

**Oregon Area Al-Anon Assembly
Embassy Suites Hotel, Tigard, OR
November 19-20, 2016
Host District 9**

Saturday

Meeting opened at 8:30 by Chair, Bunny G., with Serenity Prayer.

Welcome, Microphone and Voting Statement by Bunny G.

Traditions read by Mary W., DR, District 9

Housekeeping Information by Mary W., DR, District 9

Roll Call: Excused – Polly McG, Literature Coordinator; Regis P., Website Coordinator.

Absent: Elaine E., DR District 8; Past Delegates in attendance: Bunny G., Panel 38; Judy J., Panel 41.

Minutes of July 2016 Assembly were approved by a show of hands

Treasurer's Report, Dawn K., Area Treasurer. Receipts can be emailed through Quick Books. Please give CMA (Current Mailing Address) email to Dawn to save printing and postage. If no email is supplied, receipts will be mailed to District Representatives to pass on to groups. This practice was agreed upon by consensus.

The process for background checks for AMIAS has changed. The Area is billed by DHS. The Area in turn bills districts. A report can be supplied that shows which districts have not yet reimbursed the Area for payment of background checks. This can be part of the Treasurer's Report. A show of hands indicated a yes vote to include in Treasurer's Report. Dawn reported she is receiving checks from personal accounts, which is discouraged. If groups need banking information they can contact Dawn. The Audit/Budget Committee moved money from the contingency fund to line items that had expenses that exceeded budgeted amounts. We have money in the bank. A Thought/Task Force comprised of the Audit/Budget Committee, Dawn K. and Sue B. to look into audit procedures to reconcile items that do not appear on the report. See Treasurer's Report in Reports Section.

Audit Budget, Barb B., Audit Budget Chair. Books were audited at October AWSC. Everything is in order and looks good.

Chairman's Report, Bunny G.

- AWSC meets three times each year.
- A Task Force/Flyer Committee has been given the job of putting together a job description and procedures for the Flyer Committee.
- A Task Force following a Thought Force met through Google Hangouts concerning listing meetings that meet in homes. WSO registers, but does not list these meetings. The committee has informed meetings in homes that they will be listed for 4 months, then they need to look for general locations. The Task Force is Dawn B., Joanne C., Kate R., and Regis P.
- Bunny downloaded Go-to-Meetings for use with committees.

- The Alateen Standing Committee has been dissolved. It was formed in July 2012 because of a lack of communication. Now that there is good communication, there is no need for this committee. The handbook will be changed to reflect this.
- If you have a point of question during the Assembly, wave your Service Manual.
- Motions usually come from AWSC in order to get the information to Group Representative prior to Assembly for discussion in group meetings. We have revised motion forms that must be completed and given to the Chair.
- We will have election of Public Information Coordinator. There are Trusted Servant Profile sheets available to be completed if you want to stand for the position. For substantial unanimity; for simple majority it is $\frac{1}{2} + 1$.

Alternate Delegate, Sue B. Oregon Area Handbook continues to be updated. At AWSC Sections 1, 2, 3, 4, 5 and 7 were handed out. These sections are updated on the website. Joanne C., AAPP, and Sue collaborated on Section 8, which is ready for review by AWSC. Full sets are available to AWSC members not present at AWSC meeting. Any printed sets remaining can be purchased for \$2. Section 6 deals with SSM and OAC procedures and fundraisers. She hopes to have this section ready by the next Assembly. The Oregon Area Handbook is a living document that changes as needed. We will be notified each time changes are required.

Knowledge Based Decision Making (KBDM) Presentation, Dawn K. The Business Services Action Committee followed the KBDM process which was demonstrated by a slide presentation. KBDM was introduced at WSC in 2006. The focus is on the decision and the reason behind it, not on the people making the decision. Focus on the topic and what we need to resolve. The spiritual principles of KBDM are every voice is heard; open mindedness; equality; unity; collective wisdom of members; will of the groups. More information on KBDM can be found in the Service Manual, page 53. Information is key. Everyone should participate; everyone should understand the topic and the reason and background information on the topic. There is value in discussing a topic over several meetings. It is different than parliamentary procedure In KBDM information is gathered, discussion follows, and then there may be a motion.

Business Services Action Committee used KBDM on the question, “All members of AWSC are reimbursed by Assembly. There is a \$150 limit for hotel and meals. Should that limit be changed or amended?” The following questions were used:

1. What do we currently know about members’ needs/wants? Members want to be reimbursed. 17.33% (26 times) members have requested more than the limit. The average reimbursement is \$71.97. We do not want to discourage members from serving. We want members to know that we trust them.
2. What do we know about resources and capability? We have limited budget. We could allow exceptions if they continue at current rate. We have the ability to review.
3. What do we know about the current realities? The cap is \$150 for lodging and meals. Some over the limit We need more education.
4. What are the ethical implications of our choices. People could take advantage of the policy if it is relaxed.
5. What do we wish we knew but don’t or what else do we need to know? It could be more difficult to set a budget without using the limit.

As a result of using the process, the Business Services Action Committee is proposing a motion The Audit Budget Committee has the ability to review overages. The OAH is not specific.

MOTION: Ongoing motion – Add to end of first paragraph of Section 4, Page 3 under Assembly Allowances, in extenuating circumstances the Audit Budget Committee will review and may allow. Motion made by Dawn K., Second by Mary Lynn J.

Questions followed the presentation of the motion:

Q. Please define extenuating circumstances.

A. It would be up to the person requesting review to provide the information. For example, men planning to share a room and one cancelled.

Q. Give examples of circumstances.

A. We cannot define all circumstances in advance. It would be defined at the time of review.

Cindy E., Delegate, clarified what we are looking for in this motion is whether we allow the Audit Budget Committee to make a decision to authorize a request over the limit. The alternative is to increase the limit for expenses, which does not seem logical.

After a ten-minute break, discussion on the motion continued. The motion was re-read; it was determined there were 67 voting GRs. For a simple majority, 34 would be needed. The motion received 63 YES votes, and passed.

TEAM Event, Cindy E., Delegate. TEAM, Together Empowering Al-Anon Members, are events put on by members of an area and WSO on Friday night and Saturday. The purpose is to get members excited to do service and to do it better. At the July Assembly we discussed pursuing an event with the Washington area. A committee worked with Washington and came to an agreement on November 3rd and 4th at the Portland Holiday Inn Airport. Do we want to sponsor a TEAM event with Washington? GRs voted by standing to indicate agreement with hosting the event. A majority of GRs stood to indicate YES votes. The proposed registration fee of \$40 would include Saturday lunch. Cindy E. will be the Oregon Chair. A Treasurer is needed

Budget Presentation: Barb B., Audit Budget Chair went over the proposed budget for 2017. She said the Audit Budget Committee meets once a year to determine budget for the following year. They use the current budget and actual expenses to date to determine the proposed budget. Dawn K asked if we need seed money for the TEAM event. It was answered that Washington has pledged \$1000 in seed money. It was also noted that seed money is used to initial arrangements and would be returned. The seed money needs to be paid out in the year the event takes place. There is an increase requested for Archives for the purchase of a use fireproof file cabinet. Equipment Supplies is increased to cover the possible purchase of a new sound system. Suzanne brought a sound system to demonstrate what a difference an improved system would make. It was agreed by a show of hands to increase the suggested amount to \$2,000 for a similar system. There was a suggestion to include a Line Item for scholarships for the TEAM Event. By show of hands, a consensus was reached to NOT fund scholarships. Voting will take place after lunch.

