

		Jan 1 - Mar 10, 24	Budget	\$ Over Budget
Income				<i>parenthesis=under budget</i>
Revenue				
Group Contributions	\$	4,492.36	\$ 39,600.00	\$ (35,107.64)
Assembly Registrations	\$	455.00	\$ 1,500.00	\$ (1,045.00)
Miscellaneous	\$	100.00	\$ -	\$ 100.00
Cash Carried Forward	\$	26,787.94	\$ 20,000.00	\$ 6,787.94
Total Revenue	\$	31,835.30	\$ 61,100.00	\$ (29,264.70)
Total Income	\$	31,835.30	\$ 61,100.00	\$ (29,264.70)
Expense				
Delegate Fund				
WSO ETF	\$	2,527.68	\$ 2,527.68	\$ -
Extra Day	\$	-	\$ 250.00	\$ (250.00)
Delegate Meeting	\$	-	\$ 1,300.00	\$ (1,300.00)
Delegate Travel	\$	-	\$ 1,000.00	\$ (1,000.00)
Delegate Miscellaneous	\$	-	\$ 525.00	\$ (525.00)
Total Delegate Fund	\$	2,527.68	\$ 5,602.68	\$ (3,075.00)
Working Fund Expense				
2011 - Alateen Safety Legal Fees	\$	-	\$ 1,000.00	\$ (1,000.00)
Archive Rent	\$	1,020.00	\$ 1,020.00	\$ -
Area Travel Fund	\$	-	\$ 3,000.00	\$ (3,000.00)
Communicator	\$	-	\$ 50.00	\$ (50.00)
SSM Advance	\$	-	\$ 1,500.00	\$ (1,500.00)
Assembly/AWSC Rent	\$	1,539.87	\$ 7,500.00	\$ (5,960.13)
Insurance	\$	-	\$ 2,400.00	\$ (2,400.00)
Zoom/Poll Everywhere Subscriptions	\$	-	\$ 285.00	\$ (285.00)
Existing AMIAS Background Checks	\$	-	\$ 800.00	\$ (800.00)
Total Working Fund Expense	\$	2,559.87	\$ 17,555.00	\$ (14,995.13)
Assembly Allowance/Meal/Lodging				
Officers	\$	-	\$ 6,400.00	\$ (6,400.00)
Audit/Budget	\$	-	\$ 2,800.00	\$ (2,800.00)
Coordinators	\$	-	\$ 4,500.00	\$ (4,500.00)
Past Delegates	\$	-	\$ 2,300.00	\$ (2,300.00)
Total Assembly Allowance/Meal/Lodging	\$	-	\$ 16,000.00	\$ (16,000.00)
Officers Expenses				
Alternate Delegate	\$	-	\$ 50.00	\$ (50.00)
Chairperson	\$	-	\$ 50.00	\$ (50.00)
Secretary	\$	-	\$ 50.00	\$ (50.00)
Treasurer	\$	-	\$ 75.00	\$ (75.00)
AAPP Expenses	\$	-	\$ 50.00	\$ (50.00)
Total Officers Expenses	\$	-	\$ 275.00	\$ (275.00)
Assembly Expenses				
Assembly Workshops	\$	-	\$ 100.00	\$ (100.00)
Alateen Projects	\$	-	\$ 150.00	\$ (150.00)
Archive Projects	\$	-	\$ 50.00	\$ (50.00)
CPC Projects	\$	617.97	\$ 2,000.00	\$ (1,382.03)
Forum Projects	\$	-	\$ 150.00	\$ (150.00)
Group Records Projects	\$	-	\$ 25.00	\$ (25.00)
Literature Projects	\$	-	\$ 150.00	\$ (150.00)
PI Projects	\$	-	\$ 600.00	\$ (600.00)
Technology Projects	\$	-	\$ 500.00	\$ (500.00)
Website Projects	\$	-	\$ 500.00	\$ (500.00)
Total Assembly Expenses	\$	617.97	\$ 4,225.00	\$ (3,607.03)
Coordinator Expenses				
Alateen Coordinator Expenses	\$	174.80	\$ 500.00	\$ (325.20)
Archives	\$	-	\$ 50.00	\$ (50.00)
CPC Coordinator	\$	-	\$ 25.00	\$ (25.00)
Forum	\$	-	\$ 25.00	\$ (25.00)

