, would feel at home in an Al-Anon meeting.

What's your dream?

Let's have 3 people share (1 min.)

As always, it's been a privilege to serve as your Delegate. I love all of you - thank you for such an amazing three years together.

- Comments: OVER THE PAST THREE YEARS, HAVE YOU HEARD SOMETHING DURING A DELEGATE'S REPORT THAT HAS STUCK WITH YOU?
 - Regis P GR D17 – When there was this great conversation on Dominance, instead of focusing on the negative, the answer is that participation was on the key to unity. The focus was on the solution and getting us to participate more and not telling someone they were being too dominating.
 - Emma H. Forum/Literature Coordinator – Presume Good Will – Instead of jumping to the negative go with the presumption of Goodwill.
 - Milton A. GR D5 – When Katie described what happened at WSO when the Panel was trying to come up the Panel Slogan and your group came up with Yes Oui Sí, in English, French & Spanish.
 - Joanne C. Group Records – Discussion about Racism, this has been such a turbulent panel, and you did such a beautiful job.
 - Jill M. GR D17 – The ease of process and when you walked through the first year (in person) you came up and talked to people and got a sense of getting to know people. Then your ease of sharing what you experienced and what you bring back to us from Conference. I also appreciate the information you shared on Virtual Meetings, Hybrid Meetings and bringing that back to us when that has been such a big, big change in our Al-Anon Life.
 - Carla H. GR D9 – When you came to our District because we were having some conflict on an issue. I remember just your presence and how you helped moderate our discussion. You really encouraged us to all participate fully, we had become a little bit stuck in our sides and you helped us realize and it helped us through our issue. Also, there was the non-member translators at conference and how after the conference some said they really wanted to join Al-Anon after being there.
 - Deanna M. Secretary – How you accepted and adapted to this change with World Service being hybrid and virtual and kept us in communication. The comedy you bring to your reports about yourself, program the things we do. Extreme detail on reminding us to separate Outside Issue. The thing I will remember the most is being able to hear something and go is that an outside issue will that affect Al-Anon as a whole.
 - Maureen GR D11 – Presentation style of your reports. One of my first Assemblies was the question about pronouns for HP. We were asked what does it mean to each person and given the time to process that information and write it down but not sharing it openly so that there wasn't some sort of contention. Just kind of clarifying what these types of things might mean to other people.

- Comments: WHAT DO YOU DREAM FOR AL-ANON? WHAT DO YOU DREAM FOR OUR PROGRAM?
 - Trish B. GR D10/Technology – That we connect more with the Spanish Speaking Communities.
 - Joan F. CPC – Our membership be inspired to take on Service positions so that we are not scrounging for people to take them and leaning on so many repeaters (glad they are there). I would love to know what the key is or how we go about stimulating interest in our membership to reach out and do more of accepting a position and not be afraid of the commitment of taking on a position or not taking a position. I want to see members clambering for positions.
 - Mary W. GR D11/Alateen – I want to see more Alateen, they do want to meet face to face, they do not appreciate the virtual, they have enough of that with school. My dream is to widen that, but I am pledging in mind to totally working side by side with whomever stands for Alateen.
 - Jill M. GR D17 – I want to be able to meet in person or hybrid. Above all I hope that we resume our cooperation with AA in their events with having speakers and getting together.
 - Nicole GR D11 – That we take what we have learned about expanded ways to meet and take that forward with us as we do outreach. I would love for us to find ways to reach out to parents of young children who have hard time leaving their house and going to meetings. Make Al-Anon acceptable and welcoming so that we can interrupting the disease earlier and earlier.

Love Gift to Katie – From all of us at Oregon Area.

Thank you, Katie, for all you've done for Al-Anon in Oregon! To show our appreciation, we are sending you this lovely blanket to keep you warm. So sorry we couldn't present to you in person, but someday when we're all together again, you can bring with you and share it with us. All our love and gratitude, Your friends in Al-Anon.