Business Services Challenge: Business Services Action Committee challenged groups to collect \$65 and donate to WSO in celebration of Al-Anon's 65th birthday. GRs told explained how their

groups raised the money and the amount sent. A quick calculation showed that 17 groups donated \$2400. An increase of \$303,000 in donations this year resulted in WSO's not being in a deficit.

Delegate's Report, Cindy E. Cindy had love gifts from the 2016 World Service Conference that she offered to members. She suggested if you are thinking of making love gifts for the 2017 WSC as a fun project or to bring groups or districts together, that would be a nice thing to do. But, we don't need a lot of love gifts. A better thing to do would be to send a check to WSO in honor of the World Service Delegates. Conference Summaries were available to AWSC members who were not at the October AWSC meeting.

Cindy is serving on a Task Force on Spirituality in Area Finances. There are also task forces for group and district finances. The Task Force will be working on a pamphlet on the spiritual principles of service and money at the Area level, to be finalized this year. If you have ideas, send them to Cindy.

Lunch Break. Meeting resumed at 1:00 pm with the Serenity Prayer.

Delegate's Report Continued: Cindy E. How have we done our jobs this year. Her vision is to be the best voice of Oregon and World Wide Al-Anon that she can be. Communication is essential. Do you have complaints? Questions? Ideas? Use the links of service going back and forth. Are we following up on things we say we're going to do? "Our groups are building blocks of the fellowship." Where will we be 15 years from now? Thank members for being of service.

Cindy has contacted AA to start a conversation about resuming our meeting with them for the November Assembly.

WSO personal appeal letter – do we know that this is an appeal for each of us individually and not the same as the group's Seventh Tradition contribution? Page 58 of the Service Manual has more information on the Quarterly Appeal. WSO website has the ability to accept individual contributions by credit card.

Open/Closed Meetings and the Prayer for Today will be used as round table discussions. We will play a Conference Summary Game tomorrow

See Complete Delegate's Report in "Reports" Section.

Ask-It-Basket Questions: Answered throughout the weekend. Please see "Ask-It-Basket" Section at the end of the minutes.

2018 State Speakers' Meeting: Deanna M., District 10 DR. Theme will be "*Filling Our Recovery Toolbox.*"

Action Committee Breakouts: 2:00 pm with 90 minutes allowed.

Registration: 69 GRs registered; \$711 Assembly Registration Donation

Public Outreach Coordinator Election: Chair, Bunny G., asked for members interested in the position to stand. No one stood. Scott R., CPC Coordinator, was asked if he would be willing to have the two positions combined. He stated he would not want to deprive anyone of service who might be willing. The opportunity to stand will be available on Sunday.

Group Forum Give-A-Way:

Friday Noon Brown Baggers	District 5	30849
River Road Recovery	District 6	504139
Monday Night Sharing	District 7	43026
We Care	District 9	11910
Chrysalis	District 13	40790
Serenity Trails	District 17	61467
How It Works	District 17	30552760
HUGS	District 17	43501
Mt. Pleasant	District 17	11875
Set Free	District 17	27850

2017 Budget Approval Vote: Membership Outreach Action Committee requested an increase in their budget to \$300; Seed money for TEAM to be included; Equipment and Supplies budget increased to \$2,000; Shortfall of budgeted expenses would be (\$1,646.00), a negative amount equals a positive balance. **Vote by ballots. 63 Yes; 0 No. Proposed 2017 Budget Approved.**

Action Committee Reports – See complete reports as submitted in “Reports” section.

Fellowship Communication: Chair, Judy J.; Recorder, Amy D.

- Encourage members to share experience, strength and hope through articles in Forum and literature.
- Continue Forum drawing in 2107.
- Group competition – bingo cards; fill in line of card with literature used to chair meeting throughout the year.
- Majority of districts hosted writing workshops.

Group Services: Chair, Kate R.; Recorder, Caralynn W.

- Looking into the purchase of a fireproof safe.
- Talked about a “Links of Service” handout; decided against.
- Send WSO check from Group Services budget.
- Electronic meetings for AWSC and/or Assembly.
- Thought Force, now Task Force on electronic meetings.
- Group input.

Public Outreach: Chair, Scott R.; Recorder, Nancy M.

- Laundromats are good locations for literature.
- Pens were distributed.
- 2017 focus on Outreach to Professionals
- 2018 focus on Institutions

- Diverse outreach is not so diverse.
- Different culture or young people can be invited to accompany another member to help out with outreach to reach diverse populations.
- Tear-off sheets for every group.

Business Services: Chair, Barb B.; Recorder, Barb B.

- Edited Pages 1 and 2, Section 6 of the Oregon Area Handbook

Membership Outreach: Chair, Donelda H.; Recorder, Brenda G.

Membership Outreach Action Committee broke into subcommittees: Communicator, Service, SSM and Fellowship, and Website.

Service: Brenda G., Recorder

- Focus on TEAM
- Bookmarks for March Assembly
- Concern about registration costs – promote and educate
- TEAM skit.

Communicator: Donelda, Recorder

- More articles sent to Communicator sharing experience, strength and hope
- Contests
- Coordinators or officers sharing
- Better guidelines for Communicator
- More people to subscribe to Communicator
- Translate into Spanish
- Link to Communicator in Group Scoop.

Website: Liz, Recorder

- Discussed how Oregon Area website can be changed.
- Too clunky and challenging to navigate
- Spent time on layout
- Needs more images, less words
- Needs to direct people looking for meetings vs service documents
- Keep an eye out for requests soon

SSM and Fellowship: Bill W., Recorder

- Sample letter to promote fun and fellowship

Fellowship Communication Presentation: Judy J., Chairman, presented Maria, new Group Rep from the Spanish Group Serenity in Action, with Spanish literature

November 2017 Assembly Bid – Dee P., District Representative for District 4 in Salem bid to host the November 2017 Assembly. By show of hands, the bid was accepted.

Meeting was adjourned with the Serenity Prayer at 5:00 pm.

Sunday

Called to order at 8:30 am.

Concepts and Warranties: Linda S., Concepts and Warranties

Housekeeping: Mary W., District 9 DR

District Challenge: Dianne L., GR District 4, issued a challenge to District Representatives. My Higher Power woke me last night from a dream of me putting on several types of workshops. Upon waking I knew I had to share and challenge all districts to add a monthly “Action Workshop” to their meeting lists.

This should be sponsored by the district. It can become a place where all groups can participate. Anyone can come and be of service for as little as one hour to as much as they want. Ideas would be:

- Writing/presentation/sponsorship workshops.
- Computer time to look up addresses, contacts, events that can be contacted to give Al-Anon information.
- Crafts for fundraising.
- Event planning: SSM, Assembly, Speakers, etc.
- Mass mailing, contact, invites.
- A place where any district subcommittee can come.

Thus allowing any member to give service, to meet others who might be a service sponsor or a sponsor, a buddy to work a workbook...just a safe place to be serene.

Conference Summary Game: Delegate, Cindy E., led a game based on the Conference Summary to familiarize members with the Conference Summary.

Breakouts – Group Representatives, District Representatives and Coordinators

Break

Group Services Skit: Members of the Group Services Action Committee put on a skit to demonstrate the links of service and how they are connected to each other

Writing Workshop Raffle: Forum Coordinator, Lainey J. described how she has used articles in recent Forum editions to help in personal situations, especially in the August issue article, Just for Tonight. Districts who held writing workshops were eligible for a drawing for a basket of Al-Anon literature. The winner was District 5, Golda C., DR. Other winners were awarded Forum Reprints. Those districts were: 1(2 workshops), 3, 4, 7 (How It Works AFG), 10 (Pathways AFG), 11 (2 workshops), 13 (Just for Today AFG), 14, 16, and 17.

