

Approved

Oregon Area Al-Anon Assembly  
Phoenix High School; 745 N Rose St, Phoenix, OR 97535  
Host District 7  
March 16-17, 2019

8:30 am

**Serenity Prayer, Welcome, Reminders (Microphone & Voting Statement):** Dawn K. Chairperson;

- Turn cell phones to silence.
- Use microphones when speaking. Write down what you want to say before going to the microphone, no more than two minutes and one trip to the microphone per conversation. If your comment has already been said then go sit down and do not repeat it. Pass a note with the scratch paper in the baskets on the table, no side conversations.
- Photographs should not be taken without permission. Make sure only the intended people are in your photo. Protect anonymity at all times.
- The baskets on the tables contain Ask-It-Basket forms, District Maps, Assembly Etiquette, Ballots and scratch paper. There are tent cards in the baskets as well. If you have any questions you may ask an AWSC member or put a question in the Ask-it-basket.
- When filling out the Ask-It-Basket forms (use the form) write legibly, after you have gone through the research of reviewing the question with a friend, looking in the Service Manual and the Oregon Area Handbook for relevant pages, then place it in the basket on the front table. We will try to talk about and answer the questions during the assembly but there is no guarantee. Any questions that are not able to be answered during the assembly will be researched after and entered into the minutes.
- All Officers, Past Delegates, Coordinators & Audit Budget, in order to be reimbursed by the Area, you must attend the entire meeting, all day Saturday until noon on Sunday. Fill out the yellow reimbursement forms and return them to the treasurer before the end of the meeting Sunday.
- If your group can't afford fuel expenses, the area has an Area Travel Fund where you can be reimbursed for your mileage. See the treasurer to be reimbursed, you must stay for the entire event to qualify.
- All Attendees need to wear a name badge, If you are a Group Representative you should have a Blue nametag, this means you have Voice and Vote at this assembly, If you are an AWSC member your nametag is yellow and you only have voice unless also a Group Representative, If you are a guest of an Alternate GR in which you already have a Group Representative here you are to wear a white badge. A white badge means you are only here to listen, you do not have voice or vote. If you have something to say please write it down and pass it to someone with a Blue or yellow badge. Reminder only one person can vote per group.
- If voting is conducted, please make sure all GR's have signed the blue sheet at the front door.
- During Roll call, District Representatives if you have any new Group Representatives please introduce them. .

**12 Traditions:** Page 15 in the Service Manual Read by Judy J. Past Delegate Panel 41;

**12 Concepts & Warranties:** Page 17 in the Service Manual Read by Caralynn W. GR Dist. 10;

**Housekeeping:** Tama S. Archives Coordinator; Welcome, thanks to the District 7 assembly planning committee, reminder about Taco Truck Lunch, and location of the restrooms.

## Approved

**Assembly Etiquette Skit;** Recited per AWSC members; (See Attachment – *Etiquette Skit*)

- Skit followed by self-introduction of all AWSC members

**Roll Call:** Deanna M. Secretary;

- Excused: Cindy G. DR Dist. 13 & Flyer Committee; Maria M. Communicator & Audit Budget;
- Absent: Teryson D. DR Dist. 14; Nancy N. Flyer Committee
- Day of Representation: Wendy GR Dist. 2; Colleen GR Dist. 9; Charles GR Dist. 12; Kristie GR Dist. 13; Nancy Alt DR Dist. 14
- Past Delegates in attendance: Bunny G. Panel 38; Judy J. Panel 41; Cindy E. Panel 56
- Vacant Positions: District Representatives: 2, 3, 8, 9, 12, 15
- 55 Voting GR's and 88 Attendees

**Approval of Minutes:** November 2018 Assembly Minutes were approved as written. Motion by Caralynn GR Dist 10; Seconded by Sue GR Dist. 7; (0 No's, 0 Abstain)

**Treasurer's Report:** Barb B. Treasurer;

- Remind all Groups: There is a new treasurer; Make all donations payable to Oregon Area AFG & mail to address on the bottom of your treasures report. All contributions should include: District #, WSO #, Group Name. (See Attachment - *Treasurer's Report*)
  - *Questions:*
    - What's Today's Mileage? Today's Mileage is \$.14/mile; Mileage is from your home town to the location of the event, not from your address to the event.
    - What is the \$135 on Line 20 of Archive Rent for? This is for Jan.-March rent over in Baker City. The Archives are in Baker City until they are moved to Grants Pass.
    - What is the Area Prudent Reserve? It is 1/3 of the previous year's expenses.
    - Why is there no budget for AMIAS expenses? The Districts pay for the AMIAS background search, therefore Line 8 AMIAS Expense Reimbursement is offset by the Districts.
    - Is there a Bus Campaign Budget this year? The bus campaign was part of public outreach, there were less funds put into public outreach this year. To find out the plan for those funds you will need to talk to the Area Public Outreach Coordinator.

**AWSC Recap:** Dawn K. Chairperson

- A trial position for an Event Liaison Position was created. Bunny G. Past Delegate Panel 38 volunteered to take on the position for the trial until October 2019. Bunny has since contacted several of the district representatives to open up the communication about hosting an AWSC or Assembly.
- Brenda G. was unanimously voted to be the Insurance Liaison for this panel.
- There was an attempt at a conference call with an absent member that had some input on a discussion we were having. It worked but was very cumbersome.
- A motion was passed that only OAC "Oregon Alateen Conference" and OR State Speakers Meeting be allowed to sell items at assemblies and AWSC. Selling literature is exempt, as it is a service.
- A Task Force was stated to look at translation and video conferencing equipment

## Approved

- Our Oregon Area Handbook (OAH) says that Oregon Area will invite a Regional Trustee to one of our assemblies. Our Regional Trustee is Chere from Washington. Decision was to invite her to the July Assembly, hosted by District 17. Dawn K. will contact Chere and invite her.

### **Delegates Report:** Katie W., Delegate; presented a power point

- Who am I?
  - I am Katie and I am your Oregon Area Delegate
  - I plan to share something about myself every time I give a Delegate's Report, Today I share with you that I write crummy jokes, these were wrote just for you. They are Al-Anon inspired but not conference approved.
    - Jokes:
      - Why did the Al-Anon member cross the road? – To avoid a service opportunity!
      - How many Al-Anon members can you fit into a motel room? – The sky is the limit! (or if you ask me 2)
- What is a Delegate?
  - I am your representative to the World Service Office (WSO) of Al-Anon (I represent Oregon at the global level)
  - I attend three World Service Conferences (WSC's) in Virginia over a three year Panel (we are panel 59 & I will service until December 31, 2021) and I vote for Oregon on global Al-Anon issues.
  - I bring back information from WSO to Oregon
- What have I been up to as Delegate?
  - AFG Connects (reading everyone's including my own)
  - Planning for the NW Regional Delegates Meeting (NWRDM) in Alaska and taking in South Alaska afterwards!
  - Reading preparatory documents for the 2019 World Service Conference (WSC)
  - Reading confidential conference documents and making edits and suggestions
    - As of AWSC I was told these documents were "For my eyes only" – Since then I have contacted the World Service Office (WSO) and asked if I could share the information with my Alternate Delegate since she is supposed to be just as prepared as I am with all the information. They said yes I can share with the Oregon Alternate Delegate Mary Lynn.
  - How about the music?
    - At AWSC I asked if we would want music during morning set-up of an AWSC and Assembly, and the group conscience was yes.
      - (Secretary's Side Note: At Assembly on Saturday morning we stone aged placing a microphone up to a computer to hear the music, and on Sunday we were serenaded with some beautiful guitar music from a talented member, it was so welcoming.)
  - I would like to purchase a headset for the Delegate (Delegate's Budget) and projector cord so we can use video/audio.
    - The headset will give some freedom to embellish the presentation with my moves, by having free hands. (I have a hour long Delegates Reports at each Assembly and AWSC)
    - The cost is \$39 for the headset but there has to also be a transmitter purchased for \$149. You can use one transmitter for a bunch of headsets.

- I have been having phone conferences with my Louisiana Delegate mentor.
  - This is the same state our Alternate Delegate Mary Lynn is from and she knows Carmen
  - My mentor will sit with me at Conference, and she has already sent me a love gift in the mail.
- Speaking engagements; I have given my story in Corvallis and had to turn down some.
- I have been connecting with other Delegates and sharing information
- I have been answering countless e-mails with Experience, Strength and Hope.
  - Many e-mails are skipping the links of service and going right to the Delegate. I answer the ones that are quick and easy and I forward the others onto the correct link.
- At Area World Service Committee (AWSC) I asked 3 people to answer the question: Are AI-Anon statistics important to you? Ex. Do you want to see how many Forum sales were in Canada or in Oregon? Do you want to see how much WSO foot traffic there is?...
  - Veronica P. District 9 Day of DR; in support of analytics and statistics to use for website traffic for newcomers and when they come, we could use it to know where to put the AI-Anon resources.
  - Meredith D. District 5 DR; how you use statistics is what makes it important.
  - Judy J. Past Delegate Panel 41; No use for analytics – Way too much money and time on data when the spiritual principles are being overlooked.
- The WSO hired a staff member just to track and analyze stats...so now I ask you: Are metrics, statistics, and analyzed stats important to you and your AI-Anon program.
  - GR – We need to have the information on who is coming onto the WSO website so we can target the people.
  - GR – I believe they are important when we keep track on how many people we are reaching.
  - GR – There is no standing still in AI-Anon, AI-Anon needs to grow it is going to survive. Growing spiritually is what is really attractive.
- English Readers are able to enjoy a paper copy of the Service Manual, but the Spanish and French have not been released yet. This is an issue. WSO claims to be a tri-language facility. WSO acknowledges the issue and is working to correct it. They have hired another Spanish Translator but are still backlogged.
- “Let’s Talk About Safety in AI-Anon Meetings! This is an informational document that WSO produced and mailed it to all Current Mailing Addresses (CMA’s) in January.
  - It can be passed around as a hard copy or e-mailed
  - It is a random document to address safety concerns in or meetings
  - It is not Conference Approved Literature
  - It is only in English – I questioned WSO about this since we are tri-lingual.
    - It is not CAL, so it is not subject to the same requirements, which mandate that everything must be in Spanish, English and French before publishing.
  - You cannot post on-line on a District or State website. It is not on the WSO’s website.
  - This is considered a service tool, similar to the quarterly appeal.
    - (Secretary Notes: A few days after the March Assembly – WSO sent out and e-mail updating the status of the “Let’s Talk about Safety in AI-Anon Meeting!” document. From Sue Perez (WSO))
      - “The WSO is pleased to inform you that the “Let’s Talk about

Safety in Al-Anon Meetings!” is now posted on the al-anon.org website in English, Spanish and French under Group Resources page (of the respective languages) of the Members menu.