Election

- Officer Elections: Chair read the qualifications from the Oregon Area Handbook, Candidates read their Service Resume, Candidate answered any requested clarifying questions, Candidate left the Virtual room by being placed in a Break-Out Room, Vote was taken, in some cases a repeat attendance was taken to assure that the correct number of GR's were voting. All candidates passed with a 2/3 or greater vote. Only one candidate stood per position.
 - Delegate: Joanne C. Past DR D10
 - Alternate Delegate: Stephen Y. Past DR D10
 - Chair: Dawn B. Past DR D6
 - Secretary: No One Stood
 - Treasurer: No One Stood
 - AAPP: No One Stood
- Coordinator Elections: Chair read the qualifications from the Oregon Area Handbook, Candidates read their Service Resume, Candidate answered any requested clarifying questions, Candidate left the Virtual room by being placed in a Break-Out Room, Vote was taken, in some cases a repeat attendance was taken to assure that the correct number of GR's were voting. All candidates passed with a Simple Majority of 51% or greater vote. Only one candidate stood per position.
 - Alateen: No One Stood
 - Archives: No One Stood
 - CPC: Maureen – GR D11 Morning Glory
 - Communicator: Nancy N. GR D2
 - Forum: Caralynn W. AIS Liaison
 - Group Records: Meredith D. DR D5
 - Literature: No One Stood
 - Public Information: No One Stood
 - Website: No One Stood
 - Technology: Trish T. GR D10 Tigard Monday Night/Technology
- With no-one standing for some positions the following said they would stay active in the roll until the March assembly.

- Barb B. Treasurer – Willing to stay on until the March Assembly.
- Kathy K. AAPP - Willing to stay on until the March Assembly.
- Emma H. Forum/Literature – Willing to stay on until the March Assembly.
- For the remainder of the positions not filled, Coordinators/Officers will just hold onto their stuff until the position is filled.
- Reminders for transition from current officer/coordinator to new officer/coordinator. If you have a notebook for your position or physical items that you were given for your position you need to get that to the new person. You will need to connect with that person and transfer your knowledge to them.
- The following positions will be appointed by the new chair in February. So please send in your service resume to Dawn B. Incoming Chair to apply.
 - 3-people for Audit Budget Committee – This committee is responsible for reviewing the Treasurers financial books and creating the proposed budget together. Generally, someone that has had experience with Area finances be the chair and then the others would be members with some kind of financial background.
 - 3-people for Flyer Approval Committee – This committee reviews all flyers that are submitted to make sure they follow the Oregon Area Flyer Guidelines. The chair of that committee is responsible to send out approved flyers to all AWSC and to make sure the flyer gets to the Website Coordinator to be posted on the website. – Open to AWSC members only.

Quote from 2020 AI-Anon World Conference Summary P32/33 – Read by Joanne

“There is a distinct difference between relief and recovery, and we may need to focus on emphasizing that difference more often. Recovery involves all of the Legacies, not only the Steps. The Steps are very inward-focused, while the Traditions and Concepts bring the outside world into focus in a healthy way, and the safe way to practice those interactions is through service. I suspect that we ignore the fact that our recovery is multi-faceted, and that a full and fulfilling recovery is the result of working all the Legacies. Service is an intrinsic part of my recovery journey. Our groups, and our members, may need to be reminded that sticking with the Steps and the daily readers may bring relief, while including the Traditions and Concepts, which results in service, is, for many, how our program becomes a way of life.”

Corvallis Young Peoples Meeting Sharing – Morgan GR D16 Corvallis Young at Heart in AI-Anon & Hannah M. Special Guest

- Gave a short version of what brought them into AI-Anon personally.
- Discussed
 - How the Corvallis Young Peoples AFG Meeting got started by wanting to make recovery in a way that works best for us.
 - How they had received a lot of support from our home meeting and DR to start the meeting.
 - How their meeting serves as an in-between place for people who've 'graduated' from Alateen to AI-Anon.
 - How their Young at Heart meeting is based on other young people recovery meetings and is open to anyone of all ages. It has a very welcoming, silly, and serious approach to recovery while still maintaining the core tenets of AI-Anon.
 - How they're intentional in making their meetings as accessible as possible and do that through intersectional shares, working through the WSO's Bias Inventory worksheet as a meeting, and using a hybrid meeting format