Fellowship Communication Action Committee presented a packet of Alateen literature to an Alateen, Ezra.

Banners: Barb B. announced she needs help with the banners.

Mailboxes: District Representatives, Coordinators and Officers were reminded to check mailboxes again before leaving to eliminate the need for mailing information left in mailboxes.

Memorial Contribution in memory of Roland C: Golda C., DR District 5, reported that District 5 had contributed \$271 to WSO in Roland's memory. WSO does not record memorial contributions in a way that would indicate how much was donated in Roland's memory, so any contributions sent directly to WSO remain anonymous.

Northwest Regional Delegates' Meeting: Active Past Delegates are eligible for a drawing for expenses to the Northwest Regional Delegates' Meeting for the coming year to be held in March 2017 in Helena, Montana. The two active past delegates are Bunny G. and Judy J. Judy's name was drawn and she will attend the NWRDM.

Public Information Coordinator Election: Chair, Bunny G., asked for all willing to stand for the position. Cindy F. from District 17 stood. She said she is ambitious, has free time, follows through on commitments and with the guidance of her Higher Power, she is willing. There were 48 Voting GRs. A simple majority is needed of 1/2 + 1. 48 YES Votes.

Upcoming Events:

March Assembly: Kathi R., District 1. March Assembly in Astoria March 18 and 19 at the Elks Lodge, BPOE Motel information is listed on the flyer. There is an Al-Anon block at the Holiday Inn Express; rooms are \$135/night including breakfast It is on the trolley line and overlooks the river. The Elks will provide lunch at \$12, which must be ordered in advance. Order blank is on the flyer.

Kathi treated the Assembly to a poem she wrote as our invitation to Astoria in March.

Beware of that crafty leprechaun
He's playing a game
That could make you insane
He'll lead your mind to a state of confusion.

That little man's cagey, selfish and bold
He'll stay in control to possess all of his gold.
What he doesn't know
Is that we have let go
The rainbows our program; can't be bought or sold.

So, let go of stagnation; changes are flowing.
In your search to be happy, keep your heart ever-growing.
You have a voice
Use wisdom in choice
Live this day only. Let your spirit be glowing.

Serenity, luck and humor, spirituality, fun,
Success, fame, acceptance, love and validation,
Intimacy, health,
Enlightenment, wealth,
Self-esteem and awareness, respect, joy, wisdom.

Choose your happiness.
March 2017 Assembly in Astoria.

July Assembly: Brenda G., District 17 DR. No facility has been found yet.

February AWSC Meeting: Deanna Mc., District 10 DR. February 18, 2017, United Methodist Church, Tualatin. Continental breakfast; potluck lunch.

Oregon Alateen Conference Report: Linda S., Alateen Coordinator. The theme of the conference was F.R.O.G., Fully Rely On God. Linda introduced Ezra, the Alateen Chairman of the 2017 OAC, which will be held August 4, 5 and 6 at the Molalla Retreat Center. She also introduced Cathy C., an Alateen sponsor. Cathy expressed her desire that the training sessions at Assembly be continued. There were 25 in attendance for AMIAS training at this Assembly. See full reports in Report Section.

2018 State Speakers' Meeting: Deanna Mc., District 10 DR. The focus is still on a location in McMinnville. The proposed dates are April 20-22 or 27-29 or the first weekend in May. The SSM Raffle basket was donated by Saturday Sanity, District 11. \$120 raised. Silent auction winners were Billy B and Peggy M.

MOTION #1: Add To the end of the first paragraph of Section IV, p. 3 under Assembly Allowances: "In extenuating circumstances, the Audit/Budget Committee will review and may allow requested reimbursements over the maximum Assembly allowance."

Motion made by Dawn K., second by Mary Lynn J.

63 YES votes; 0 NO votes. This is an ONGOING MOTION.

Ask-It-Basket Questions

- 1. Our meeting takes place in a "club" where many 12 step meetings are held. A few times a year, the club does something for all the folks who attend, such as a holiday meal or a picnic. These are open events, where friends and family are welcome. Our meeting (and all the others) are asked to contribute to these events. Some folks in our meeting have questioned whether this violates traditions. This has led to some spirited debate and also has caused some rifts in our group. What is the delegate's opinion?**

It does violate our Traditions. See Page 57 in the Service Manual. We never give to any outside entity in Al-Anon's name. We can give only in our own names. Use an informed group conscience.

- 2. Are there any guidelines or suggestions to clarify the following situation? A GR planned to stay with a friend/acquaintance during the Assembly. She asked that the group reimburse her but she did not want to submit a receipt. She said her cancelled check would be the receipt. My understanding is that she was not being billed but was offering to pay the friend. Her rationale was that if she offered to pay the friend for the inconvenience of staying with her (bedding, towels, electricity), she would be self-supporting. Many of us have stayed with family or friends during Al-Anon events but I have never heard of requesting reimbursement for something for which we have not been billed.**

Look at Traditions Two and Four. Have you used the KBDM questions?

- 3. Have other groups/districts been asked for insurance certificates of liability to cover meetings and events? What about babysitting?**

See Service Manual page 59. "Paying for insurance should not jeopardize the group's ability to fulfill the spirit of the Traditions and support the Al-Anon and Alateen service arms. If a group is not able to take care of its immediate needs, it may need to reconsider its choice of meeting locations." See page 99 under "Babysitting."

- 4. What is the reason that we cannot use AA literature in our meetings? Often there are areas that can be used as reference or example but it can't be mentioned or physically brought into our rooms.**

See Service Manual, page 104, "Use of Material at Al-Anon Meetings" AA literature is written for and from the viewpoint of AA. Using it in our meetings can distort the Al-Anon approach. Brief reference means mention without elaborating. See also 2013 Conference Summary, page 69. Conference Summaries are available online at the WSO website.

- 5. If a meeting is a book study and conversation about it, should it be an open or closed meeting?**

Service Manual, page 36. Newcomers are the lifeline to our program. We must take care of them. One or two members can take them to another room and share about Al-Anon. Suggest putting this question to AFG Connects.

The meeting closed at 11:50 am with the Al-Anon Declaration.

Respectfully submitted,

Mary Lynn J.
Oregon Area Secretary, Panel 56

Oregon Area Al-Anon Family Groups
Expense & Income vs. Annual Budget
January 1 through November 17, 2016

		Jan 1 - Nov 17, 16	Budget	\$ Over Budget
1	Income			
2	Group Contributions	13,901.99	13,000.00	901.99
3	Assembly Registrations	1,360.00	2,200.00	-840.00
4	State Speaker Meeting	7,501.43	4,000.00	3,501.43
5	Advances	1,500.00	1,500.00	0.00
6	Cash Carried Forward	13,583.69	12,500.00	1,083.69
7	Total Income	37,847.11	33,200.00	4,647.11
8	Expense			
9	Delegate Fund			
10	WSO ETF	1,965.00	1,965.00	0.00
11	Extra Day	134.00	200.00	-66.00
12	Delegate Meeting	298.72	350.00	-51.28
13	Delegate Travel	779.05	950.00	-170.95
14	Delegate Miscellaneous	327.63	350.00	-22.37
15	Total Delegate Fund	3,504.40	3,815.00	-310.60
16	Working Fund Expense			
17	Archive Rent	578.90	850.00	-271.10
18	Area Travel Fund	713.20	2,000.00	-1,286.80
19	Communicator	102.70	200.00	-97.30
20	SSM Advance	1,500.00	1,500.00	0.00
21	Assembly/AWSC Rent	2,450.00	3,000.00	-550.00
22	Insurance	759.00	800.00	-41.00
23	Total Working Fund Expense	6,103.80	8,350.00	-2,246.20
24	Assembly Allowance/Meal/Lodging			
25	Officers	662.97	2,075.00	-1,412.03
26	Audit/Budget	62.70	900.00	-837.30
27	Coordinators	1,494.19	2,225.00	-730.81
28	Past Delegates	595.82	900.00	-304.18
29	Regional Trustee	319.45	900.00	-580.55
30	DR's At AWSC	91.91	0.00	91.91
31	Total Assembly Allowance/Meal/Lodging	3,227.04	7,000.00	-3,772.96
32	Officers Expenses			
33	Alternate Delegate	0.00	50.00	-50.00
34	Chairperson	44.76	100.00	-55.24
35	Secretary	0.00	50.00	-50.00
36	Treasurer	186.85	200.00	-13.15
37	AAPP Expenses	56.49	100.00	-43.51
38	Total Officers Expenses	288.10	500.00	-211.90