	Group Records	\$ -	\$ 25.00	\$ (25.00)		
	Literature	\$ -	\$ 25.00	\$ (25.00)		
	Public Information	\$ -	\$ 25.00	\$ (25.00)		
	Technology Coordinator	\$ -	\$ 50.00	\$ (50.00)		
	Website Coordinator	\$ -	\$ 370.00	\$ (370.00)		
	Total Coordinator Expenses	\$ 174.80	\$ 1,095.00	\$ (920.20)		
	Northwest Regional Delegate Meeting					
	Past Delegates	\$ -	\$ 3,900.00	\$ (3,900.00)		
	Total Northwest Regional Delegate Meeting	\$ -	\$ 3,900.00	\$ (3,900.00)		
	Other Expenses					
	Alateen Sponsor Workshop	\$ -	\$ 600.00	\$ (600.00)		
	Audit Budget Extra Day + Exp	\$ -	\$ 100.00	\$ (100.00)		
	Contingency Fund	\$ -	\$ 1,000.00	\$ (1,000.00)		
	Equipment Supplies	\$ -	\$ 100.00	\$ (100.00)		
	Handbook Update	\$ -	\$ 150.00	\$ (150.00)		
	Transition Fund	\$ -	\$ 100.00	\$ (100.00)		
	WSO Donation	\$ -	\$ 400.00	\$ (400.00)		
	fees charged for electronic payments	\$ 43.45	\$ -	\$ 43.45		
	AMIAS Background check fee expenses	\$ 385.50	\$ -	\$ 385.50		
	AMIAS Expense Reimbursement	\$ (385.50)	\$ -	\$ (385.50)		
	Total Other Expenses	\$ 43.45	\$ 2,450.00	\$ (2,406.55)		
	Total Expense	\$ 5,923.77	\$ 51,102.68	\$ (45,178.91)		
	Cash Balance as of 3/10/2024	\$ 25,911.53	\$ 9,997.32	\$ 15,914.21		
	Ample Resrve	\$ 10,000.00	\$ 10,000.00	\$ -		
	Available Cash	\$ 15,911.53	\$ (2.68)	\$ 15,914.21		
	Remember to put all three items on checks:	Donations payable to Oregon Area AFG				
	District Number	send to	Barb Baumer			
	WSO Group Number		21745 SW Columbia Dr			
	Group Name		Tualatin OR 97062			
		PayPal: Oregon Area Al-Anon, treasurer@oregonal-anon.org				

MARCH ASSEMBLY DELEGATE'S REPORT

Joanne C.

Oregon Area Delegate, Panel 62

"It started with a shoe."



NORTHWEST REGIONAL DELEGATE'S MEETING

March 22nd and 23rd in Sioux Falls, South Dakota

Northwest Region includes –

Alaska

Wyoming

Nebraska

Washington

Montana

South & North Dakota

Idaho

WORLD SERVICE CONFERENCE (WSC) THEME

The 2024 World Service Conference theme is:

Our Path toward Grace, Unity, and Understanding

Nuestro camino hacia la gracia, la unidad y la comprensión

Notre cheminement vers la grâce, l'unité et la compréhension

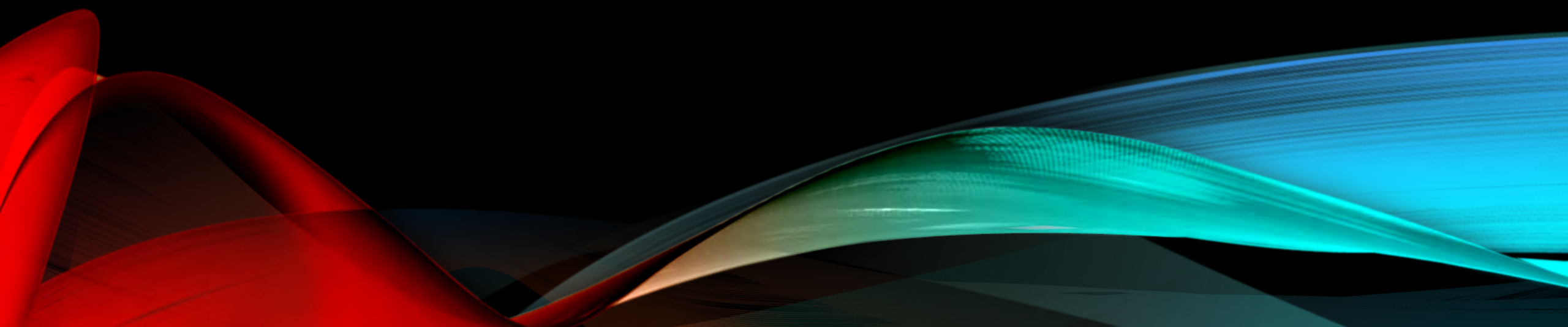
WORLD SERVICE CONFERENCE (WSC)

2024 World Service Conference is Thursday, April 18 to Sunday, April 21. It is being held at the same location as last year:

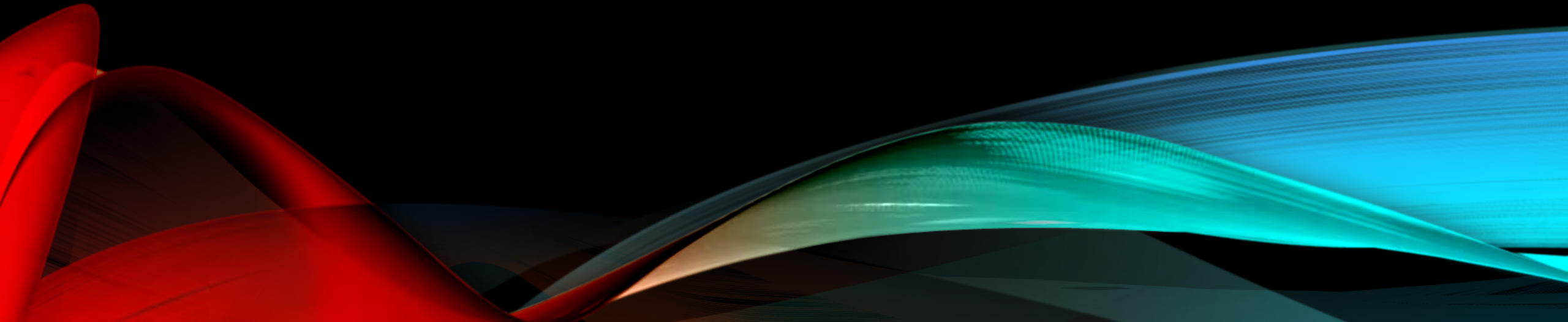
The Founders Inn & Spa
5641 Indian River Rd.
Virginia Beach, VA 23464

CHAIRPERSON OF THE BOARD LETTER

Jeri W.