It is important to note and share with members in your Area that the service tool can be photocopied. We encourage any service arms wishing to provide access to the document from a website to hyperlink to al-anon.org to ensure members are provided the most current document. This is also stated in the last page of the safety service tool.

The WSO has received a considerable amount of feedback from members requesting additional copies to be mailed. Making this a free downloadable tool makes this immediately available to members. Please don't hesitate to contact us if you have any questions.”

- A copy of the “Let’s talk about Safety in Al-Anon Document was passed around to those who wanted a copy. Came from the Literature chairperson’s budget.
- Love Gifts:
  - This is what people will see and understand of Oregon other than Katie
  - Love Gifts are small items that other Delegates take home with them to give to DR’s/GR’s
  - I tasked each DR with asking their GR’s if they could come up with something that’s not made of paper (b/c paper gets thrown away)
  - This is a last call for love gifts – they can be mailed for arrival in Virginia by April 10, but not before.
  - The Love gifts will be placed on a mammoth table in a room for all the Delegates from the US, Canada and territories to pilfer though and take back to their Areas things that represent the Al-Anon Program in Oregon.
  - Labels were passed out to DR’s and GR’s to be able to send stuff or cards to send well wishes to Katie at World Service Conference.
- I had a phone conference with Trustee Joan and she asked me to discuss a few things at this Assembly to share them with you all.
  - Each Trustee is paired up with a Delegate;
  - Chairman of the Board Letter
    - I e-mailed a copy to all the DR’s so you should have a copy.
    - Net assets are up but \$140,000, so we transferred that to the reserve fund
    - 2018 Literature sales were above projection by \$375,000
      - Assumed because of the new Intimacy in Alcoholic Relationships (B-33) and the pamphlet Hope and Understanding for Parents and Grandparents.
    - Contributions were lower (by 2%)
    - Forum sales were lower (by less than 1%)
    - Expenses have decreased by \$7000 (we have a Budget of nearly 5.5 million)

- Reserve fund investments were down by \$360,000, so the money transferred nearly covered for that shortfall
    - The Conference Theme is: Action is Attraction – There is No Growth in the Comfort Zone
    - You can be a Trustee, you can look on the WSO website for more information.
  - I encourage you to come to the front table and talk to the Oregon Area Officers – They are just members like you and me. (They sit in the front but the gap is not as big as it looks).
- Chatting up the new concepts afoot....
  - Young People in AA (YPAA) and Young in Heart Al-Anon (YHA) (21-49 demographic)
    - They are intended to bridge the gap between Alateen and Al-Anon.
    - WSO is recognizing these groups as a service arm and will support it and are aware of it but have no opinion on the Young in Heart Al-Anon.
  - Gender Language and CAL
    - How does gendered language (he/she/him/her etc.) impact you and Al-Anon?
    - Our program was founded by people who called God a “He”, we ask people to read the 12 Steps as they are written, because they are copyrighted, and this means readers refer to God as a he because the Steps are written that way.
      - Two questions to consider:
        - How does calling God “He” impact your personal spiritual program? We took 3 minutes to write.
        - Now I want to ask, how does calling God “He” impact the spirituality of Al-Anon?
          - What if we changed the language to “God as we understand God” and just made it neutral? What if we changed it to “Go as we understand her”?
          - How Would that change our spiritual principals? Would it change them? Take 3 minutes to write.
- What do GR’s want to hear about from the Delegate?
  - Possible topics could be:
    - Finances, Public Outreach, Stats/metrics/analytics, WSO staff change, Translation projects, Interaction with the recovery community, YIH Al-Anon and YPAA with Al-Anon Participation, Diversity News, Alateen news, Tech Talk, What else????
  - I am gathering information for you, to present to you, what do you want to hear? Tell me, so I can tailor my Delegate Reports to what you want to hear.
- Parting Thoughts - Parallels between the snow storm and life with an alcoholic:
  - The storm was predicted to be 1-3 inches: I can handle that:
    - I am managing life with the alcoholic (or so I tell myself before Al-Anon)
  - The Storm actually brought 26 inches to my area, and we didn’t plan for that:
    - Alcoholic behavior catches me off guard and leaves me in shock sometimes.
  - We lost power and water and toughed it out for 4 days in the cold:
    - Alcoholism strips us bare and leaves us vulnerable, but we still try to manage on our own!
  - After 4 days, we gave up on our home and went to a motel room with our animals in tow.
    - Life with alcoholism before Al-Anon dissociation (I leave my own mind and sin behind to survive)
    - Life with alcoholism and Al-Anon = I leave the situation as an act of self-care

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- Life in the motel was – sketchy (ironically, my room had no heat!\_ - we knew we didn't want to stay any longer than necessary, so we started calling Friends:
  - Getting a fresh perspective apart from the alcoholic brings renewal; it also offers an opportunity to see where my own deficits are so I can start working on those.
- We moved out of the motel and into a friend's house that was vacant (another transition, the third in less than a week and we finally had the comforts of home again:
  - In Al-Anon, I experiment with new ways of living with alcoholism and I find what Works – what truly Works for me.
- On the 9th day of the storm aftermath, we moved back home and life became “normal” again:
  - Once I learn how to use the Al-Anon program, I create a new normal for myself that allows me to have serenity in the midst of alcoholic chaos.

### **Area Alateen Safety & Behavioral Guidelines:** Kathy K. AAPP

- The Alateen Safety Guidelines that were approved in 2018 have been Okayed by an attorney but WSO reviewed them and has made lots of request for change. The original Task force has reconvened and will revamp the Area Alateen Safety and Behavioral Guidelines. They will take them back to AWSC for approval, then back to an attorney and then onto WSO again. The hope is that WSO will approve prior to the July Assembly so that the GR's can approve them.

### **Review of the November Assembly Election Experience:** Dawn B. Public Outreach Coordinator

- At AWSC the Voting and Election procedure at the November Assembly was discussed. We are looking to hear what GR's that attended the 2018 November Assembly have to say.
- There is an Election Survey Paper in the baskets, please fill one out and turn into Dawn B., Dawn K. or leave in the basket.
- The Survey Reads: Election Survey:
  - If you attended the election assembly last November, we would like to get your feedback on the process. Please jot down your thoughts and impressions about the election process. We are also interested in your ideas for improvements. Let your voice be heard!
- The Surveys will be collected and reviewed and then more will be revealed.

### **Audit/Budget Report:** Barb B. Treasurer

- Panel 56 Audit Budget met on Saturday night to work on the last quarter audit. They were not able to complete and will have to report back at the July assembly.

### **Archives Coordinator:** Tama S. Archives Coordinator;

- The Archives are currently in Baker City where they were stored last panel. Tama will look at how to move the archives to Grants Pass from Baker City. Options are driving over there and renting a vehicle to haul them back or hiring someone to move them. Part of the archives includes a 700# safe.

### **Literature Update:** Jaime J. Literature Coordinator (See Attachment – *Literature Update*)

### **Breakout into GR's DRs, Coordinators:** Past Delegates split between groups

- GR's – GR Orientation by Mary Lynn J. Alternate Delegate



## Approved

- DR's – AMIAS Recertification Information by Kathy K. AAPP & Talk with Past DR's for a question and answer session. Past DR's Dawn K, Barb B, Deanna M, and Katie W
- Coordinators – Talk with past coordinators in a question and answer session. Past Coordinators Bunny G. & Judy J.

### Workshops:

- Links of Service – Joanne C. Group Records, Lee Ann T. DR Dist. 6
  - Presented a Skit on Communication & Strengthening the Links of Service (See Attachment – *Links of Service Skit*)
  - Distributed a Handout (See Attachment – *Links of Service Handout*)
  - Divided into small groups and each chose a problem, then they chose a challenge to discuss how it could be used to handle the group's problem. (See Attachment – *Links of Service Workshop*)
  - Distributed Al-Anon/Alateen Family Groups 2018 Links of Service Bookmark
- Leadership – Jaime J. Literature Coordinator, Kathy K. AAPP, Stephen Y. DR Dist. 10
  - Introductions
    - I didn't learn anything about leadership from my family of origin. There was one person who ran the family and made all the decisions. No one else had a say. I had no role models for leadership growing up. All of you are my role models. I would not be in a leadership position without your support and influence. I knew nothing about leadership coming into Al-Anon. I was volunteered for service by my group a few months after joining Al-Anon. I didn't know how to say no, so I accepted the position of GR. I had no idea what my role would be but thought I could do it. It was a good thing, in a way that I didn't know how to say no because that's how I got here. I thought that I'd never be at this level of leadership. Several years ago, at an Assembly, I remember telling a member that I would never have a service position beyond GR. I didn't know that I'd stand for Literature Coordinator before November. I observed Judy J. in the position, how dynamic, and enthusiastic she was and didn't know if I could do it. Being an introvert was my issue. Every time I get up to the mic. I feel nervous. Speaking in front of adults terrifies me, but here I am. Every time I use the mic my nervousness improves but it doesn't go away. It's uncomfortable but I do it. This is part of my growth in Al-Anon, being a leader in Al-Anon has affected the rest of my life. I would not be in the position that I am in at work without Al-Anon and all of you as my role models. I'm in a leadership position at work because of the program. I am grateful to you and the program for showing me how to be a leader being the role models that I didn't have in my family of origin.
    - I thought I knew how to do everything already so leadership has taught me how much I don't know. Experience, used the links of service to solve a problem. Found out we didn't need to find out the truth, instead we needed to find out what we were in control of. There was dominance in the meeting and we found we know how to deal with Dominance, we didn't have to ban anyone from the meeting, and instead we were able to make a task force and sharing what we could learn bit by bit. Found out that we didn't have to do everything immediately.