**Oregon Area Al-Anon Family Groups
Expense & Income vs. Annual Budget
January 1 through November 17, 2016**

		Jan 1 - Nov 17, 16	Budget	\$ Over Budget
36	Assembly Expenses			
40	Assembly Workshops	0.00	50.00	-50.00
41	Business Services A.C.	0.00	60.00	-60.00
42	Membership Outreach A.C.	633.60	600.00	-166.20
43	Group Services A.C.	16.00	600.00	-485.00
44	Fellowship Communication A.C.	317.78	660.00	-342.22
45	Public Outreach A.C.	986.50	4,000.00	-3,013.50
46	Audit Budget Extra Day + Exp	76.06	800.00	-724.94
47	Total Assembly Expenses	2,029.14	6,350.00	-4,321.86
48	Coordinator and Other Expenses			
49	Alathea Coordinator and Standing Comm	12.22	125.00	-112.78
50	Archives	18.66	200.00	-280.44
51	GPC	7.16	50.00	-42.84
52	Forum	47.23	60.00	-2.77
53	Group Records	0.00	50.00	-50.00
54	Literature	0.00	60.00	-60.00
55	Public Information	0.00	60.00	-60.00
56	Web Coordinator	190.87	330.00	-148.03
57	Total Coordinator and Other Expenses	287.14	1,006.00	-737.86
58	Delegate Meeting			
59	Alternate Delegate	0.00	260.00	-260.00
60	Peet Delegates	171.84	350.00	-178.16
61	Donation as support of NWDN	0.00	300.00	-300.00
62	Total Delegate Meeting	171.84	1,000.00	-828.16
63	Other			
64	Alathea Sponsor Workshop	0.00	400.00	-400.00
65	Contingency Fund	0.00	600.00	-600.00
66	Equipment Supplies	289.89	600.00	-310.01
67	Handbook Update	0.00	50.00	-50.00
68	Transition Fund	0.00	733.00	-733.00
69	AMAS Background check fee expenses	182.00	0.00	182.00
70	Total Other	471.89	2,583.00	-2,111.01
71	Total Expense	16,062.45	30,603.00	-14,540.55
72	Cash Balance as of 11/17/16	21,784.68	2,587.00	19,197.68
73	Reserves	7,980.17	7,980.17	0.00
74	Cash Available as of 11/17/16	13,804.49	-5,363.17	19,167.66
Remember to put all three items on check:		Donations Payable to Oregon Area AFQ		
	District Number			
	WBO Group Number			
	Group Name			

8:17 PM
11/17/16

Oregon Area Al-Anon Family Groups
Open Invoices
As of November 17, 2016

Type	Date	Num	P. O. #	Terms	Due Date	Class	Aging	Open Balance
District 05 AFG Invoice	09/28/2016	106			09/28/2016		50	45.50
Total District 05 AFG								45.50
District 07 - Jackson/Josephine Co. Invoice	10/16/2016	108			10/16/2016		32	45.50
Total District 07 - Jackson/Josephine Co.								45.50
District 13 [Roseburg] Invoice	08/15/2016	105			08/15/2016		94	91.00
Total District 13 [Roseburg]								91.00
TOTAL								182.00

A	B	C	D	E
OREGON AREA AL-ANON 2017 APPROVED BUDGET				
Compared to 2016 Approved Budget [Increases in Bold; Decreases in Italics]				
No.	Category	2017 Budget	2016 Budget	Increase & Decreases
1	Revenue			
2	Group Contributions	14,000.00	13,000.00	1,000.00
3	Assembly Registrations	2,000.00	2,200.00	(200.00)
4	State Speaker Meeting	0.00	4,000.00	(4,000.00)
5	SSM Advance	0.00	1,500.00	(1,500.00)
6	TEAM Event Advance for 2017	1,000.00	0.00	1,000.00
7	Cash Carried Forward	19,995.00	12,500.00	7,495.00
8	Total Revenue	36,995.00	33,200.00	3,795.00
9				
10	Expense			
11	Delegate Fund			
12	WSO ETF	1,909.00	1,965.00	(56.00)
13	Extra Day	200.00	200.00	0.00
14	Delegate Meeting (NWRDM)	600.00	350.00	250.00
15	Delegate Travel	800.00	800.00	0.00
16	Delegate Miscellaneous	350.00	350.00	0.00
17	Sub-Total: Delegate Fund	3,859.00	3,665.00	194.00
18	Working Fund Expense			
19	Archive Rent	456.00	850.00	(394.00)
20	Area Travel Funds [ATF]	2,000.00	2,000.00	0.00
21	Communicator	200.00	200.00	0.00
22	SSM Advance	0.00	1,500.00	(1,500.00)
23	TEAM Event Advance for 2017	1,000.00	0.00	1,000.00
24	March Assembly Rent & Expenses	900.00	900.00	0.00
25	July Assembly Rent & Expenses	900.00	900.00	0.00
26	November Assembly Rent & Expenses	900.00	900.00	0.00
27	AWSC Rent [3 @ \$100 each]	300.00	300.00	0.00
28	Insurance	800.00	800.00	0.00
29	Sub-Total: Working Fund Exp	7,456.00	8,350.00	(894.00)
30	Assembly/AWSC Allowance(Meal/Lodging)			
31	Officers	2,000.00	2,075.00	(75.00)
32	Audit/Budget	600.00	900.00	(300.00)
33	Coordinators	2,000.00	2,225.00	(225.00)
34	Past Delegates	600.00	900.00	(300.00)
35	Regional Trustee/Board Visit	0.00	900.00	(900.00)
36	Sub-Total: Assem/AWSC Allowance(Meals/Lodging)	5,200.00	7,000.00	(1,800.00)
37	Officers Expenses			
38	Alternate Delegate	75.00	50.00	25.00
39	Chairperson	100.00	100.00	0.00
40	Secretary	50.00	50.00	0.00
41	Treasurer	150.00	200.00	(50.00)
42	AAPP	75.00	50.00	25.00
43	Sub-Total: Officers Expenses	450.00	450.00	0.00