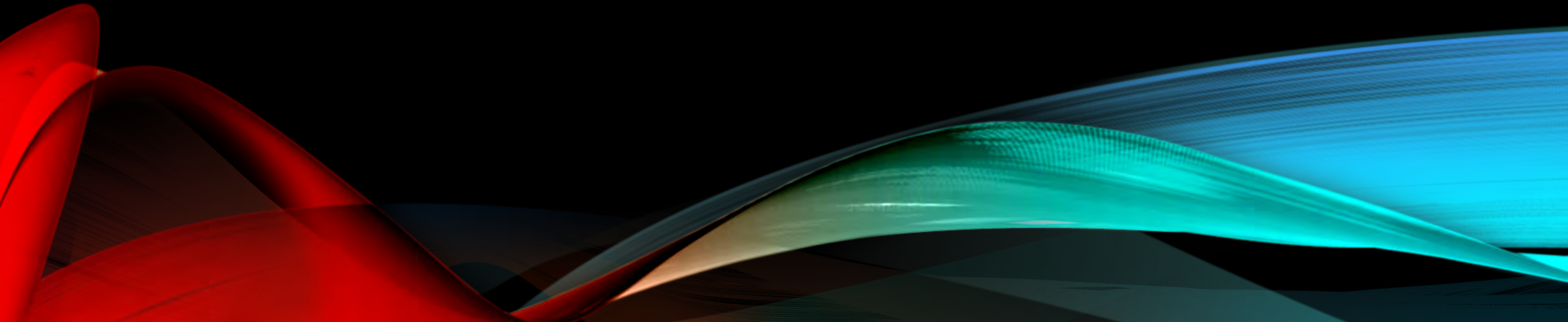
AL-ANON FAMILY GROUPS, INC.
FINANCIALS ENDING DECEMBER 31, 2023



YTD DECEMBER 2023

	YTD Actuals	YTD Budget
Revenue		
Literature Sales - Net	\$3,217,630	\$2,768,930
Contributions	\$2,916,399	\$2,532,900
Other Income	\$768,824	\$558,600
Total Revenue	\$6,902,853	\$5,860,430
Total Expenses	\$5,825,234	\$5,795,664
Net Increase/ (Decrease)	\$1,077,619	\$64,770

NOMINATING COMMITTEE

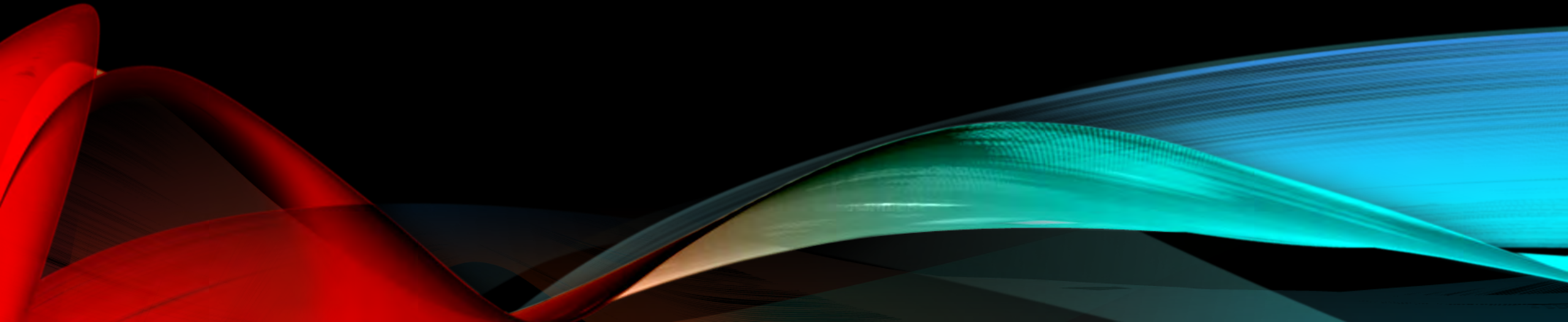


NOMINATING COMMITTEE

The Nominating Committee sees that all vacancies are filled within the Executive Committee and the Board of Trustees. They choose those of the greatest possible competence, stability and industry.

We were given the names of the nominees for Regional Trustee, Trustee at Large, Board of Trustees officers, Executive Committee, Chairperson of the Executive Committee, Executive Committee for Real Property Management, and Chairperson of the ECRPM.