- Being in Leadership has taught me to place Principles above personalities. I feel Bill W. was a good leader. He had the ability to demonstrate being intentional. He demonstrated leadership characteristics. The best way I found to be a better leader is to practice the principles of Al-Anon in all my affairs. Al-Anon has taught me to be patient & dependable.
- Workshop – split into groups and took a copy of the article *Concept Nine: Taking inventory of my leadership skills* was published in the September 2016 issue of **The Forum**, page 32-33, written by **David T., Michigan**
  - Concept Nine: Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.
  - The groups choose a facilitator, recorder and reporter for the group. Then they chose which leadership quality the group will focus on and read about it. Then they choose one of the following questions and everyone in the group had a chance to answer it.
  - Questions:
    - A) In what ways does Concept Nine encourage me to face my fear of failure or success when I take on a leadership role” from Reaching For Personal Freedom (P-92), Page 156
    - B) What expectations do I have of a good leader? from Reaching For Personal Freedom (P-92), Page 157
    - C) How can putting the focus on myself help me to take on a positive leadership role with others? from Reaching For Personal freedom (P-92), Page 158
    - D) How can I practice Concept Nine in all parts of my life? from Reaching For Personal Freedom (P-92), Page 158
    - E) Which quality do I see most strongly developed in myself? Explain. Which quality would I most like to work on developing? Explain.
  - Report Backs: (See Attachment – *Leadership Workshop Report Backs*)
- Public Outreach Workshop – Joan F. Cooperating with the Professional Community (CPC) & Dawn B. Public Information Coordinator (PI) – (See Attachment – *Public Outreach Workshop*)
  - PI & CPC introduced themselves and explained what their position is.
  - Members broke into small groups to increase the understanding of Attraction –vs- Promotion and Affiliation –vs- Cooperation (PS40). Questions were asked and the groups were to decide if they were Attraction or Promotion (held up signs). Then the answer was read and a justification for why. These were answered by WSO.

**Open Positions:** Dawn K. Chairperson

- Alateen Coordinator: Creates avenues for coordinating Alateen activities in the area and act as a liaison between the AWSC and the Groups.
  - Mary W. GR Dist 11 Stood & was voted in 48 yes, 0 abstain, 1 no
- Website Coordinator: Post approved flyers and documents on website, sets up mail forwarding for AWSC members
  - Sonia C. GR Dist 7 Stood & was voted in 48 yes, 0 abstain, 1 no
- Technology Coordinator: Hauls around and hooks up microphones, sound systems & projector
  - Julie S. DR Dist. 1 Stood & was unanimously voted in
- Audit/Budget Committee Member: Suggestion to have some financial interest, appointed by the chairperson, so if you’re interested talk to chairperson.
  - Sue B. District 7 was appointed

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- Task Force member with the Video & translating equipment had to step down. Need one more member.
  - Cindy E. Past Delegate Panel 56 was appointed

### **November 2019 Assembly:** Dawn K. Chairperson

- District 14 stepped down from hosting the Nov. 2019 assembly after the discussion at AWSC to not have the assembly at the casino again.
- Request for a new district to host: District 11 Stood and was granted the Assembly, they were offered assistance from District 10 and District 9

### **March 2020 Assembly Bid:**

- Julie S. DR Dist. 1; District 1 Stood to Host the March Assembly; Accepted by Group Conscience

### **District Reports:**

- District 1: Julie S. DR Dist. 1 – (See Attachment – *District 1 Report March 2019*)
- District 4: Loretta P. DR Dist. 4 – (See Attachment – *District 4 Report March 2019*)
- District 5: Meredith D. DR Dist. 5 – (See Attachment – *District 5 Report March 2019*)
- District 6: Lee Ann T. DR Dist. 6 – (See Attachment – *District 6 Report March 2019*)
- District 7: Michael B. DR Dist. 7 – (See Attachment – *District 7 Report March 2019*)
- District 10: Stephen Y. DR Dist. 10 – (See Attachment – *District 10 Report March 2019*)
- District 11: Lydia S. DR Dist. 11 – (See Attachment – *District 11 Report March 2019*)
- District 13: Cindy G. DR Dist. 13; Read by Deanna M. Secretary – (See Attachment – *District 13 Report March 2019*)
- District 14: Nancy P. Alt. DR Dist. 14 – (See Attachment – *District 14 Report March 2019*)
- District 16: Kory S. DR Dist. 16 – (See Attachment – *District 16 Report March 2019*)
- District 17: Rita S. DR Dist. 17 – (See Attachment – *District 17 Report March 2019*)

### **State Speakers Meeting (SSM):** Susan B. SSM Chairperson;

- May 17, 18, and 19<sup>th</sup> in Springfield at Hamlin Middle School – Hosted by District 6
- Registration is open on-line or you may print a registration form and mail it in.
  - <https://alanonlaneor.us/2019-ssm/>
  - Scroll down and click on the Red: To Register on-line for Journey to Serenity2019 Oregon State Speakers Meeting, Click Here
  - Here you can add to cart the registration, Saturdays Lunch, Saturdays Dinner, Bag Tag, Lip Balm and or you can add additional donations to the SSM.
  - When Done adding click View Cart (Under Item 1-Registration)
  - Click Proceed to Checkout
  - Enter your Billing information (Note for Apartment put 0 or something in there if you don't have one, technology glitch)
  - Push Place Order
- Meals have to be in by May 3<sup>rd</sup>. So you can pre-register and then follow up with the money later.
  - International Buffet Menu – If you click on the description when adding to cart you can see the broad options that will be available additionally there will be Gluten Free, Vegetarian, Dairy Free... Options
  - The High School Catering Department will be Catering the event.
- If you took a bag of Bag Tags and Lip balm at AWSC please turn in your money
- Agenda – Not complete but the following is known

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- Registration will open at Hamlin Middle School at 5:30pm (There will be snacks)
- There will be a Sharing Meeting Friday Night from 7-8pm
- Registration starts again on Saturday at 8:30am
- There will be 3 panels, a workshop
- There will be a Spiritual Speaker on Sunday Morning
- Ends at Noon on Sunday
- Speakers:
  - Bo T from West Blocton Alabama – Al-Anon Speaker
  - Ron R. from Springfield OR – AA Speaker
  - Alateen to be announced.
- Questions:
  - Will there be AA participation?
    - There will be AA participation, There will be an AA speaker, they have an AA coordinator, and there are AA's on the panels
  - Can you go for just one day?
    - Yes you can go for just one day if you want.
- A Skit – Bag full of Guilt, nightly Fear and Resentments – Moral hand out meeting schedules instead of baggage
- Susan B. will e-mail the flyer to All AWSC

### Book Reports:

- Jaime J. – *How Discovering Choices Helped Me* was published in the December 2018 issue of ***The Forum***, page 12, written by **Nina N., Colorado**

### Forum Giveaways: Emma H. Forum Coordinator

- Encouraged the GR's to share the Forum with their groups, area professionals and ideas to encourage new subscriptions. A poster was produced with Oregon area writers' submissions that have been printed in the Forum this year. Page 63 in the Al-Anon Service Manual was referenced explaining the uses of the Forum and how to submit sharing's under the members menu at [al-anon.org](http://al-anon.org).

Every two months articles in the Forum are translated into French and Spanish. These newsletters. "Al-Anon y Alateen en accion" and "Al-Anon/Alateen Le lien" Are posted on the [al-anon.org/revistas](http://al-anon.org/revistas) and [al-anon.org/magazines-fr](http://al-anon.org/magazines-fr) websites. For subscription information, please contact the World Service Office at (757) 563-1600 or by email at [wso@al-anon.org](mailto:wso@al-anon.org)

If your meeting is going to close early because no-one is sharing, hand each a piece of paper and suggest writing a couple of minutes about the topic or what is on their mind.