Action Committee Future – Dawn K. Chair

Prior to this panel we use to have Action Committees – These were Assembly breakouts in which we would meet in smaller groups. It was a way to have the GR's participate more and the groups would work together on projects and take action to get some stuff done. We had the following categories of Action Committees: Group Services, Membership Services, Literature Services, Public Outreach, Business Services. At the end of last panel, we decided to try a trial period of not having action committees this year and instead focusing more of our Assembly time on workshops and educating members. At the end of 2021 the trial will end, and we need to discuss if we want to bring back action committees or not. There are several ways to go. We can return to action committees; we could extend the trial by three years or we can decide to permanently discontinue them.

- Comments/Discussion

- Caralynn AIS Liaison – Been on lots of Action Committees and I like the workshops better. The action committees did a lot of work but unless you were in service and really involved in service it didn't go very far. Worked on the Bookmarks of the Links of Service, but now many of those are buried in meetings and we need refreshers on the subjects which can be done via workshops.
- Brenda GR D17 – Had a few years last panel of being on the Membership Services Action Committee. What I discovered was it started out with about 45 people and would end up with about 5 people. It was disorganized if you had a strong leader it was fine. I find the workshops more educational. I know some of the Action Committees were great and leadership plays a big roll in it.
- Meredith D. DR D5 – It was said at AWSC that we seem to get more done on this panel than ever before. I can't tell you if that is Covid or not having action committees. I was on public outreach, we had good discussion, but it was like herding cats. The commitment fell to the committed few rather than the 30 something others in the group. I believe we have educated with the Thought Forces, Task Forces, Committees, and workshops.
- Bonnie W GR D10 – I was attending Area meetings since before there were action committees. When action committees were started, I was really excited. I thought this is going to be fun, we are going to actually accomplish something here that we are going to actually contribute to our members. One of the things I found is that we needed more direction. Some action committees didn't have a goal and those became just a social hour. I truly learned a lot in the workshops.
- Kathy K. AAPP – I am in favor of suspending the Action Committees. I loved putting on some of the workshops and being on some of the thought forces/task forces. It just felt like I was really making a contribution where I wanted to and where I had skill that could be used. So, I am in favor of dropping the action committees.
- Rita S. DR D17 – I had a really great experience on the action committees. I felt it was really helpful to work together with people. It brings so much more connection with people in the fellowship, not just with in our groups. I think one way to bring in more of that work is for the coordinators to have committees that they work with. That is another way for people to participate in active ways.
- Katie W. Delegate – Action Committees were quirky, and sometimes the leadership was not great. What I valued about Action Committees was and don't want to see us lose is that they allowed us to interact together in small groups and I got to know people that way. There was not anything else in the Assembly that allowed me to fellowship like that.
- Bunny G PD P39 – I did like the interaction with small groups and maybe that is something we will be able to continue.
- Jill GR D17 – When I went to Assemblies 25-28 years ago that helped me so much when I was new in the program was the interactions that happened at the assemblies, at dinner, at lunch, at breaks. That kind of thing that was so valuable to be able to do some AI-Anon sharing with some other members. I feel the workshops create an environment for that especially when there is participation and interaction. When people are given things to do with each other in smaller

groups and it makes it fun. I think part of assembly needs to be more fun and not all business so we can attract members to come. When we were face to face there was more chance for that.