CONFERENCE LEADERSHIP TEAM (CLT)



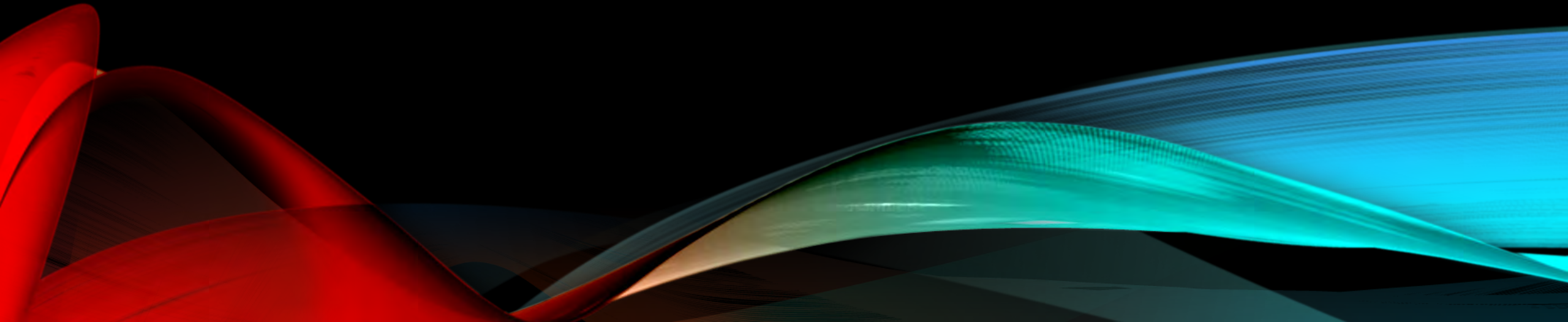
CONFERENCE LEADERSHIP TEAM (CLT)

Prepares the World Service Conference agenda. Some of the topics for next month's Conference agenda include:

- 4-day instead of 5-day Conference
- Delegates on the CLT

- Literature discussion
- Two Policy Committee discussion
- Local Services and Naming a Group
- A Delegate thought force
- Two Delegate task forces

POLICY COMMITTEE



POLICY COMMITTEE

“This is perhaps the most important of all the World Service (WSO) committees.” *Al-Anon/Alateen 2022-2025 Service Manual V2 Pg 209*

“Policy statements are interpretations of our basic guides: The Twelve Traditions and Twelve Concepts of Service. They help clarify how a Tradition or Concept might apply to a new or confusing situation that arises in Al-Anon or Alateen.” *From the Policy Committee Update January 2024 Chairperson of the Board Letter Presentation.*

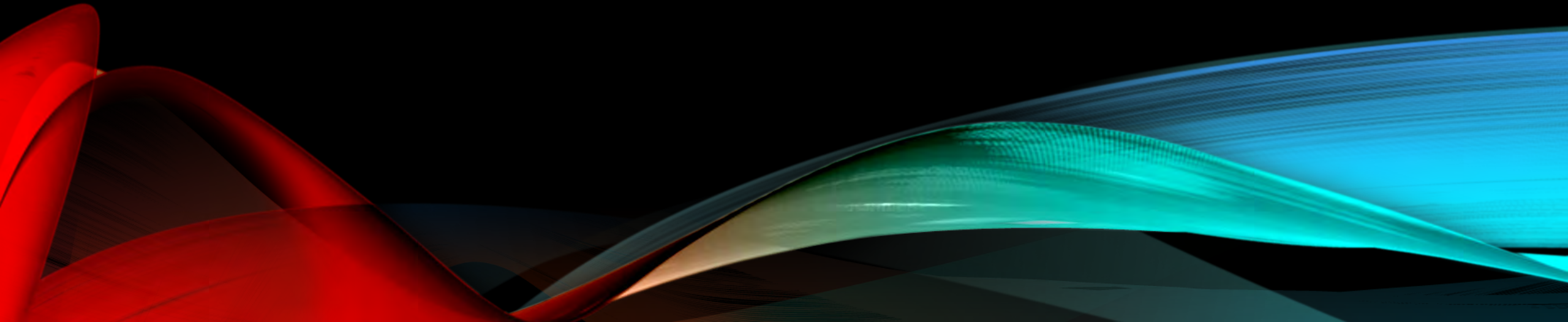
POLICY COMMITTEE

The Policy Committee has been working on:

- Multiple meetings thought force
 - Can register multiple meetings
- Choosing a group name task force
 - Revised pages will be presented for vote at WSC
- Open Policy Committee meeting at this year's WSC
 - Yes
- Letters from members
 - AA member a Delegate
- Minors not allowed in Al-Anon meetings

ROAD TRIP! YOU AND YOUR BOARD CONNECT

Columbia, South Carolina on October 26, 2024
Will offer translation in Spanish and French



SPONSORSHIP & SERVICE SPONSORSHIP

- To give conceptual approval to develop a comprehensive piece on sponsorship and service sponsorship using personal stories from Al-Anon members
- Size and format of “When I Got Busy, I Got Better” (P-78) or “Intimacy in Alcoholic Relationships” (B-33)
- This CAL will be booklet size
- The motion was approved

2024 WSO PROJECTS LANDSCAPE

The 2024 WSO projects landscape includes:

- E-Books globally
- Next generation group records
- Online store version 2
- Electronic Alateen planning and validation
- CAL globally
- GEMS booklet
- A.A. 2025 International Convention
- Al-Anon 2028 International Convention site selection
- Revamping the trustee application



THE FORUM

The Forum is 70 years old!



A LITTLE TIME TO MYSELF (B-34)

Literature sales highest in history



DISCUSSION

VISITING STEPPING STONES

Do the groups in your Area believe it is important for their Delegate to visit Stepping Stones? If yes, how do they see it helping their Area?

- How might it be best to cover the additional cost of Stepping Stones and a New York visit?
- Are we negating our history? Is this a part of going to Conference? Did Lois mean for us to visit and honor it?
- What ideas do you have for administratively making this happen? Do you want the WSO to administer the process? Do you want the Delegates to be involved?

4 OR 5 DAY CONFERENCE

Will changing to 4 days entice more members to stand for Delegate?

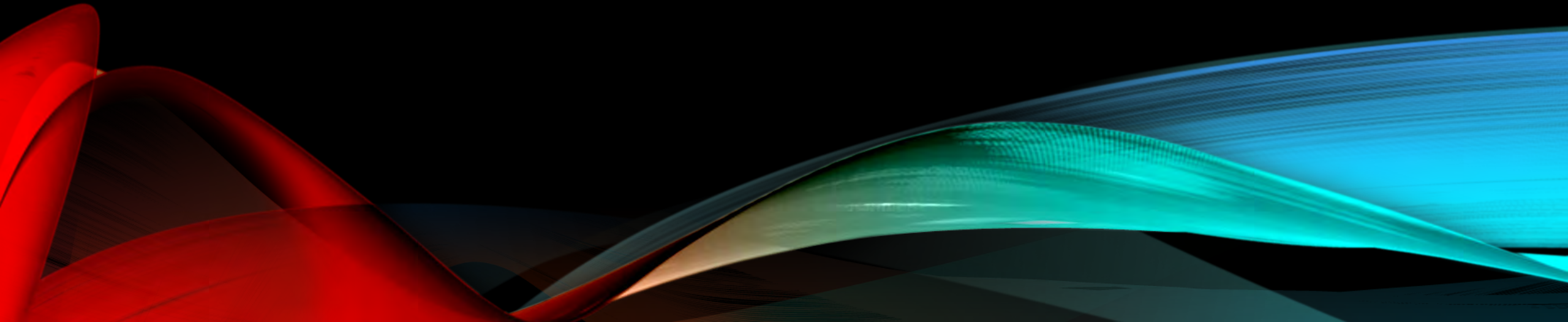
Can all the business get completed in 4 days?

GENDER-NEUTRAL PRONOUNS

Is adopting gender neutral pronouns in CAL a step Al-Anon wants to take to be inclusive?

THERE IS NO SPOT, WHERE GOD IS NOT.

THERE IS NO GROWTH IN THE COMFORT ZONE.





THANK YOU!

How to start an Alateen meeting



Who can start an Alateen Meeting?