A	B	C	D	E
OREGON AREA AL-ANON 2017 APPROVED BUDGET				
Compared to 2016 Approved Budget [Increases in Bold; Decreases in (Italics)]				
Line	Category	2017 Budget	2016 Budget	Increase & Decrease
44	Expenses (Continued)			
45	Assembly Expenses			
46	Assembly Workshops	50.00	50.00	0.00
47	Business Services A.C.	50.00	50.00	0.00
48	Membership Outreach A.C.	300.00	800.00	(500.00)
49	Group Services A.C.	600.00	600.00	0.00
50	Fellowship Communication A.C.	880.00	880.00	0.00
51	Public Outreach A.C.	4,000.00	4,000.00	0.00
52	Audit Budget Exmt. Day Expenses	80.00	300.00	(220.00)
53	Sub-Total: Assembly Workshops	5,600.00	6,350.00	(750.00)
54	Coordinators and Others Expenses			
55	Alcohol	300.00	125.00	175.00
56	Archives	600.00	300.00	300.00
57	CPC	50.00	50.00	0.00
58	Forum	80.00	50.00	30.00
59	Group Records	80.00	50.00	0.00
60	Literature	50.00	50.00	0.00
61	Public Information	50.00	50.00	0.00
62	WebSite Coordinator	200.00	330.00	(130.00)
63	Sub-Total: Coordinators	1,300.00	1,005.00	295.00
64	Delegate Meeting			
65	Alameda Delegate	600.00	350.00	250.00
66	NWDM Support	0.00	300.00	(300.00)
67	Fast Delegates	600.00	350.00	250.00
68	Sub-Total: Delegate Meeting	1,600.00	1,000.00	600.00
69	Other			
70	Task Force/Thought Force Projects	0.00	0.00	0.00
71	Alcohol Coordinator Sponsor Conference	0.00	400.00	(400.00)
72	Contingency Fund	1,000.00	1,000.00	0.00
73	Equipment Supplies	2,000.00	900.00	1,100.00
74	Handbook Update	50.00	50.00	0.00
75	Tramillion Fund	600.00	735.00	(235.00)
76	Sub-Total: Other Expenses	3,650.00	2,785.00	865.00
77	Ample Reserves	6,254.00	7,802.00	(1,548.00)
78	Total Expenses & Reserve	35,348.00	38,405.00	(3,057.00)
79				
80	Budget Balancing Ledger			
81	Budgeted Income	36,945.00	38,900.00	1,955.00
82	Budgeted Expenses	(36,349.00)	(38,405.00)	(3,056.00)
83	Experienced Shortfall of Budgeted Expenses	(1,848.00)	5,205.00	(6,951.00)
84	Total of Budget Balancing Ledger	0.00	0.00	0.00

Delegate's Report

Realizing our Spiritual Potential –

TEAM –I want to apologize, I went away from the July Assembly with the feeling we had agreed to hold a TEAM event and that the particulars would be worked out with a group of us. This group consists of Caralynn, (who has recently stepped away from the group), Dawn B, Dee, Jodie, Kristel and myself. Would each of you stand please? These women have done a fabulous job of meeting on a conference call week after week until we with 4 other people from Washington have put all the pieces together to make a presentation to the WSO.

On Wednesday, just before the AWSC, we heard that we were selected to be the last area that hosts a TEAM event in 2017! Do we want to do it?

What information do you need in order to make an informed decision?

Is there anyone here that would be willing to act as our treasurer from Oregon and work with the Washington Area TEAM treasurer? This job is only until the event in November of 2017. There is very little to do now until we start receiving registrations for the event. It will take a minimal amount of time and effort. If you need more information, I can get you in contact with Chere from Washington who has been an event treasurer before. Do we have anyone that would like to take over as the Oregon Chair of the TEAM event? Again, there is a minimal amount of work involved at this point. There will be some more time involved closer to the event. Please come see me anytime during the weekend if you are interested.

The 2017 TEAM Events:

- Minnesota South February 3-5, 2017
- Florida North May 6-7, 2017
- Saskatchewan June 3-4, 2017
- Montana/Idaho June 17-18, 2017
- Ohio July 7, 2017
- California North September 9, 2017
- California South September 16, 2017
- Nevada October 7, 2017
- Washington/Oregon November 3-4, 2017

Realizing our Spiritual Potential

How are we feeling about how we've done our jobs this year? When we stood for the position, did we have a vision of what we wanted to do? Did we accomplish some of our visions? I stood for Delegate because I wanted to be the best voice for Oregon and the Worldwide fellowship of Al-Anon that I could be. I wanted to make sure Oregon was heard and that our area knew what was happening at the World Service Office. I wanted to provide the best Al-Anon service I was capable of. How do you feel I've done?

Communication is a funny thing. We can talk..... but if the person isn't listening, is it still communicating? If the person doesn't understand us, is it still communicating? To me, communication is when I want to give you information, whether by word, document, picture, music, etc. AND you've had the opportunity to do something with it.

Are we, communicating with each other enough? Have members in your groups told you things, you haven't expressed? Did you not know WHO to give the information to? Did you not feel you were given the chance to share that information? Are we sharing new information with you that speaks of concern or delight? Are we following up on things that are said or asked to be done at the Group level? The District level? The assembly level?

When we have a concern about an individual and how they're doing their job, do we talk to them, do we ask them questions or refer them to a service sponsor? Do we ask to talk to them about their job description? Do we treat them like a newcomer at a meeting and guide them in the direction of the person in the Links of Service who can best help them?

Do we apply and practice the spiritual principles of the program in working with each other? Or do we just talk to others about what we see?

Every one of us has strengths we bring to our program. Every one of us has gifts we give away. I want to thank you for all of your service. I want to thank you for taking time out of your life to participate in service, to make a difference, to help keep our program alive and available to anyone that feels their own life has been affected by someone else's drinking. Thank you. You are what makes this Assembly dynamic and productive.

I think I've said this before, but just in case I didn't... "Our groups are the building blocks of the fellowship. They carry the final responsibility and authority for Al-Anon. If we don't have strong services at the group level and always expect WSO to handle things, we endanger our existence."

I'm asking you to please make sure and tell each other how much you appreciate them being here in service and for the work they do to help make your job easier. We are NOT leaving our work to the WSO, I can see how much work we ARE doing ourselves and it matters.

Speaking of communication – Bunny, our chair, had a conversation with me regarding connecting with our AA counterparts regarding our November Assemblies in particular. For those of you that are unaware: Al-Anon and AA used to hold their assemblies at the same time usually in the same venue. This is a while ago..... but not that long ago. When I first started attending assemblies in 1999, we would

usually have our November Assembly at the same hotel as AA. We would have an AI-Anon speaker at their luncheon, so we would participate by purchasing meal tickets and supporting our speaker at lunch and then join the AA's for dinner and listening to their AA speaker after dinner. The representatives from both AA and AI-Anon would work together on getting a venue big enough for both groups. There were always challenges, but we have a unique partnership with AA and I believe, personally, we need to keep cooperating with them. It's part of our legacy. So... with all that being said, I reached out to Reilly, the Oregon AA Delegate and he put me in contact with Jim, Oregon Area 58 Chair. This is his email to me, which I find exciting, **"Hello Cindy, I will take this time to respond to your email. I know that in the last few years Oregon Area has not coordinated as frequently to share the November election with AI-Anon. I'm really not sure how this came about but I can assure you I will work with my team to see how to proceed from here on out. Is our November election the only one that you are interested in sharing? I'm pretty confident that we can move forward and create some unity. I will speak with our Alternate Chair Ron who coordinates our assembly planning workshop and ask him how he can bring up this conversation. I sincerely apologize if anyone has dropped the ball on this matter. I do know that we have always enjoyed working with AI-Anon .I look forward to a solution that will benefit both Alcoholics Anonymous and AI-Anon. If you would like to discuss this any further or have any suggestions please let me know. Thank you. Jim F Oregon Area 58 chair. My telephone number is 503-801-3088."**

I am going to work with Bunny and see how we would like to go forward with this invitation.