- Annie GR D4 – Biggest things I remember about action committees was that I was terrified. I thought a group was three people and one of them included me. I was very new in Al-Anon and I became a GR right away. I can't remember which one I was on but that was when I got the closest to Judy and she talked to me and helped me so much. I learned to work and talk to people in that committee and I eventually learned to walk to the microphone. A lot of my growth took place in the action committees.
- Judy J. PD P41 – I was around when this started. A lot of the people that are participating today have started the last three years, so they don't really know a lot about action committees. We did a big Alateen mailing, we started taking group histories and have them sent to our archives. We started a newcomers list how to welcome newcomers, we did a movie screen public outreach project. We did a GR reference guide. Oregon area had 5 action committees where other states didn't have that many. In order to get the work done though it took 90 minutes out of our assembly. It was falling apart with the lack of education and leadership.
- Carla GR D9 – What is the difference between a thought force, task force, and an action committee.
 - Dawn K – Thought force – is generally convened to come up with ideas. Task Force takes action generally on what the thought force came up with. Action Committees – Were to help the Coordinators actually do stuff. It was also a way for GR's to get involved.
- Motion:
 - Motion 3 – On-Going Motion; By Phyllis GR D4, Seconded by Kathy W. GR D17 HUGS
 - Motion to discontinue Action Committees at Area Assemblies.
 - 35 Yes, 2 No, 6 Abstain

Electronic/Hybrid meetings – Dawn K.

There has been lots of discussion and confusion about the differences between Face-to-Face meetings, Electronic meeting & Hybrid meetings. A slide was shared to try and visually explain. (See Attachment – *Electronic/Hybrid meetings*)

- Everyone needs to see and hear each other
 - Face to Face meeting – A group of people all meeting together in physical person in the same room/area sharing.
 - Electronic meeting – People all in different locations meeting through a device. – Different locations all interacting sharing
 - Hybrid is where you are connecting the Face-to-Face meeting to the virtual meeting. Everyone else is electronically connected to experience the same meeting with the same shares with the same Experience Strength and Hope all together.
- We had a group that had a Face-to-Face meeting and then an electronic meeting that were not connected. I think the reason that WSO is not wanting strictly Electronic meetings to be involved with our face-to-face meetings. There is no way to get a group conscience if your meetings are meeting separately. What is talked about over here is not the same as what is talked about over there, there is no connectivity between them. Everyone in the meetings is having a different experience.
- I have cautioned all groups in District 4 to not make the decision lightly to convert from temporarily electronic (Pandemic meetings) to an electronic meeting.

Questions –

- Debby GR Parkside – Proposals to how the two groups could come to a group conscience. For instance, the in-person meeting and the electronic meeting could have a person to be their spokesperson. Both may not attend the assembly but may figure out a way to bring the groups together. Maybe they could come together for their business meetings.
- Meladee GR D9 – Will the Graphic will it be available?

- Dawn K. – It is not CAL, so we want to take it very lightly, this was a member’s understanding and I share it because I felt it distinguished it nicely.
- Meredith D DR D5 – Hybridization allows a lot of hope to groups
- Trish B. GR D10 – I want to say I appreciate hearing the thought force presentation and all the dialogue. I felt very committed to electronic meetings having a space at the area level but now I do see how that could become very complicated if they are permanently electronic and people come from all over. In the handbook study we are reading in the 2020 conference summary the WSO is evolving into a truly worldwide AI-Anon with better connections with other countries. How those countries are representative and that is an evolving process so I see these two things interrelating and feel more will be revealed. We move slowly in AI-Anon. It’s all interesting and I have no fixed thoughts on it anymore.

GR Reference guide refresh – Sue B.

- Reviewed the Quick Reference Guide: <https://www.oregonal-anon.org/quick-reference-guide>
As Alternate Delegate, one of my charges is to keep our Oregon Area Handbook updated. This is a living document and though mostly it’s the motions that need to be updated, it’s been a long time since the Handbook had been reviewed and updated with the changes that occur in the world and in AI-Anon. A handbook committee was formed, and we’ve been working on updating and clarifying the Oregon Area Handbook.

During this time, I was asked if we needed to update the Group Representative “Quick” Reference Guide. I decided to take this to the Handbook Committee as we have worked very well in our updating of the handbook.

We had a lively discussion for the future of the Reference Guide and took upon the task of doing a refresh for this document. We’ve changed the printing process to keep it simple and to be able to update it in a timely and inexpensive manner. This new Guide will also easily slip into your service manual and travel with it to the assembly. We will flip through the pages and I will give a brief explanation of each of the pages.

We’ve added a few pages and believe it will be a handy reference for old and new GR’s. As you can see there are 12 pages, all printed in a booklet format on 8.5 x 11 paper.