- ▶ These people can INITIATE the formation of an Alateen group:
- ▶ School personnel
- ▶ Professionals
- ▶ Al-Anon members
- ▶ Alcoholics Anonymous Members
- ▶ The teenagers themselves

What is needed to begin?

- ▶ Starting an Alateen group is a spiritual undertaking. It takes time, commitment, the support of one or more Al-Anon groups, and patience.
- ▶ Support from Al-Anon and AA groups
- ▶ Location, best when in conjunction with Al-Anon and AA groups
- ▶ 2 AMIAS, Al-Anon Members Involved in Alateen Service
 - ▶ Al-Anon members who have gone through the training and background check process, and agree to the Safety and Behavioral Requirements for the Oregon Area
- ▶ Working with the Area Alateen Coordinator and Area Alateen Process Person. You can find our emails on the Oregon Area Al-Anon Website
- ▶ Al-Anon Guidelines G-19 is somewhat helpful

GROUP BANK ACCOUNTS

Check with banks regarding fees

Mutual support groups, "not for profit" groups

Group Minutes , see OAH Section IV (4) ,page 18 or Oregon Area Website

Bank account – checks should have the following information printed:

Group name, District , WSO ID number

Auto Bill Pay – include same information

Other options:

Zelle, PayPal

Money Order, cashiers check

Group donations from Personal accounts, not recommended.

Helpful information

Oregon Area Handbook (OAH), section IV (4), PAGES 9,10, 14-18

Al-Anon/Alateen Service manual, pages 55-56

WSO free downloadable pamphlet G-41

2024 ANNUAL BUDGET FOR (GROUP NAME)

PASSED ON (DATE)

Item	Budgeted	In	Out	Balance
Income				
Cary over	250.00			
Donations	500.00			
Fundraiser(other)	100.00			
Totals	600.00			
Expenses				
Rent	100.00			
GR to Assemblies	250.00			
GR supplies	15.00			
Literature	100.00			
District	10.00			
Area	20.00			
WSO	40.00			
AIS	50.00			
Outreach				
Fundraiser Expense	15.00			
Total Expenses	600.00			

2024 January Financial Report For (GROUP NAME)

Item	In	Out	Balance*
Income*			
In Checking			250.00
Ample Reserve			-100.00
Donations	20.00		20.00
Fundraiser(other)	0		
Total Available Funds			170.00
Expenses			
Rent		8.30	
GR to Assemblies			
GR supplies		2.00	
Literature		25.00	
District		5.00	
Area		5.00	
WSO		5.00	
AIS		5.00	
Outreach	0		
Fundraiser Expense	0		
Total Expenses		55.30	55.30
Available Funds			114.70
Total in Checking			214.70

2024 ANNUAL BUDGET FOR (GROUP NAME)

END OF YEAR REPORT (DATE)

Item	Budgeted	In	Out
Income			
Beginning Balance	250.00		
Donations	500.00	550.00	
Fundraiser(other)	100.00	250.00	
Totals	600.00	800.00	
Expenses			
Rent	100.00		100.00
GR to Assemblies	250.00		300.00
GR supplies	15.00		6.00
Literature	100.00		140.00
District	10.00		10.00
Area	20.00		20.00
WSO	40.00		40.00
AIS	50.00		50.00
Outreach			
Fundraiser Expense	15.00		14.00
Total Expenses			700.00
Total Income			800.00
Beginning Bank Balance			250.00
Ending Bank Balance			350.00

LinkedIn Social Media Task
Force Update
Oregon Area Assembly
March 16-17th, 2024







HOPE FOR FRIENDS AND FAMILIES OF ALCOHOLICS

AL-ANON

Oregon Area Al-Anon Family Groups invites you to learn from therapists and Al-Anon members about how the program improves the lives of people affected by someone's drinking.

 April 8, 2024

 12:30 to 2:00 pm

More Information :
cpc@oregonal-anon.org

To register:
oregonal-anon.org/webinar-registration

Lets Go to the Oregon Area LinkedIn site.