I have a couple of items I want to catch us all up on:

Realizing our Spiritual Potential - ARE WE BEING FULLY SELF SUPPORTING

Finances – I received the information early this year that our World Service Office was running in the deficit again. That we were going to be short of making our commitments by around \$186,000. I know you received that communication because guess what? This message came from Jennie McCann, our WSO treasurer,

**We're in the final quarter with the finish line in sight for this year!
You have all done such a great job of spreading the message of hope to families and friends of alcoholics. In addition, you have spread the message about the need for financial support for the services provided to the fellowship by our World Service Office.
If this response continues, we are poised to meet or exceed our projected contribution budget of \$1,800,000! This is very exciting news and the credit goes to you. Thank you for hearing and passing on the message from the Board of Trustees and the Finance Committee. Thank you for believing in and supporting the Mission and Vision of the Board of Trustees and the work of the World Service Office.
Stay tuned for the final numbers!! Thank you sincerely for your service and your support. Please pass on our gratitude and this message to members in your Area.**

Congratulations! Wow! The power of communication, huh? Way to go GR's!!!! This is the Links of Service in action! The WSO told me, I told you, the District Representatives, the Coordinators, the Group Representatives. You told your groups! Wow! Where else in our world do we see this kind of spiritual potential? Spiritual attraction?

Have you talked with your groups regarding the Quarterly Appeal Letter?

- What is it? – do we all know what it is? If you don't, please don't worry – that's what assemblies are for – education!
- Who is it for? – do we all know it is NOT for our Group donation to the WSO? It is for each member in our group to individually express their own gratitude specifically for the benefits Al-Anon as a whole has given us.
- What we do? – do we actually read it 3 times before we stop sending it around and mail off the contributions? Do we?
- Do you realize how important this quarterly appeal is? It costs the WSO \$30,000 to mail it, with the envelopes, the letterhead, the staff time, the postage. But – how much does it bring in? anyone? – brings in \$500,000

Another area to do with Finances - **Task Force on Spirituality in our Area Finances**

I was assigned to this Task Force last March before I went to the conference. At conference, we were given the framework of what the WSO wanted from us and then asked to meet over the year and come up with a skit, a presentation and a pamphlet. This pamphlet will be accepted and printed at the WSO at the next WSC and available for everyone in Al-Anon. How cool is that? Something I've participated in will be in a pamphlet put out by the WSO! That is way cool!

Our group of 8 or 9 Delegates got together through "go to a meeting" online and through a phone conference call at the same time and divided up into teams of the skit, the presentation and the pamphlet. We all added our voices to what we thought was needed in each of these areas. We voiced the spiritual principles we came up with at the WSC that concern talking about money.

From there, each of our teams got together by phone conferencing and produced their product. I was on the pamphlet team. I have left copies of the pamphlet we are designing on your tables. We are NOT done quite yet. If you've given your thoughts to your GRs or DRs, they've passed them along to me. If you haven't had the chance, please email me any feedback or ideas regarding it. I'd love to hear what you have to say about it.

Do any of you make "Online Contributions"?

As follow up to the last announcement about the online contributions being sent through PayPal, the WSO wants to let you know that if you make a contribution, it will not be credited to your **individual** or **group** account. An email receipt will be sent within minutes of your having made a contribution and the email receipt will serve as your tax documentation.

You will not receive an acknowledgement from the WSO when you contribute through PayPal.

For group contributions to be acknowledged by the WSO, we advise that you use the online store which is: www.ecomm.al-anon.org

FACEBOOK:

- One myth dispelled was that checking “like” or “follow” on any Al-Anon social media site indicates that one is a member. Simply “liking” or “following” does not imply affiliation. It simply means you support the message.
- It is important to respect your comfort level regarding whether to “Like” or “Follow” Al-Anon’s social media sites. “Liking” Al-Anon’s Facebook page is a matter of an individual’s personal preference.
- “Liking” or “Following” Al-Anon’s social media can have a ripple effect. When you “Like” or “Follow” a page or post without identifying yourself as a member, you share that information with your social media friends. This helps broaden Al-Anon’s message of hope to others

October Chairman of the Board letter

Open/Closed Meetings. I sent each of you District Reps an email asking for feedback from your specific group representatives regarding the understanding of what an Open vs Closed meeting is. I have heard back from a few of you, and wondered if I could gently nudge the rest of you to talk about this topic with your group reps.

Back at the WSC in April, the delegates got to attend an open policy meeting. At that meeting they were discussing this item. Does the fellowship understand the difference? Is the word “closed” too negative and maybe sending interested members in the wrong direction? Is this still a valid statement about our meetings?

Now the Board has sent out a series of questions to get more feedback from more of the fellowship. Through the Links of Service (there’s that term again), Delegates have been asked to give these questions to the District Representatives and then they in turn as the Group Representatives to give their voice on the subject. This topic is sure to be on the WSC agenda in April next year.

Remember, the groups are the building blocks of our program of Al-Anon. Their voices need to be heard.

At the end of tomorrow, we’ve planned to have time for round table discussions regarding the Open/Closed Meeting topic and the Prayer for Today topic.

Prayer for Today – Do you have ideas/concerns you want me to express when I go back to Virginia Beach in April? It’s a ways off, but it’ll be here before we know it. Please let me know what your groups think – editing? Deleting? Leaving? There are choices and I’m sure it will be talked about at the WSC. I want to hear what you have to say.

Information from the World Service Conference that I haven't mentioned yet.

European Zonal Meeting Report - Zonal Meetings

A Zonal Meeting is an informational meeting held every two years for countries with General Service Offices or evolving service structures.

European Zonal Meeting (EZM)

Brugge, Belgium was the site for the EZMon on August 21- The theme was "Participation is the Key to Harmony." Those sending representation included Belgium (French), Belgium (Flemish), Finland, France, Germany, Poland, Russia, Slovenia, Spain, Sweden, Switzerland (French), UK & Eire, and the US and Canada. Topics discussed included communication, service, literature, Alateen, and finance.

Central American Zonal Meeting (RECACSA)

Hosted by the Al-Anon Information Service (AIS) for Nicaragua on November 13-15, in the city of Managua. The theme for this meeting was "Un sol Pais"—one single country. The countries represented at this meeting were Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Panama, and the US and Canada. Each structure presented a report sharing public outreach activities, and service work. Many shared about the growth of Al-Anon/Alateen in their respective structures.

Ibero-American Zonal Meeting (RIASA)

Paraguay hosted in Asuncion, Nine structures were represented and included Argentina, Bolivia, Brazil, Ecuador, Mexico, Peru, Paraguay, Uruguay, and the United States and Canada. The agenda included various presentations and discussions on topics such as "How to cooperate with A.A." and "Where to find volunteers."

One of the topics that Delegates shared their own areas experience, strength and hope in was:

Groups that are not following the Traditions

Areas share that they have been grappling with the issue of what to do with groups that do not follow the Traditions. Actions have included creating a process for delisting from the local Area Web sites, having a do not refer policy and a process for relisting groups that have changed. Questions arise as to who determines if the group is following Traditions and whose job is it to police the groups.

"How do we protect newcomers from groups that practice policies outside of the Traditions?"
Using outside literature.

High pressure sponsorship.

Groups changing the Legacies through their own interpretations and using gender-neutral pronouns.

Holding members accountable with punitive actions; abuse not addressed empowers the abuser.

Participants suggested the following strategies:

Some of these groups may not last, people leave, and the groups disintegrate. It is the self-correcting wisdom of Al-Anon.

Attend the meeting that isn't following the Traditions to try to get the group back on track. Talk to the group and try to reason things out.

Develop a "do not refer" policy that spells out how each Tradition applies to the group (the WSO can aid with this).

The Conference has not asked the WSO for a "do not refer" policy. Make a request of the WSO Policy Committee via a letter to wso@al-anon.org.