- 5 subscriptions to the Forum (1 to a library) were distributed.
  - Group 66462 – District 17
  - Monday Night Sharing – District 7
  - Member – District 7
  - Oak Lodge Library – District 17
  - Gifted with Life – District 6

### Ask-It-Basket Questions:

- Are there guidelines for “mandatory reporting” of Abuse for Alateen Sponsors while maintaining anonymity? (Looked in Service Manual Pg. 83-101 & OAH Sec VIII Pg. 2-4)
  - Answered by Kathy K. AAPP - This is an outside issue. It may depend on the agency to which the mandatory reporter is reporting.
    - What do you mean by Outside Issue? For the sake of New First Timer GR Mandatory Reporter?
      - Answered by Judy J. Delegate Panel 41 -
    - Where in the Guidelines/Service Manual can we turn to, to address members’ questions and concerns about this topic of mandatory reporters in Alateen and Al-Anon Family Groups?
      - Answered by Kathy K. AAPP – Read Guideline G34 – Legal and Traditional Responsibility of AMIAS, including Alateen Group Sponsors. Service Manual Pg. 41 & 9-34
  - Additional E/S/H by Cindy E Delegate Panel 56 – At Oregon Alateen Conference (OAC) there is an announcement made at the beginning of the meeting that says if you are a Teen and you have something you want to share and do not want a mandatory reporter to report if needed then when you go to share say “can any mandatory reporters please leave the room and they all do.”
- Our local AA’s have a fun and eventful District website, including local events and news. Can our Al-Anon District create an autonomous website separate to Oregonal-anon.org? What are the guidelines? What is the purpose of only having Area Level Website?
  - Answered by Dawn K. Chairperson – Districts can have their own website, District 4 and others do have their own. There was a project last panel to try and put district websites under the umbrella of the Oregon Area Website. That became a website manager nightmare. You do want to make sure you follow any World Service Guidelines on posting the Steps and Traditions on the websites because they are copyrighted.
- How do I suggest a writing workshop at the next assembly?
  - Answered by Judy J. Delegate Panel 41– Service Manual Pg. 68 - Use the Links of Service, talk to the literature coordinator or Forum Coordinator. Ask your District Representative to bring it up at AWSC to be put on the agenda.
- Why isn’t there a person or team that does research, etc. and in charge of finding places/venues to have all the assemblies?
  - Answered by Dawn K. Chairperson – This has recently been discussed at the Area level and so we are in the middle of a trial period of Bunny G. Delegate Panel 39 acting as an Event Liaison and contacting the districts and local venues to assist with the facility side of planning one of these events.

**Open Discussion/GR Sharing what they plan to take back from the Assembly:**

- How do we feel about the language being changed?
- Share with my group about the Forum
- Share about the Attraction Vs. Promotion definitions
- Let other members know what we are doing at the assemblies so that they can maybe be a part of it.
- Promote contributions to WSO and the Forum
- Delegates’ report of what Katie does for WSO and it was nice to hear how Katie speaks for the Oregon Area.
- Loving and open workshop on language

## Approved

- New AMIAS – Communicated with other AMIAS on how their meetings go.
- Workshop Format – Really liked it. Allowed more participation of everyone. Smaller groups, like the way it was split up to allow people to meet others members from all over the state.
- Education of the three legacies. Debunked the idea that you had to know what to do before attending assembly.
- Workshop on the language – Members will be interested in hearing about the language
- WSO – Approved Stock Market; want to learn more about this – concerns about investments by AFG inc.
- Al-Anon cycles so what was being discussed 20 years ago is still being talked about today.
- The Delegate asked us “what do you want to hear from me” so I am going back to my group and ask what do you want me to bring back from the assembly.
- Add an Ask-It-Basket at the group level for those that are afraid to ask.
- A few members participated in hosting a public outreach table at the Native American Community Event in Portland. It was a great community and they wanted to incorporate Al-Anon anyway they could.
- All members were asked if they had an Al-Anon Birthday during the month of March. They were then given WSO birthday envelopes. Suggested give a monetary value of your choice per year you have been in Al-Anon and send it to WSO as a contribution.

### Upcoming Events:

- Fundraiser – Chili Cook Off
  - April 6<sup>th</sup> from 5-7pm
  - Taborspace 5441 SE Belmont St. Portland, OR
  - More information contact Lydia district-[11@oregonal-anon.org](mailto:district-11@oregonal-anon.org)
  - Supports Al-Anon Service Levels
- Fundraiser – Spring Fling
  - April 27<sup>th</sup> from 10am-12pm
  - Faith on Hill Church; 3615 SE Hill Road, Milwaukie, OR 97267
  - More information: [springfling2019.1@gmail.com](mailto:springfling2019.1@gmail.com)
  - All proceeds benefit the Portland AIS Office.
- State Speakers Meeting (SSM);
  - Dates: May 17, 18, 19 in Springfield (District 6) – See above about SSM
- June AWSC, June 15, District 10 – Same location as the February AWSC (Tualatin)
  - 8:30am-5pm
  - Tualatin United Methodist Church, 20200 SW Martinazzi Ave, Tualatin, OR 97062
  - More information – Contact Stephen Y. at [district-10@oregonal-anon.org](mailto:district-10@oregonal-anon.org)
- Alateen Round-Up
  - June 22 in West Linn
- July 19-21 Assembly, Hosted by District 17, Rita S. District 17 DR;
  - Flyer was distributed to DR’s
  - Location: Gregory Forum, Clackamas Community College, 19600 S. Molalla Ave., Oregon City, 97045
  - Friday Night sharing meeting – Serenity Trails AFG July 19<sup>th</sup>, 7:30pm; St. John the Apostle Catholic Church, 516 5<sup>th</sup> St., Oregon City
  - Saturday 8:30am-5pm & Sunday 8:30am -12pm
  - Will have a Catered Lunch Saturday; Box Lunch Order Forms were handed out

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- Lunches are \$10 each, and include either a sandwich or wrap, chips whole fruit, cookie, and iced tea or lemonade. Contact District 17 prior to the event to order your lunch. [District-17@oregonal-anon.org](mailto:District-17@oregonal-anon.org)
- Oregon Alateen Conference (OAC)
  - August 2-4 @ Molalla Retreat Center

**Closed with AI-Anon Declaration**

Respectfully submitted,

Deanna M.  
Panel 59 Oregon Area Secretary

**REPORTS:** See following pages

Approved

## Etiquette Skit

### Performers & Badge Color

Mary Lynn J (Chairman), Dawn K (Delegate), Lee Ann T (Treasurer), Emma H (Secretary), Kathy K (Ann Coordinator), Maria (Gayle AIS Liaison) Joan F (DR), - Yellow Badges

Katie W (Trish GR), Meredith D (Mary GR), Rita S (Terri GR): - Blue Badges

Deanna (Chris Alt GR), Judy J (Alt GR), - White Badges

Joanne, Kory SR, Barb B, Dawn B (MC), - No Badges Needed

### Layout

Mary Lynn J (Chairman), Dawn K (Delegate), Lee Ann T (Treasurer) and Emma H (Secretary) sit up front

Judy J (Alt GR) & Joan F (DR) sit together after they have gone through the registration line

Joanne – has cellphone volume on and is sitting in the crowd anywhere

Rita S (Terri): stays in the hall until her part

Kory SR and Barb B sitting behind the registration table one with a white sheet and one with a blue sheet.

Dawn B (MC) Anywhere upfront with a microphone

### Skit:

Maria (Gayle AIS Liaison) Katie W (Trish GR), Meredith D (Mary GR), Judy J (Alt GR), Joan F (DR), Deanna (Chris Alt GR), Kathy K (Ann Coordinator), walk in grab their name badges

Dawn B (MC): (All Assembly attendees wear a badge. Most badges are previously prepared and available near the registration table. Group Representatives wear Blue Badges; AWSC members wear Yellow Badges; and members-at-large wear White Badges.)

Maria (Gayle AIS Liaison) Katie W (Trish GR), Meredith D (Mary GR), Judy J (Alt GR), Joan F (Carol DR), Deanna (Chris Alt GR), Kathy K (Ann Coordinator), continue walking through the registration line. – Everyone writes on the white sheet – GR's please make it noticeable since you are a voting member you also sign the blue sheet. Then go sit down anywhere.

Dawn B (MC): (When you arrive, please sign in. There are two sign-in sheets. All attendees sign the attendance sheet; only voting members (GR's or an alternate) sign the voting sheet.)

Mary Lynn J (Chairman): let's begin with a moment of silence followed by the Serenity Prayer

Everyone: Say the Serenity Prayer

Dawn K (Delegate): The Delegate starts giving a report: WSO will continue to send Quarterly appeals to groups for individual donations...

Judy J (Alt GR): Ask Joan F (Carol DR) a question while whispering loudly at the same time the Delegate is speaking.



## Approved

**Mary Lynn J** (Chairman): The Chairman pauses the Delegate and reminds the group that only our Delegate should be speaking right now.

**Dawn B** (MC): (Only one conversation should be taking place at a time. If you need to communicate with someone please use scratch paper to do so.)

**Rita S** (Terri GR): Walks in late and scrape the floor during roll call and is obnoxious while setting up

**Dawn B** (MC): (Please arrive on time so that the Assembly can start on time)

**Joanne**: Cell phone rings

**Dawn B** (MC): (Cell phones and other electronic devices should be silenced.)

**Mary Lynn J** (Chairman): We now need to fill the Alt Delegate position, do we have any current or past District Representatives that are willing to stand for the Oregon Area Alternate Delegate position for the upcoming panel?

**Meredith D** (Mary GR), & **Kathy K** (Ann Coordinator), go to the microphone

**Meredith D** (Mary GR): I am Mary Group Representative for Just for Today in District 5, Bend & Redmond area, and I would be willing to be the Alternate Delegate. My experience is I was the past District Representative for District 5 and want to continue in Area level service after seeing how much recovery, service gives me. I have read the position description in the Oregon Area Handbook and saw the Alternate Delegate is responsible for the New GR Orientation. I have always felt the New GR Orientation is such a powerful tool in assisting GR's understand what is expected from them at assemblies and I would be honored to be responsible for this.

**Kathy K** (Ann Coordinator): I am Mary Group Records Coordinator, my home group is Family Lake Oswego in District 10, and I would be willing to be the Alternate Delegate. My experience is I was the past District Representative for District 10 and outgoing Group Records Coordinator. I have been the AIS Liaison, Speaker Coordinator, along with many other service positions. I love service and AI-Anon and enjoy being busy. I want to be Alternate Delegate to have a more thorough understanding of the Oregon Area Handbook which is updated under that position.