LinkedIn Vocabulary:

Engagement ad- encourages the viewer to like, comment, or register for an event.

Impression- the number of times people saw the ad.

Clicks- how many times people clicked on the ad.

Other-Other clicks on your ad include: view all comments, see more of the description, see social count, see list of likes, and more.

Click through rate- a percentage of chargeable clicks to impression. (views)

Goal of the ad is engagement

To invite behavioral health care professionals to learn more about the AI-Anon program.

Now to the Oregon Area Webinar.

Who's speaking?

Heather Tollander PsyD, Licensed Psychologist

Rebecca Kinsman, Clinical Social Work Associate

Kelly N, One Step at a Time Saturday

Bruce Z, Morning Glory

Spreading the information about the Webinar

The event is a statewide project with the goal of informing behavior health care providers about the Al-Anon program.

Every member has the opportunity to help spread the word about this event.

Not every provider is on LinkedIn.

Encourage members to share the event flyer with their counselors, social workers, treatment centers, psychologists in their local area. Do members have a personal therapist? Invite them to the webinar.

How will we know if this was a success?

As with any public outreach project, success is difficult to measure.

When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there.

Next update

Update on the ad and Behavioral Health Care Webinar at May 2024 AWSC.

Oregon Area Al-Anon/Alateen Assembly
Group Conscience Panel
(Kathy K., Mary W., Nancy N.)
March 16, 2024

“For our group purpose, there is but one authority – a loving God as He may express Himself in our group conscience.” (Tradition 2, *Service Manual*, p. 131)

What is a Group Conscience?

“ . . . the collective wisdom of our Al-Anon group . . . ”

“ . . . the voice of the majority of members.”

“ . . . the greatest good for the greatest number.”

--*How Al-Anon Works*, pp. 108-109

What Does It Take?

- It takes time. It may need more than one meeting or request to act.
- It's a process of discussion, review of Conference Approved Literature (CAL) and a vote.
- It takes leading by example.

What Does It Look Like in Practice?

- Solve group problems by creating ground rules for discussion.
- Keep faith with the ground rules established by the group.
- Decide by vote of the group after all who wish to share have shared.

What is Suggested of Members Taking Part in a Group Conscience?

- Start by trusting Higher Power; that leads to trusting each other and listening respectfully to others.
- “ . . . best not to force a particular decision or to continually restate our views. That is controlling.”

--*Paths to Recovery*, pp. 125-149

When the Decision is Not Our Own Position

Concept Six: “[The minority opinion] having been heard, the group conscience is accepted and supported by all involved, regardless of the final decision.”

- Remain open-minded.
- Listen to all sides of the issue.
- Request reconsideration. (Concept Five, “... the right of appeal.” (*Service Manual*, p 49)

--*How Al-Anon Works*, pp. 133-134

Permanent Electronic Meetings

How to successfully change your group's identity

KBDM=Knowledge based Decision Making

- What do we know?
- What don't we know?
- What do we *need* to know

- References: Oregon Area Handbook Section 7, pg 1
- Service Manual 2022-2025 pg 70-72

AIS

Special requests

Baby Steps

Each group that is thinking of becoming permanently electronic

1. Have a group business meeting to decide what type of group you're going to have moving forward . Hybrid, in person or permanently electronic.
2. If you want to be permanently electronic, which District do you wish to be in? In person District with hybrid business meetings, New Electronic District 18 or GEA
3. Contact Area Group Records Coordinator to proceed with registration.

Temporary electronic groups during Covid

- 1 Deadline to make changes June 2024
2. Your group has a group ID number
3. You were in person in the past
4. You have had a business meeting to decide your format moving forward.
5. If you are going to be either in person or hybrid submit changes to WSO or AGRC
6. If you want to be fully electronic contact the AGRC

Electronic meetings formerly part of a hybrid group

1. Meeting has decided to become permanently electronic
2. You do not have an ID number.
3. Contact AGRC

THANK YOU

-
-
-

Meredith D AGRC

541-410-6549

meredithd394@gmail.com

Going to WSO