Do the work on an Area level. Have a policy and process. Talk with the district to come up with a policy. They sometimes don't know they have a voice.

Any policies cannot be personally punitive.

Be welcoming to the newcomer and suggest good meetings. If we meet the needs of the newcomer, they won't be attracted to these meetings.

When District Representatives visit, educate the groups, presume goodwill, and talk to them about the Traditions and Concepts.

If delisting locally, the group is still on the WSO Web site.

Some questions arose during the discussion:

Are we trying to control the uncontrollable? How do we decide?

Why are we only concerned about newcomers? We are all vulnerable. When we hear the word "protect," warning bells go off in our minds and we want to fix it. We can't save everyone (I didn't cause it, I can't control it, I can't cure it), and sometimes we have to "let go."

Comments:

The WSO does not have a policy for delisting a group, however some Areas do. One Area decided not to have one, while another Area formed a Thought Force and decided to refer it back to the districts to decide. Another Area developed a policy for the Area Web site.

If a group is de-listed, let the group know it can get listed again by changing its group policies. Invite the group to send members to district and Area meetings.

Connect policies and spirituality. Spell out each Tradition the group does not follow.

- AFA presentation

I appreciate every one of you. Thank you so much for being in service, for taking time out of your lives to participate in service above the group level. You are so appreciated by many members of our fellowship. They may not tell you one on one, but please know many people are affected by your service to our program.

Thank you for walking this road to recovery together with me.

Cindy, OR Delegate.

ACTION COMMITTEE REPORTS

Fellowship Communication (FC) Action Committee

November 2017

19 members present

Expenses from 2016:

\$330/forum raffle at each (3) assembly-\$95/basket of books for writing workshop raffle-\$200 Spanish and Alateen literature

Districts 1, 3, 5, 7, 11, 13, 14, 16, and 17 all hosted writing workshops in 2016

Oregon Forum subscriptions were up from 234 in 2015 to 554 in 2016!

Many ideas for ways to share literature with groups:

From WSO-

Send flyers for new literature + order forms to all groups

Act out a skit based on CAL

Literature trivia contest

Literature study meetings

Electronic CAL

It's OK to list a specific vendor when electric version is available with disclaimer of non-affiliation/non-endorsement –

Many free downloadable pamphlets on WSO website- including "Electronic Meetings" S-60

WSO is still requesting written sharing on intimacy as well as forum writing entries

In 2017, there will be a new workbook that can be purchased for \$10 or for less if purchased in conjunction with Paths to Recovery

From Oregon Area FC members-

Have a book of the month club. Create a calendar with one book high-lighted each month

Possibly use part of the budget to purchase one book/piece of literature for each district or group depending on cost

Could make this into a competition and raffle literature to any group that completes all 12 months

Book reports at assemblies

FC member(s) create poster or flyer to share with other groups at the assembly

Buy literature for AA meetings/connect with AA groups

Buy literature for treatment centers

Donate a basket of literature to SSM 2018

District outreach grants for meetings

Fund to allow Forum Coordinator to travel to all areas of Oregon to conduct literature workshops

Decisions for 2017:

Will continue to raffle 10 forum subscriptions to members at each assembly

Will host a Bingo-style game that groups can participate in by chairing a meeting using literature listed on their "bingo" card. Complete cards can be submitted to Judy J., or at AWSC or at Assembly.

Completed cards will be submitted into a raffle drawing for a basket of literature. Winner(s) will be drawn at the November 2017 assembly.

- Card will be 5x5 squares

- 2 cards will be made 1 for books and 1 for pamphlets

- Card is eligible to be submitted when one a horizontal, vertical or diagonal line has been completed

- After completing one card (either book or pamphlet) a group may choose to send in as many submissions

 - as the choose for the raffle drawing

Further discussion is needed to determine how many baskets will be raffled. There was a suggestion that there should be 3 baskets for this raffle.

Group Services Action Committee
November 18, 2016

We reviewed the minutes from the AWSC Group Services meeting in October 2016.

Reports:

Archives: I have attached Jan's report to the minutes. If Jan finds a fireproof filing cabinet, Kate may assist with her pick-up, or Craig's list has a "too big for my car" that can transport it.

Alateen Coordinator: Linda reported on the success of Alateen. Some of the teens went to NOCAC in California. Report attached

AAPP: Joann reported that all is well. There are 75 AMIAS in the Oregon Area

Group records: Kate

Old Business:

"Links of Service" handout: Caralynn will email it to the A.C. members. It was decided not to use it.

WSO's 65th birthday: Our committee will have the Area treasurer send \$130 to WSO in lieu of the birthday cake we were going to have at the Assembly. The \$130 was at a member's suggestion: $65 \times 2 = 130$.

Electronic Meetings:

Dee distributed handouts to all. A copy is attached to the minutes. She hit the highlights. Does the A.C. want to create a task force to create a plan for this? It was decided yes. The task force includes: Cindy G, Kate R, Shannon W, Jana __. Dee suggested polling groups. DRs and GRs will take this to their groups for input on whether to go forward with this. A form will be created by Kate R and sent to DRs and GRs to use in gathering their input. The deadline will be [February 1, 2017](#).

We are not going forward with Links of Service bookmarks.

Group Service Action Committee: The new chair for 2017 is Dee!!!

Caralynn W
Secretary

Public Outreach Action Committee

November 2016

1. Feedback re: AFA – March Assembly booklets to Kaiser Health Department, Women's Hot Lines, Laundromats.
2. Feedback re: Pens from last Assembly – Popular, had wrong address (over 1,000 pens in Oregon)
3. Feedback re: PSA Postcards

4. Outreach to other groups, ages, etc. What are meetings going down? Ides: Serenity Lane, etc., schools, people of color need “champions” of those ages, colors, etc. “Bring your teen to a meeting.”
5. Next Year: Professionals 2017
 Institutions 2018
 - a) Flyers & Laminated Placards
District 6 had poster making party. Everyone took a place to monitor.
 - b) Tear-off sheets: 5,000 printed. DRs see Tama and get enough for 20 for everyone in Al-Anon. Grant Committee needs 2-3 more.
Every community college has a recovery office.
 - c) G-29 – Public Outreach Service. All flyers available on website.
www.al-anon.alateen.org/members-site – Log in with meeting name followed by “afg” then Public Outreach and Outreach to Professionals.
Hand write envelopes with return address.
 - Professional meetings
 - Continuing education classes
 - Workshop for professionals
 - Local stuff

Recorder, Nancy M.

Business Services Action Committee

We are tasked with reviewing and editing Section 6 of the Oregon Area Handbook. We completed pages 1 and 2.

Barb B., Recorder

Membership Outreach Committee Reports

November 19, 2016

4 Subcommittees:

- **Fellowship/Speakers Meeting**
- **Area Website**
- **Communicator**
- **Service**

Service Subcommittee Report

Voted to focus on TEAM--

1. Purpose of committee is to promote and educate groups.
2. General concern getting members to attend TEAM because of cost and interest.
3. We will produce a bookmark for the March Assembly which will be distributed to Members as a reminder (which will include the TEAM theme) and promotion piece.
4. **Ideas suggested for promoting and funding for TEAM to Districts and GRs:**
 - a. Districts or groups to do fundraisers to give financial support to attend
 - b. Provide a line item in budget for next year (district budget)
 - c. Districts set aside money from annual fundraisers
 - d. Districts/GRs will ascertain how to distribute/choose potential attendees who are unable to financially attend (those who appear interested in going but are limited by costs).
 - e. TEAM skit to be done at March Assembly. Committee to make suggestions of what that skit will look like with the TEAM committee's help.
 - f. Challenge sponsors to attend and encourage their sponsees to go with them.
 - g. Have each District establish a goal to promote and financially support TEAM by having 2 people at least come from their district. Perhaps have a contest along those lines and the winner will receive?