**Mary Lynn J** (Chairman): Thank you, could you two please wait outside the room until we begin the voting process.

**Meredith D** (Mary GR), & **Kathy K** (Ann Coordinator), leave the room

**Mary Lynn J** (Chairman): would anyone like to come forward and share reasons for or against Mary or Ann taking the Alternate Delegate position.

**Joan F** (Carol DR), **Maria** (Gayle AIS Liaison), **Katie W** (Trish GR), **Deanna** (Chris Alt GR), **Rita S** (Terri GR), go to the mic

**Joan F** (Carol DR) goes to the mic: I am Carol and I am the District Representative for District 5, Redmond area, I have known Ann for a long time and I think she has her heart in the program but her attendance

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to Area meetings has been pretty hit or miss over the years. She has had a lot of tragedy and her life but it seems to be mellowing out lately so maybe it will be better in the near future.

**Maria** (Gayle AIS Liaison) goes to the mic: I am Gayle, I am the Portland AIS Liaison, I have attended meeting with Mary for about 10 years. She is always there and on time and willing to do anything that is needed, that may be her only downfall is she sometimes takes on too much.

**Katie W** (Trish GR), goes to the mic: I am Trish, I am serving as the Group Representative for Because I am worth it. I have become great friends with both Mary and Ann over the years but Ann's attendance has not been very good in the past.

**Mary Lynn J** (Chairman): speaks up: Just a reminder if your comment has already been made please sit down and do not repeat it. Coming to the microphone is intended to share information about the person or issue to inform others that may not know so that they may make an educated vote. The intention is not to campaign one idea over another or one person over another.

**Dawn B** (MC): (If your opinion has already been stated – please do not repeat it again)

**Deanna** (Chris Alt GR): Hi I am Chris Alternate GR for Because I am Worth it....

**Mary Lynn J** (Chairman): Excuse me Chris, you have a white badge, does your group have a GR here today?

**Deanna** (Chris Alt GR): Yes

**Mary Lynn J** (Chairman): Chris please write your comment down so that you're GR, DR or another member with Voice can share it. Reminder to all, only GR's or their alternate if there is no GR present and members of AWSC have voice.

**Dawn B** (MC): Only Group Representatives and AWSC members (Officers, Coordinators, AIS Liaisons, District Representatives, Past Delegates, and Audit Budget Committee) have voice at an Assembly. If you are a member at large or a guest and have something you would like to have asked or brought up, please tell your Group or District Representative to speak for you.)

**Joan F** (Carol DR) gets back in line behind **Rita S** (Terri GR)

**Rita S** (Terri GR): I am Terri, I am the Group Representative of Steps to Serenity in District 2, I was on a thought force with Ann and she was very into researching what the service manual and Conference Summary's had in them to support the thoughts we were having. With her focus on the using the service manual it has given me confidence that she would be excellent in the Alternate Delegate position.

**Deanna** (Chris Alt GR), Chris Claps

**Mary Lynn J** (Chairman): Please refrain from applause

**Dawn B** (MC): (When people are at the microphone, refrain from applause or other forms of audible response as a courtesy to others whose opinion might differ from yours.)

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**Joan F** (Carol DR) Carol steps up to the microphone; Hi I am Carol again..

**Mary Lynn J** (Chairman): cuts in: Excuse me Carol only one time to the microphone please per topic.

**Dawn B** (MC): (Please go to the microphone only one time per topic. You may return to the microphone if you have a question, but not to make another point. Comments should be kept to 2 minutes)

**Mary Lynn J** (Chairman): Thank you all for your comments. We will now vote to elect either Ann or Mary to become the Area Alternate Delegate. Please take a motion slip from the basket on the table and write Ann or Mary on it. The Audit Budget members will be walking around and picking up votes. Reminder only Group Representatives have a vote.

**Dawn B** (MC): (Only Group Representatives or their replacements have voice and vote. There is only one vote per group.) (Please do not leave the room during voting. You have been counted and if you are out of the room it disrupts the count which then has to be recounted.)

Each AWSC member stands up and introduces themselves by first name, their AWSC Service Position.

**Dawn B** (MC): As many of you know Sponsorship is a valuable part of our program and recovery. When participating in Al-Anon Service it is suggested, you have a Service Sponsor. This is someone that has been or is active in Al-Anon Service. You can ask for experience, strength and hope from this person regarding Service. Not all Al-Anon Service is peaches and cream, having someone to talk to reminds you that none of this is personal and you are not alone. (If you do not have a Service Sponsor and would like one, speak to an AWSC member and they will help you to find one to help you.)

**Dawn B** (MC): (If you are a new Group Representative, there will be a New GR Orientation for you at the first Assembly you attend.)

Approved

Treasurer's Report

**Oregon Area Al-Anon Family Groups  
Expense & Income vs. Annual Budget**  
January 1 through March 15, 2019

			Jan 1 - Mar 15, 19	Budget	\$ Over Budget
1	Income				
2	Revenue				
3		Group Contributions	4,336.17	17,000.00	-12,663.83
4		Assembly Registrations	0.00	2,000.00	-2,000.00
5		State Speaker Meeting	0.00	3,500.00	-3,500.00
6		Advances	0.00	1,500.00	-1,500.00
7		Cash Carried Forward	19,351.17	20,000.00	-648.83
8		AMIAS Expense Reimbursement	122.25	0.00	122.25
9		<b>Total Revenue</b>	<b>23,809.59</b>	<b>44,000.00</b>	<b>-20,190.41</b>
10		<b>Total Income</b>	<b>23,809.59</b>	<b>44,000.00</b>	<b>-20,190.41</b>
11	Expense				
12	Delegate Fund				
13		WSO ETF	1,972.00	1,972.00	0.00
14		Extra Day	0.00	200.00	-200.00
15		Delegate Meeting	399.08	1,000.00	-600.92
16		Delegate Travel	118.51	800.00	-681.49
17		Delegate Miscellaneous	87.48	500.00	-412.52
18		<b>Total Delegate Fund</b>	<b>2,577.07</b>	<b>4,472.00</b>	<b>-1,894.93</b>
19	Working Fund Expense				
20		Archive Rent	135.00	1,000.00	-865.00
21		Area Travel Fund	84.14	2,000.00	-1,915.86
22		Communicator	11.66	200.00	-188.34
23		SSM Advance	0.00	1,500.00	-1,500.00
24		Assembly/AWSC Rent	109.98	4,400.00	-4,290.02
25		Insurance	0.00	1,700.00	-1,700.00
26		<b>Total Working Fund Expense</b>	<b>340.78</b>	<b>10,800.00</b>	<b>-10,459.22</b>
27	Assembly Allowance/Meal/Lodging				
28		Officers	198.59	2,000.00	-1,801.41
29		Audit/Budget	0.00	1,000.00	-1,000.00
30		Coordinators	458.57	3,000.00	-2,541.43
31		Past Delegates	180.40	1,500.00	-1,319.60
32		Regional Trustee	0.00	500.00	-500.00
33		<b>Total Assembly Allowance/Meal/Lodging</b>	<b>837.56</b>	<b>8,000.00</b>	<b>-7,162.44</b>
34	Officers Expenses				
35		Alternate Delegate	0.00	75.00	-75.00
36		Chairperson	0.00	200.00	-200.00
37		Secretary	0.00	50.00	-50.00
38		Treasurer	241.97	350.00	-108.03
39		AAPP Expenses	0.00	150.00	-150.00
40		<b>Total Officers Expenses</b>	<b>241.97</b>	<b>825.00</b>	<b>-583.03</b>

**Oregon Area Al-Anon Family Groups**  
**Expense & Income vs. Annual Budget**  
 January 1 through March 15, 2019

				<b>Jan 1 - Mar 15, 19</b>	<b>Budget</b>	<b>\$ Over Budget</b>
41		<b>Assembly Expenses</b>				
42		Assembly Workshops		0.00	600.00	-600.00
43		Membership Outreach		0.00	150.00	-150.00
44		Group Services		0.00	700.00	-700.00
45		Fellowship Communication		0.00	600.00	-600.00
46		Public Outreach		0.00	4,000.00	-4,000.00
47		Audit Budget Extra Day + Exp		0.00	150.00	-150.00
48		<b>Total Assembly Expenses</b>		<b>0.00</b>	<b>6,200.00</b>	<b>-6,200.00</b>
49		<b>Coordinator and Other Expenses</b>				
50		Alateen Coordinator Expenses		0.00	775.00	-775.00
51		Archives		9.25	75.00	-65.75
52		CPC		0.00	100.00	-100.00
53		Forum		0.00	80.00	-80.00
54		Group Records		0.00	50.00	-50.00
55		Literature		0.00	150.00	-150.00
56		Public Information		0.00	150.00	-150.00
57		Web Coordinator		119.40	400.00	-280.60
58		<b>Total Coordinator and Other Expenses</b>		<b>128.65</b>	<b>1,780.00</b>	<b>-1,651.35</b>
59		<b>Delegate Meeting</b>				
60		Alternate Delegate		437.21	1,000.00	-562.79
61		Past Delegates		1,387.03	1,500.00	-112.97
62		<b>Total Delegate Meeting</b>		<b>1,824.24</b>	<b>2,500.00</b>	<b>-675.76</b>
63		<b>Other</b>				
64		Task Force/Special Projects		0.00	50.00	-50.00
65		Alateen Sponsor Workshop		0.00	600.00	-600.00
66		Contingency Fund		0.00	1,000.00	-1,000.00
67		Equipment Supplies		12.99	100.00	-87.01
68		Handbook Update		0.00	150.00	-150.00
69		Transition Fund		0.00	300.00	-300.00
70		AMIAS Background check fee expenses		122.25	0.00	122.25
71		WSO Donation		0.00	400.00	-400.00
72		<b>Total Other</b>		<b>135.24</b>	<b>2,600.00</b>	<b>-2,464.76</b>
73		Ample Reserve		0.00	6,000.00	-6,000.00
74		<b>Total Expense</b>		<b>6,085.51</b>	<b>43,177.00</b>	<b>-37,091.49</b>
75		Cash Balance as of 03/15/2019		\$ 17,724.08	\$ 823.00	\$ 16,901.08
76		Ample Reserve		\$ 8,800.00	\$ 8,800.00	\$ -
		<b>Available Cash</b>		<b>\$ 8,924.08</b>	<b>\$ (7,977.00)</b>	<b>\$ 16,901.08</b>



Approved

## Literature Update

### January 2019 Literature Coordinator Update:

Dear Literature Coordinators,

Here's the latest update of literature news. Please feel free to pass this info on at Assemblies and via e-mail to District Representatives, Information Services/Intergroups, Website Coordinators and Newsletter Editors. Establishing an e-mail list of these members makes it easy to forward this information.