These Guides are being printed and mailed out to all Districts who wish to have them and given out to all your newly elected Group Representatives before the end of this panel. The balance of those printed will be given to the New Alternate Delegate to hand out at the New Panel’s AWSC meeting and Assemblies.

- Comments/Questions:
 - Charles T. DR D12 – Is it available as a download on the Oregon Area website?
 - Yes - <https://www.oregonal-anon.org/quick-reference-guide> which gives printing instructions.
 - Service – Quick Reference Guide
 - FAQ & Documents – What do I need as a new DR
 - Judy J. PD P41 – I am feeling really uncomfortable, I don’t know who authorized this. I didn’t even hear about it until it was already produced. I am hearing we changed, we added, we did something. I can remember when we did the first one it was an action committee, and it went back and forth, and things were added, and they took input from the whole AWSC before we voted on it. The handbook was the same way, it took a long, long time to put together, decided what went in it. Maybe I missed something, but I don’t remember ever hearing that these were being recreated. Therefore, I never got to add anything to it. Who must approve this and who doesn’t?
 - Sue B. There was an e-mail announcement about it requesting input. The information in here is all taken from documents we have approved in the past. The previous flip chart cost about \$600 to produce and this cost about \$159 to produce.

- Dawn K. I as the chairperson authorized Sue (Alt Delegate) and committee to review the Quick reference guide and see if anything needed updated. It's the old flip book and we were down to not very many for the new panel. When Sue was looking it over to update, she said we could reformat to make it less expensive to print and so they did.

Insurance Coordinator – Brenda G. (See Attachment – *Insurance Coverage*)

- Gave report on statistics, position (Liaison between the groups looking for a certificate of insurance and the Insurance Liaison), & instructions of how to handle the insurance coverage.
- Brenda's suggestion is that since the Treasurer pays the insurance policy and receives the new policy every time it is paid it seems like it might be something to fall into that position. It doesn't require a lot of work.
- Person that takes on the position is not required to come to all the AWSC's & Assemblies.
- Brenda will keep the binder until a new coordinator is chosen. (March)

PRAASA Announcement – Judy J. PD P41/Al-Anon PRAASA Chair

- This is the Annual PACIFIC REGION ALCOHOLIC ANONYMOUS SERVICE ASSEMBLY....It rotates around all 9 of the Pacific Regional States of AA. Oregon, Washington, Hawaii, Idaho, Nevada, California, Arizona, Alaska and Utah. And in 2022 it will be held in Oregon. Al-Anon has always participated and we are getting ready for March 4, 5, 6, 2022 As chair of this Al-Anon portion meet digitally with AA monthly and that is interesting! The chair has all 25 or so say something about everything. Our Al-Anon committee is also meeting monthly.

The 2021 PRAASA was held via zoom in California and some of you may have attended. Because of the Pandemic, our committee is still evaluating our in-person, hybrid and online hosting options for PRAASA 2022. Our primary objectives will be to keep people safe and to ensure we meet our financial commitments to the venue; this is taking longer than anticipated; therefore, registration flyers are not finished but will be available soon and I will notify all and see that they go on our web site.

This conference always falls around March 4th, Lois's Birthday and of course we will have a celebration. The program is chuck full of service and fun and a Luncheon Speaker from far away that you won't want to miss.

So mark your calendars for March 4,5, and 6 2022 you will not want to miss this .. AND this is a great service opportunity for new GR's and any Al-Anon member to participate in Al-Anon service our third legacy. We do need more committee members, especially a tech person. So please email, or call me or one of our committee members to participate. Jjmenhp123@gmail.com... AND copy and show the STD flyer to your groups.....you can down load it on our web site.

- Contact for being on the committee or assisting with the committee
 - Panel-41@oregonal-anon.org is Judy J.'s e-mail address

Thought Force Task Force Updates

The following are Thought Forces or Task Forces that were started during this panel

- Reaching out to Silent District – Joanne C. Group Records (See Attachment – *Silent Districts Thought/Task Force*)
 - Our recommendations are:

This task should be repeated in the future after the pandemic is over. Our timing was not ideal.