Website Subcommittee Report

Our **mission is to revise the Area website**. The difference is radical so we started a rough draft design of the new website. Looking at other websites we liked New York City's format, so we used that as our base. For the pictures we would like to collect pictures of the diverse landscape of Oregon (i.e., coast, Cascades, High Desert) possibly displayed in a collage. We listed the possible Navigation buttons on the 2nd page. We listed the quick link buttons on the first page; following Design Theory putting 3 or 5 buttons.

Summary of 2 pg. design:

1. Too much text
2. Objective: user-friendly for people who are already in service to find info
3. Suggested layout: Banner with logo, then navigation menu with home meetings, alateen, calendar, etc.
4. For graphics: Ask districts to send pics of their area and make a collage of pics.
5. For Newcomer: Reformat Oregon area web page and remove RH navigational menu; reformat newcomer link (refer to NYCalanon.org (there was a positive vote for this format).
6. Navigation menu: Home, Service, Find a Meeting, For Newcomer, Calendar, Alateen, Contact Us (What is Alanon/Alateen) with drop down menus.

Speaker Meetings/Fellowship subcommittee

RE: **Proposed Survey Letter**

We will draft a sample letter for our action committee to review.

Our program teaches us that fun is an integral part of our recovery; safe fun with others in recovery. We hope to learn what we can do for fun in recovery and fellowship at the group and district levels for membership retention and how effective these activities have been.

Some ideas might include:

- Sharing meetings followed by a potluck.
- Group or District, Area or WSO Birthday Meetings
- Walking meetings
- Speaker meetings with auctions and raffles

Membership Outreach – *Communicator* Subcommittee Notes from Nov. 2016 Assembly

Beth and Donelda were the two attendees.

There are 6 topics that were identified during brainstorming.

1. More article submissions sent to the *Communicator*.
2. Write Guidelines for the *Communicator*.
3. Promote *Communicator* in home group.
4. Encourage picture submissions for the *Communicator*.
5. Translate *Communicator* into Spanish.

Actions coming from discussion.

1. Beth will send *Group Scoop* guidelines to Donelda
2. Donelda to look at other states newsletter guidelines
3. Donelda to ask in the next *Communicator* for volunteer(s) to translate the *Communicator* into Spanish
4. Beth will include the link to the *Communicator* in the *Group Scoop* newsletter.
5. Donelda will send an email to allawsc@oregonal-anon.org with a number of items
 - Ask District Representatives (DRs) to ask all Group Representative (GRs) to read most of email at meetings (Except the parts addressed to AWSC members).
 - Ask what people would like to see in *Communicator*.
 - Announcement that if you are not getting the *Communicator*, it could be because of a wrong address there are many addresses that get rejected. Send email to Donelda @ doneldagh@gmail.com.
 - Request more sharings for *Communicator* from all.

- Request for a volunteer to translate the *Communicator*.
- Include the link to the last *Communicator* on the website.

Group Service Action Committee Alateen Coordinator Report

OAC – Oregon Alateen Conference: There were 51 teens that attended. A small amount of AMIAS this year. That may have to be addressed for next year’s conference.

NoCAC – Northern California Alateen Conference: We had 6 Alateens and 3 AMIAS attend this conference.

There have been 2 new meetings requested. One in Portland (Grant High School) scheduled to start around the beginning of the new year. The other new meeting is in the Ashland area. Both have gotten new AMIASs through the certification process and are ready for the teens. There has also been interest in the Bend, Northern Coast and Southern Coast areas.

We had our first AMIAS Workshop Friday night. There were 25 people in attendance. What an awesome turnout. I would love to have an AMIAS Workshop at every Assembly.

Linda S
Oregon Area Alateen Coordinator

2016 OAC Report

We are so very grateful for your donations and support. Fifty-one teens attended the conference, a new high! It's not surprising that we gave 15 Half scholarships and 15 Full scholarships. We were able to accommodate them because of the generous giving of Al-Anon and AA.

The OAC committee spent a year planning for the conference. Our theme this year was FROG - Fully Rely On God. We started the year with \$9,510.15. OAC collected from donations, registration, and our annual fundraiser \$6,530.90. The expenditures to put on the event this year were \$10,516.24. Our ending balance is \$5,524.81.

There were workshops about The Steps, Program Miracles, Self Harm/Depression, Principles of the Program, Jealousy, and Courage to Change. Two of our members were graduating to Al-Anon so we ended OAC with the cinnamon roll (a giant hug in the shape of a cinnamon roll) to send them off with a sense of love, belonging, and well wishes from all of the teens at OAC. Ezra was elected the 2017 OAC chairman.

Ezra shared how he came to Alateen, his journey to AOC, NoCAC and how he learned to take on a leadership role in Alateen by accepting the role of chair for AOC. Cathy C, as the OAC Sponsor, encouraged all to get teens to come to OAC.

There's been some questions about how the OAC committee decides who gets OAC scholarships and how much scholarship money is available. We use the 7th Tradition and 5th Tradition as our guide but there is a process.

Half-scholarships are provided to as many teens that need them as possible. There are few teens that have enough money to get to OAC, particularly when you include the cost of travel. Most do not live in a financially or emotionally stable family. It is not uncommon for Alateens to be living at or below the poverty level. Living above the poverty level does not always mean the family can afford to send their teen to OAC.

In a few cases, teens will not be able to participate in OAC without a full ride scholarship. These scholarships are met out with care and deliberation because of the principles of the 7th Tradition; however, the 5th Tradition says that our primary purpose is to carry this message to families of alcoholics. We have had to accept that, in a few cases, to deny a teen participation in one of the most important teen recovery activities in Oregon because of the 7th Tradition flies in the face of the 5th. Full ride scholarships occur for just a couple of the attendees. In their cases, the OAC Committee is made aware of the teen's specific situation. Foremost, the teen must have a strong desire to participate but has no way of paying their way. One example is an active Alateen that lives in a half-way house and has literally no resources or methods to fundraise.

It is our goal this year to support Area Alateens and their Alateen meetings in fundraising in their districts. This will really help to make sure the funds get to those that need them. You can sell cookies at a weekly AA or Al-Anon meeting, or at a monthly meeting, or have a pancake breakfast with silent auctions. You can have a car wash or you can come up ideas of your own! OAC really wants to support you in your fundraising. Let us know what you are planning so we can help and get the word out!

I would also like to thank all of those that came out to our First Assembly AMIAS training. I hope all of you that attended received the information you came to find or even some that you didn't know you needed. We had about 25 that attended. We tried it on the Friday before but are thinking that Saturday night might be better for the next assembly. If you have a suggestion, I would love to have the input.

Question: Who can attend an Alateen meeting?

Answer: Any teenage that is affected by someone else's drinking, usually between the ages of 11 and 20. And Al-Anon member that has completed the certification process to become an AMIAS (Al-Anon Member Involved in Alateen Service).

Question: Who can attend an Al-Anon meeting?

Answer: Any one of any age that is affected by someone else's drinking. That included Alateens.

I would like to just remind all of us that Al-Anon (and Alateen) is a FAMILY program. Please encourage your Al-Anon meeting to invite an Alateen to come talk to your group. If you have a speaker's meeting in your area, talk to them about inviting an Alateen to talk. AMAIS please take your older Alateen to an Al-Anon meeting. I was reminded while attending NoCAC that this truly is a FAMILY program no matter where you are.

Linda S., Alateen Coordinator