- **Welcome to New Literature Coordinators:** If you haven't reviewed the *Area Literature Coordinators* (G-6) Guideline yet, click here: [al-anon.org/pdf/G6.pdf](http://al-anon.org/pdf/G6.pdf). If you have any questions or comments for your fellow Coordinators, please post them here on the Literature Coordinator community of AFG Connects. If you have any questions regarding this site, please contact Annette Shorter at [Annette@al-anon.org](mailto:Annette@al-anon.org). If you have any questions regarding your role as a Literature Coordinator or about Conference Approved Literature, please contact Tom Coffey at [Tom@al-anon.org](mailto:Tom@al-anon.org). For those of you whose Areas have combined the positions of Literature and *Forum* Coordinator, please know that you should also be connected by now to the *Forum* Coordinator community of AFG Connects, where you will receive info specific to *The Forum*.
- ***Intimacy in Alcoholic Relationships*—Soon Available in French and Spanish:** Our newest book will be available in all three languages by mid-February. Priority order forms have already been posted to the Literature Distribution Centers on AFG Connects.
- ***Just for Tonight* Bookmark (M-81):** This new bookmark, approved by the 2018 World Service Conference and based on a popular sharing in *The Forum*, will be available in all three languages by early April. The bookmark, like the *Just for Today* Bookmark (M-12), will be ten cents each.
- **2019 CAL Catalog (S-15) and CAL Order Form (S-16):** These free service tools make great handouts at Assemblies to remind everyone of the wide variety of material available.
- **NEW DAILY READER (working title):** Sharings on the Steps, Traditions and Concepts of Service are still needed, as are ones that exemplify the wide variety of relationships and backgrounds of members today. Please continue to encourage members to write.
- **"CAL Corner":** Each month, the "CAL Corner" feature in *The Forum* includes members' sharings on how a particular piece of our literature has enhanced their recovery. The January articles feature *Intimacy in Alcoholic Relationships* (B-33). February articles feature literature about Al-Anon adult children of alcoholics. March's are about *Lois Remembers* (B-7), in celebration of her birthday.
- **Writing about CAL for Area Newsletters:** Please share what your Area is doing to spread the word about CAL or publish reviews of various CAL books and pamphlets in your Area newsletter.
- **Sharings needed for "CAL Corner":** We always need more sharings about how CAL has helped members with their recovery. Please urge members to write about *Opening Our Hearts, Transforming Our Losses* (B-29), *Intimacy in Alcoholic Relationships* (B-33), *...In All Our Affairs* (B-15), and *Alcoholism, a Merry-Go-Round Named Denial* (P-3) for its 50<sup>th</sup> anniversary. Please see the writing guideline for "CAL Corner" in the Guidelines & Procedures folder under the "Library" folders in the Literature Coordinator community.

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- **Exploring AFG Connects:** Please take time to search through the many existing documents in the Literature Coordinator community of AFG Connects—particularly the summaries of previous conference calls, Literature Coordinator Guidelines, Workshops, skits, and recurring questions from other Literature Coordinators. These are all found in the folders under “Library” in the community. To access the folders, click on the “Folders” icon (the small image of a black folder). If you have trouble locating these documents, or have any other questions regarding AFG Connects, feel free to contact Annette at [annete@al-anon.org](mailto:annete@al-anon.org).

Because your Assembly or Area World Service Committee meetings might not coincide with my postings on AFG Connects, please contact me anytime you need more information.

Yours in gratitude and service,  
Tom Coffey  
Associate Director—Literature

cc: Conference members  
Literature Distribution Centers



Links of Service Skit

SKIT

CHARACTERS
Announcer
Polly Ease
Don Rong
Yuna Right
GR (wears GR sign)
DR (wears DR sign)
Poster holders

(Underlined “CAPS” FOR EMPHASIS, THROUGHOUT)

**Announcer:** Here we are after the closing of an Al-Anon meeting in Anytown, USA. Let’s listen in to the meeting after the meeting, of the “We Ain’t Much, Al-Anon Family Group.”

---

**Polly Ease:** I feel uncomfortable saying the Lord’s Prayer. Al-Anon is not supposed to be a religious program. I’m going to call the WSO and tell them that THIS group is practicing religion.

---

**Poster Holder:** *Holds up a sign that says “Poor communication / Ineffective use of links of service?”*

---

**Yuna Right:** Well, I am sick of hearing Joe talk about his wife’s drinking each week! I’m going to tell the GR so she will tell him to shut up.

---

**Don Rong:** The GR probably won’t help you since you interrupted her report and told her we had NEWCOMERS who didn’t need to hear all that business stuff.

---

**Yuna:** Well, GRs ARE supposed to run the group, right? If she won’t deal with Joe, I’ll tell the DR, and he will tell her to fix it!

---

**Poster Holder:** *Holds up a sign that says “Poor communication / Ineffective use of links of service?”*

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**Polly:** Those newcomers won’t come back! Who wants to hear a GR go on and on about... about...??? What WAS she talking about, anyway?

---

**Don & Yuna:** *(shake their heads no)* I don’t know.

---

**Polly:** IF it was really important, we’d remember it... Can you believe what Joe’s wife did last week! I hope the GR will tell him to quit talking about his wife.

---

## Approved

**Poster Holder:** *Holds up a sign that says "Poor communication / Ineffective use of links of service?"*

---

**Yuna:** Well, I don't think the GR will do anything, because when I talked to her about Joe's problem, she said that, *(Fingers for parentheses)* "Each AI-Anon member has the responsibility to keep our meetings on track. I could lovingly share my feelings with Joe in private, and if that doesn't work, I could bring it up for discussion at the business meeting." She also said that the *(Fingers for parentheses)* "wisdom of the group" may help solve the problem.

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**Poster Holder:** *Holds up a sign that says "Poor communication / Ineffective use of links of service?"*

---

**Don:** The REAL problem is basket passing. The Seventh Tradition says we should be fully self-supporting, and how can I support myself, by giving my money away? Doesn't anyone follow the Seventh Tradition anymore? I'm calling the GR to tell her how the Seventh Tradition SHOULD be applied. If she won't help, I will call the DR! *(louder)* or the Delegate! *(louder)* Why, I'll even call the WSO!

---

**Poster Holder:** *Holds up a sign that says "Poor communication / Ineffective use of links of service?"*

---

**Yuna:** Let's get together next week after we have contacted everybody, then we can set things straight.

---

**Don and Polly:** Okay! *(Thumbs up gesture!)*

---

**Poster Holder:** *Holds up a sign that says "Poor communication / Ineffective use of links of service?"*

---

**Announcer:** Meanwhile the GR talks with the DR to discuss her group's problems.

---

**GR:** *(Biting her nails)* I had all kinds of good information to share with my group and they just *DON'T* want to hear it. I don't know what to do... *(spits a nail out)*

---

**DR:** Well, I did get a call from Yuna who complained about a member who talks about his wife's drinking every week. *(Holds up his finger for a thought)*  
I have an idea! Let's add this to the agenda for the district meeting and see what experience, strength, and hope the other GRs can offer.

---

**Poster Holder:** *Holds up a sign that says "Effective communication and use of links of service."*

---

**Announcer:** At the district meeting, our GR shares the problems she is having, and the other GRs offer their experience, strength, and hope. Let's listen in after the district meeting is over to see what she has learned...

---

**GR:** *(biting nails)* I came to this meeting thinking I would quit as GR! The members of my group don't want to hear any news or announcements, they just want me to solve their grievances with other members, and to tell me how to run the group. There is one member who thinks the Seventh Tradition is being abused. I liked that another GR suggested that I ask him to chair a meeting on the Seventh Tradition. The district meeting really helped because other GRs shared how they have handled group problems similar to the ones in my group. I'm nervous but I am going to try their suggestions. *(Spits out a nail)*

---

**DR:** You could invite your members to come to a district meeting or Assembly. Then they'll see that a GR is elected to be the group's voice, and that AI-Anon is bigger than their one little group.

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**Poster Holder:** *Holds up a sign that says "Effective communication and use of links of service."*

---

**Announcer:** One week later, the three amigos get back together to discuss how their calls went.

---

**Polly:** I called the WSO about our group saying the Lord's Prayer and THEY DIDN'T TELL ME WHAT TO DO!

---

**Poster Holder:** *Holds up a sign that says "Poor communication / Ineffective use of links of service?"*

---

**Yuna:** You CAN'T be serious!!!

---

**Don:** I thought they were there to help us!

---

**Polly:** Well, the lady I talked to DID make a few suggestions... something about using a *Service Manual* and working toward unity. She asked if my group had a GR. I thought she would tell me to let the GR handle it, BUT NO! She said I could ask the GR to bring it up at a business meeting and that way we could let the group decide by having a group conscience.