An Area process needs to be created for following up with the members in these districts. We would suggest emailing minutes and flyers to all of these district's groups, hopefully we can get a member willing to receive information and take it to their group. Since all these groups and members are a part or Oregon Area Al-Anon maybe we can set up a procedure to keep in touch with them by attending their groups' business meetings or sending Area members with recovery and information to speak to these members.
 - We recommend this thought/task force be disbanded as we feel their task is complete.
 - Dawn K Chair – Marked this down for something for the next Panel to look at.

- Website listings of groups – Deanna M. Secretary (See Attachment – *Website Listing of Groups Task Force*)
 - Recommendation – Continue as voted until WSO responds.
- Better Use of how to communicate amongst ourselves, this includes the Communicator – Group has not met yet
 - Nancy N. GR D2, Stephen Y. DR D10 – Would like this to be followed up next panel.
 - Dawn K Chair – Marked this down for something for the next Panel to look at.
- How and whether to allow electronic meetings into our service structure. Rita DR D17 (See Attachment – *Electronic Meeting Thought Force*)
 - PowerPoint Presentation (May be viewed temporarily at: (<https://www.oregonal-anon.org/assembly-corner/november-assembly-extras>)
 - Recommendations
 - We recommend that permanent electronic meetings do not become part of the Oregon Service Structure **at this time.**
 - We recommend that the Oregon Area continue to offer education on the differences between temporary, permanent and hybrid electronic meetings, and how the Area sees that the Service Structure will be affected by the changes.
 - We think making this decision during COVID is a mistake. We recommend that another survey be conducted when most meetings have returned to face to face to see how the Oregon Al-Anon membership thinks and feels about electronic meetings at that time.
 - Comments from other thought force members
 - Kory DR D16 – We were all surprised by going through the process where we ended up. My mind was changed by the process of doing the survey and going through the thought force experience.
 - Meredith D. DR D5 – Wonderful experience and we all learned a lot.
 - Bonnie W. GR D10 – I really enjoyed the process
 - Dawn K. Chair – Stay the course and take it up next panel; marked this down for something for the next Panel to look at.

OAC - Mary W. Alateen –

Hi, I'm Mary, your outgoing Alateen Coordinator. Thank you for the privilege of serving this area. The Oregon Alateen Conference Committee asked me to read a note to this Assembly.

We the OAC committee thank everyone for the donations and support this last year. Thanks to the donations, we were able to have OAC and give the people who needed help, the scholarships they needed. OAC was a huge success and so much fun so thank you all for the support.

~ OAC Committee

Assembly bids

- Generally held the 3rd Saturday and Sunday of the month that it is in. All Assemblies are subject to changing the weekend if brought to a vote.

March 2022 Assembly bid – Virtual

- No one stood
- Group Conscience to hold the March 2022 Assembly Virtually – Via Poll
 - 40 virtual, 10 No, 12 abstain

July 2022 Assembly Bid –

- No one stood
- Trish will look at Clackamas Community College

November 2022 Assembly Bid – District 17

- District 17 willing
- Poll to have District 17 host the November 2022 Assembly
 - 52 yes, 3 No, 5 Abstain

Open Discussion/GR Sharing what you plan to take back from the Assembly:

- What will you take back to your groups?
 - Kathy W GR D17 – Plan to take the Open Position that we have not filled in the Area. We have quite a few past DR's in my home group.
 - Carla H GR D9 – There are so many ideas and so much growth that happens from these Area Assemblies and that we are part of this bigger global network of recovery.
 - Kathleen – I just wanted to say how thankful that these Young People have created the tone of their meetings.
 - Carol B. GR D6 – Concerns/Desire - I would like to see the Oregon Area support some of the things I feel are beneficial to us on a Statewide Basis. Like the OAC and NAAC. There is not currently a device to do that by offering grants in a timely manner. Is there a way to build in a little more flexibility to serve the members statewide?
 - Wendy W. GR D2 – Members of AA and Al-Anon, regulars would like to serve but it is a frustration in our district that we have to say members of AA can't take a position.
 - Phyllis GR D4 - Want to take back how stimulating attending an Assembly is and how you get introduced to some wonderful people. By not attending you really miss out. There is growth in attending and serving.
 - Linda R. GR D4 – Would like to see a Young Peoples meeting in Salem.
 - Rosemary GR D4 – I am a GR from Primarily Parents and as you can tell by the name, we are mainly parents. I am also a member of another Al-Anon group that has a lot of young members, young women with young children. One put their name forward to be our Group Representative. It is a real hard thing to get people to volunteer for anything. Especially if you have kids at home, or kids with disabilities. So, we are encouraging the election of an alternate Group Representative in case the GR can't attend meetings like assemblies. I have been fortunate that my District representative has kept us informed and forwarded on all kinds of information so we can be prepared. I am encouraged that people can stay this long at a meeting this long with a lunch and a few breaks and still come away feeling hopeful and I am one of those. I appreciated the Young People presenting how they created this transitional meeting from Alateen to Al-Anon, and to Rita and Katie for their presentations. I am also grateful that I can get an update on the Reference guide/handbook and hope our DR will be able to send that out to us.
 - Annie GR D4 – I am so happy to say I was voted in for another term, I came in late in the term. It is hard to sit all day in these meetings, but it is a wonderful place to sit. I realized that my recovery is a lot of being in this seat at the assembly. Feeling like a bigger part of Al-Anon and being able to bring what I have heard back to my group.
 - Leila P. GR D9 – I am honored to be here; I do not know a lot of what is going on yet but am please to see how the organization works on a larger level. I am happy to hear about the notebook for GR's so I can learn more about my position.
 - Dina GR D9 – First Assembly and I have learned a great deal and been able to put a lot of pieces together. This has all been a mystery when you're starting. I appreciate a lot of the background. I am looking forward to reading some of these materials.
 - Andrea GR D12 – It is obvious that some of the smaller groups are struggling with membership in general so finding some people to find people to volunteer and step up into these positions is a real challenge. I appreciate all the work that has been presented today and appreciate those of you who are able to give your service.
 - Carol GR D6 – Would like to strengthen that position of gratitude. I know those of you that stood last panel didn't expect to do the jobs you have ended up doing the way they ended up developing. Thank you for your dedication and commitment, especially those of you that had to learn the big steep technology curve. It is a challenge to run these meetings virtually and I commend the job you do. I am very appreciative of your generosity and sticking it out.
 - Brenda GR D17 – I am currently limited with travel, but I have really enjoyed the last two panels.

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- Dawn B. Public Information – What a ride – We are off on a new adventure to try and figure out how to do hybrid meetings. Thank you to all of you for the opportunity to do service.
- Joanne C Group Records – This has been an awesome group to work with. I am still stunned with the opportunity that you all have given me. I am embarking on a journey of a lifetime. I am excited, nervous, and scared all at the same time. Here we go!
- Lydia S. DR D11 – There are so many positions that I would have loved to do, but I am not sure where I am going to be living. I have learned so much from all of you and participating in the committees.

Upcoming Events

- February 2022 AWSC – Feb 18, D4 Salem
 - February is in person and making it Hybrid will not work in the basement of the facility
 - Flyer should be approved shortly.
- PRAASA – March 4-6, 2022
- March 2022 Assembly – March 19, 20 - Virtual
- NAAC 2022 – April 29 – May 1-2022
- October 2022 AWSC – October 8 – Hosted by District 2
- November 2022 Assembly – November 19, 20 – Hosted by District 17

Closed with AI-Anon Declaration

Respectfully submitted,

Deanna M.
Panel 59 Oregon Area Secretary

REPORTS: (See Attachment – November2021MinuteAttachments)

Motions:

- Motion 1 – One Time Motion; By Barb B. Treasurer, Seconded by Trish B. GR D10 Tigard Monday Night
 - Make an additional one-time \$4,000 contribution to WSO.
 - 47 Yes, 0 No, 1 Abstain