---

**Don:** OH, FORGET THAT STUFF! I called the GR about what is really important, which is MONEY! I told her that everyone is passing the basket and they are now asking for a quarterly donation, and on top of that, they want a donation for the convention! It is purely an abuse of the Seventh Tradition!

---

**Yuna:** What did the GR say?

---

**Don:** She asked me to CHAIR A MEETING on the "Seventh Tradition." GET THIS! She said that Al-Anon doesn't need ONLY our money, they need US! They need us to share what we have learned and what has helped us in Al-Anon. They need us to be active and serve the other members of our groups!

---

**Poster Holder:** *Sign that says "Effective communication and use of Links of Service"*

---

**Yuna:** Well there you go! If you take your problems to someone else, they just give you something else to do. What should we do now?

**Don:** OH!!! That's not all! She invited me to come to the district meeting and to the Assembly!

---

**Polly:** "What's Assembly?"

---

**Don:** Assembly is like a district meeting only bigger, where the GRs from the whole Area go to do business and to discuss and solve problems.

---

**Polly:** How can THEY solve problems? They can't even help us with our own problems!

---

**Don:** Well, it is kind of organized like this: (Holds up a *Service Manual*, opens to page 186 which all group members look at) Our group elects a Group Representative called a GR, who represents our group and attends district meetings where all the GRs elect a District Representative called a DR. The DRs goes to an Area meeting called Area World Service Committee, or AWSC. The GRs go to an Area meeting called the Assembly and there, the GRs elect a Delegate who represents all the GRs in their Area at a really big

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meeting called World Service Conference or WSC. That is where the big decisions are made by Al-Anon's largest group conscience.

---

**Poster Holder:** Sign that says "Effective communication and use of Links of Service"

---

**Polly:** That sounds really complicated.

---

**Yuna:** Well, maybe we should go to those meetings, that way we can say we tried it and it didn't work.

---

**Announcer:** Several weeks later, after more gossip and emphatically voicing their grievances to various trusted servants, our three amigos reluctantly took to heart the guidance they received and they -- (wait for it) -- ATTENDED THEIR AREA'S ASSEMBLY!!! (Gasps!)

There, they experienced the LINKS OF SERVICE in action: they saw CONFLICTS being resolved using the spiritual principles of equality and respect! They saw members talking things over and reasoning them out using loving interchange (Ooooh!)

They witnessed how KNOWLEDGE-BASED DECISION-MAKING could help trusted servants avoid many pitfalls (Aaaah!)

And they saw their GR participate in an effective GROUP CONSCIENCE complete with expression of a MINORITY OPINION (Ohhh!).

Let's join our newly-enlightened members to see how they are processing all of this new information....

---

(All three enter with eyes wide and mouths open)

---

**Poster Holder:** Sign that says "Effective communication and use of Links of Service"

---

**Polly:** Wow, they sure covered a lot of territory at that Assembly meeting. Who knew there was so much information to be shared between our Tuesday night meeting, the district, Area and the WSO in Virginia Beach?? Now I think I understand a little better about UNITY, connecting to our LINKS OF SERVICE, and using the SERVICE MANUAL to reason things out with one another in our group.

---

**Don:** Yeah, the GR referred me to the Fourth Tradition which talked about our group's AUTONOMY and how we were "autonomous except in matters affecting another group or Al-Anon or A.A. as a whole." I'm not sure I understand that, but it sounds good!

---

**Yuna:** I got the impression some of those GRs, the DRs, and that Delegate-person might be able to shed some more light on it for us.

---

**Polly:** And did you guys hear that we are also invited to DISTRICT meeting?

---

**Don:** OH, NO! More basket-passing!

---

**Yuna:** Now, Don... remember the SPIRITUAL PRINCIPLE OF ABUNDANCE.. and that without our contributions, WSO wouldn't be able to help other people like us.

---

**Polly:** And remember OUR PRIMARY PURPOSE...we can't welcome and give comfort to families of alcoholics if we can't pay our meeting room rent!

---

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**Yuna:** Yeah, and we should send our GR to the next Assembly! She might just bring back some more helpful information... I just hope it doesn't take up all of our meeting... Oh, never mind!

---

**Don:** True...after I chaired a meeting about the Seventh Tradition, I did realize that we have to be responsible for ourselves and our meetings. After the Assembly, I looked over the Budget Reports, and it does seem that the WSO is using our funds wisely and accounting for every penny. Hey, wasn't TRUST one of those SPIRITUAL PRINCIPLES?

---

**Polly:** Yes, it was. I think I could bring up the Lord's Prayer issue with SPIRITUAL PRINCIPLES like OPEN-MINDEDNESS and PRINCIPLES ABOVE PERSONALITIES in a way that might be productive at our next business meeting.

---

**Yuna:** *(sighs)* You know? I could use MUTUAL RESPECT, UNDERSTANDING, AND COMPASSION when Joe goes on and on about that wife of his...and you know what? I am really starting to like our GR!

---

**Don:** I liked the free lunch at Assembly! Maybe I could just tag along.... Hey, is the Group treasurer's position still open? You know, contributions don't just mean, "Send money." It means we SHOW UP AND SERVE!

---

*(Group wanders off-stage)*

---

**Announcer:** No one's been cured yet, but they are definitely on their way to a deeper recovery through Service! Meanwhile...

---

**DR:** I was really happy to see some of your members at the last district meeting.

---

**GR:** Me too! I was so worried that I wasn't a good GR, and I was so nervous that I was about to quit. But now, I am glad that I didn't quit, because I feel such a part of my group and I also feel very loved! Hey, I even quit biting my nails! *(Holds up hands, spreads fingers)*

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Links of Service Handout

**Task Force: Communication & Strengthening the Links of Service**  
**HANDOUT**

**List of Spiritual Principles** (there are others!)

Abundance	Group conscience	Patience
Acceptance	Honesty	Presume goodwill
Attraction not promotion	“Keep an Open Mind”	Principles above personalities
Autonomy Balanced with responsibility	Keep the AI-Anon focus	Reasoning things out with each other
Common bond	Knowing our roles	Singleness of purpose
Compassion and understanding	Kindness	Surrender/Trust
Courage	“Let it Begin with Me”	Tolerance
Equality	Listen	Trust my Higher Power
Forgiveness	Mutual respect	Unity
Freedom	Open mindedness	Willingness

**Some suggestions for communicating using Spiritual Principles & encouraging use of the Links of Service:**

**Abundance**

- Highlight the many resources available through the Links of Service.
- Encourage your Areas to use Past Delegates as a resource; these folks are trusted servants who can offer us their knowledge, experience, and broad perspectives.

**Acceptance**

- Expect questions and be ready to support anyone who asks a question.
- Share your experience, strength, and hope with breakdowns and successes in utilizing the Links of Service, as a reminder to everyone that we are all humans doing the best we can.

**“Let It Begin with Me”:**

- Model the behaviors you hope for others to learn (ex: using Links of Service, beginning conversations with a base of spiritual principles, referring to the *Service Manual* and Conference Approved Literature (CAL) for conflict resolution).
- Share your experience, strength, and hope with using spiritual principles for conflict resolution: How did you first discover this approach? How did it feel the first few times you tried this new way of interacting?

**Knowing Our Roles:**

- Practice Concept Ten by pausing before responding to questions, in order to allow the person currently serving in the most direct Link of Service to act as the resource to the member with the question.

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### **Listen:**

- Seek to understand rather than to be understood.

### **Mutual respect:**

- Be present at group, business, district, and Assembly meetings and LISTEN to what others have to say before sharing words of “wisdom.”

### **Open mindedness:**

- Ask and invite members to share their thoughts, ideas, and concerns about their personal experience with the AI-Anon program and respond with humility, patience, and sincerity.

### **Presume goodwill:**

- Begin by setting the tone, reminding all who participate that we can Presume Goodwill.
- Incorporate the Conflict Resolution Toolkit into group and District Meetings BEFORE conflicts arise.
- Use an accepting and inclusive tone when approaching conversations involving conflict.

### **Principles above personalities:**

- During district and Area discussions, agree beforehand to allow the trusted servant whose function is most closely related to the question at hand to respond (ex: questions about money are referred to the Treasurer; questions about WSO functions are referred to the Delegate).
- Identify the spiritual principles relevant to the conversation, research them through CAL, and focus comments on the principle rather than on the individual.

### **Unity:**

- Frequently revisit the “WE” in our program – we do not ever have to do it alone in any level of Service!
- Refer new or potential trusted servants to local job descriptions for service positions, as well as the *Service Manual*.
- Reach out to members who are new to their service positions, just as we reach out to newcomers in our meetings, to encourage Service Sponsorship, and to guide them gently in the direction of the person in the Link of Service who can best help them.



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Links of Service Workshop

**Task Force: Communication and Strengthening the Links of Service**  
**WORKSHOP**

**Purpose:**

An exercise to encourage trusted servants to use spiritual principles as guideposts in communicating, while empowering the membership to use the links of service and make their needs known.

**Workshop Materials:**

Provide each small group with:

1. A copy of this Workshop Outline, including Challenges (below).
2. *Using Al-Anon Principles to Resolve Conflicts* Kit (K-70).
3. *The Al-Anon/Alateen Service Manual*.
4. The Task Force Handout (attached) which includes a chart of spiritual principles and effective communication suggestions.

**Directions:**

Divide the participants into nine small discussion groups.  
Cut problems into strips (see next page).  
Each group will draw one problem from the basket.

Using the workshop materials (above) and focusing on the spiritual principles, your task is to choose one or more of the “Challenges” and to discuss how it could be used to address the group’s selected problem.

**Challenges:**

- How can a Trusted Servant empower the group to address this problem keeping the spiritual principles in mind?
  - Think about the difference between “Chains of Servitude” and “Links of Service.” Is it the presence or absence of spiritual principles? Use this difference in solving your problem.
  - How can I communicate more effectively using spiritual principles?
  - What spiritual principles have been addressed or overlooked in this scenario, and how can I introduce pertinent spiritual principles into the discussion?
5. How can I help resolve a dispute or hostility using the spiritual principles provided in the Conflict Resolution packet?

**Problems:**

My group does not want to hear the business discussion or announcements. They are always anxious for the meeting to start. I feel uncomfortable trying to share Area or district news with them, what should I do?

There are members of my group who are dominating. Sometimes they are bossy and even give advice. I told my Group Representative but she didn't do anything, so I am thinking of calling WSO.

A member is unhappy with other members in his home group who often share about their membership and experiences in another Twelve step program. This home group member has voiced his concerns to his Group Representative, but it went no further. In frustration, the home group member sent an e-mail directly to WSO to ask for guidance.

A member of Al-Anon who is also a member of A.A. showed up at the district meeting. He wanted to announce a new group, though he was not a Group Representative. He did not know who has voice and vote, and spoke out of turn. Several people got upset afterwards with the District Representative. They are threatening to step down from being Group Representatives.

I make copies of the *Area Highlights*, *Group e-News*, and the *Area Newsletter* and bring them to the group, but somehow no one is willing to look at them or see any value in them.

At my Area Assembly, it was suggested that the Group Representatives share with their groups the importance of financially supporting the WSO. I feel we are not doing our part. How do I share this with my group?

My District Representative does not go to the Assembly, and has even discouraged the Group Representatives from going. He is very active in planning local events, often to the point of dominance. What can I do as a Group Representative?

Every quarter, WSO sends a letter to be read at meetings, called the Quarterly Appeal. The suggestion is for this letter to be read at two consecutive meetings. After reading it at one meeting, the treasurer of the group announces that she doesn't want to take up any future meeting time, so she won't read it again.

Area job descriptions including eligibility, qualifications, skills, responsibility, time, and travel commitments are available to all members willing to stand for Area positions. After just a few months in the new position, the member is not responding to any correspondence, attending Conference calls, or fulfilling the responsibilities of the position.

### Leadership Workshop Report Backs

- Leadership quality the group focused on – Judgement; Answered Question - C; Highlights of the group discussion – Not judging ourselves or being critical of ourselves, taking personal inventories, keeping the focus on ourselves reminds us to think before speaking, listen with an open mind, principles above personalities and Listening and staying focused on our primary Purpose.
- Leadership quality the group focused on – Judgement; Answered Question - D; Highlights of the group discussion – What are the differences between disconcertment and criticism. Bring back all information without putting my personal beliefs, this is a personal choice of each individual. Leadership is not control, be constructive without controlling. The power of the pause.
- Leadership quality the group focused on – Judgement; Answered Question - C; Highlights of the group discussion – We want to be treated the way we treat others. Set aside or own personal feelings/opinions. Principles above personalities, having patience and being respectful. Defining boundaries creates growth with confidence. Personal growth allows for greater understanding when others opinions/feelings differ from my own. Knowing that I don't have to be right about everything. Focusing on self, will come though service. Bill W's essay on leadership P. 196 in our Service Manual. Service of the greater good.
- Leadership quality the group focused on – Flexibility; Answered Question - D; Highlights of the group discussion – Be strong, but be flexible, being open minded, others have different experiences, listening without judgement – open ears, allow space for new ideas, I can be adaptable without being spineless.
- Leadership quality the group focused on – Flexibility; Answered Question - D; Highlights of the group discussion – Family Dynamics – How our parents parented and how we do it now. Controlling/Patriarchal Parents – More Cooperative w/ kid Importance of Respect/Listening. Learned flexibility in these rooms. Leadership with set boundaries but genuinely respected/love. To be a good leader earn respect of people we want to loud.
- Leadership quality the group focused on – Flexibility; Answered Question - D; Highlights of the group discussion – Can be flexible, but sometimes no one listens or understands (Boundaries) Boundaries can change, listen, change, trust, can be with children, bosses, management, friends and family can be flexible adaptable but not spineless when not everyone is flexible. Have a vote.
- Leadership quality the group focused on – Flexibility; Answered Question - D; Highlights of the group discussion – Principles above personalities helps us to be flexible – Every strength is a weakness.
- Leadership quality the group focused on – Tolerance; Answered Question - B; Highlights of the group discussion – Not tolerating/accepting the unacceptable, being patient, spiritual & presume goodwill. Links of Service, Call on H.P turn it over, AI-Anon Conflict Resolution, Use Literature and Tools Traditions and Concepts. Group Conscience about a topic/challenge/liability. Group Inventory, Delegate responsibility – Ask for help, acceptance just as we are.
- Leadership quality the group focused on – Vision; Answered Question - C; Highlights of the group discussion – Sometimes I can be focused on what other people think or feel that I am not as open to others point of view. By being less focused on what people think about me. I can hear the viewpoints of other and come up with more of a group conscience. Having confidence in myself helps me to feel more worthy, to be a part of something bigger than me, to have a way to express a vision. Vision is not management. Vision is the ability to see without judgement and expectation. Vision is inclusive, being able to see what other people are seeing. It's having faith and trust in vision. A leader helps to bring a group together towards a vision.

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- Leadership quality the group focused on – Flexibility; Answered Question - A; Highlights of the group discussion – The definition of flexibility, it ties into my fear of losing control and that I’m holding onto my “thinking, feeling and being.” If I let go of my way of thinking it may reveal that I’m not enough or that I don’t have what it takes to be successful. Working with what we have is the necessity. Being flexible means being open and willing to change.
- Leadership quality the group focused on – Stability; Answered Question - C; Highlights of the group discussion – Strive to be in the present, reliable, focus on the present moment, planning for stability in presence, can’t change past. In present we can have safety, enjoyment.

Public Outreach Workshop

Public Outreach Workshop  
March 2019 Assembly  
Phoenix, OR

**Opening:** Introduce ourselves and our positions (3 minutes)

**Joan F.,** Cooperating with the Professional Community (CPC)

CPC serves as a liaison for the Oregon Area between Al-Anon (Area and WSO) and practicing professionals (such as the court system, doctors, counselors and others) who deal with or provide treatment for Al-Anon members (or their families). (OA Handbook)

**Dawn B.,** Public Information Coordinator (PI)

The primary duty of the Public Information Coordinator is to keep in touch, with the Area Delegate and all Al-Anon members doing Public Information work in the Area, and to act as Public Information liaison among local groups and between local groups and the World Service Office. The Public Information Coordinator follows through on projects initiated by the Public Information Committee at the World Service Office. (OA Handbook)

**Goals of Workshop (3 minutes) JOAN**

1. To encourage all members to carry Al-Anon's message of help and hope with friends and family members of Alcoholics who are still suffering
2. To increase understanding of Attraction -vs- Promotion and Affiliation -vs- Cooperation (PS40)
3. Share Public Outreach resources
4. To encourage District participation in April's Alcohol Awareness Month

**Why is Public Outreach important? (2 minutes) Dawn**

An excerpt from the 1966 World Service Conference statement on public relations states that: "...if Al-Anon is to continue to exist, **it must** continue to grow. There is no standing still without retrogression (*side note: retrogression is the process of returning to an earlier state, typically a worse one*). **Al-Anon MUST** continue to grow if it's going to fulfill its primary purpose of reaching millions who need Al-Anon's help but who are not yet aware of the existence of our fellowship..." 2018-2021 SM pg. 117

Public Outreach (PO) **is critical** to the existence of Al-Anon – it is not optional!

**Why participate in public outreach? (2 minutes) Dawn**

1. Because it's part of Step 12 in which we are asked to carry this (The Al-Anon) message to others as we continue to practice the program on an ongoing basis.
2. To strengthen personal and group recovery.
3. To receive personal gratification by knowing that someone may find the help and hope they desperately need through **your** PO efforts.
4. To contribute to the existence of Al-Anon.
5. To give back to Al-Anon for all you have received.

It is important that we carry the message within Al-Anon's Traditions. Let's say Tradition 11 together "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, and TV. We need guard with special care the anonymity of all AA members." Tradition 11 gives us guidance for doing public outreach outside the

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group and it's important that we understand the guiding principles in this tradition. Next, Joan F. will help shed some light on Attracting -vs- Promotion and Cooperation -vs- Affiliation.

### **Attracting and Cooperating -vs- Promotion and Affiliation (15 minutes) Joan with Dawn assisting**

- Joan introduces game: "Which is it...Attraction or Promotion??"
- Pass out signs: Attraction and Promotion, one/table.
- Joan reads one of the FAQ's and asks each table to come to a consensus on whether or not the statement read by Joan is Attraction or Promotion.
- Dawn will time 2 minutes for each table to come to consensus, after which Dawn will ask each table to hold up either the attraction or promotion signs.
- Joan reads the answer from the pamphlet S40...repeat process.
- Joan points out that "This pamphlet also clearly defines the differences between affiliation and cooperating and that this pamphlet will be given to all assembly members."

### **Public Outreach Resources (10 minutes) DAWN**

1. "Best of Public Outreach" (pg. 18 list of resources)
2. Pamphlet S40
3. AFA
4. Service Manual (pp 117-124)
5. WSO website

### **April Alcohol Awareness month- sharing and brainstorming (7 minutes) JOAN**

1. What are Districts Planning to do? (come to microphone)
2. What could Districts and/or individuals do?

### **Conclusion: (3 minutes) BOTH**

1. If you are interested in serving on a Public Information or CPC committee, please provide your name, district, email address and phone number. (pass out signup list)



**District Reports:**

**District 1: Julie S. District 1 DR**

Highlights of What's Happenin' in District 1

- January marked the start of the beginning of our annual fundraising effort. It is a group effort with all our Al-Anon groups in making a large size quilt for the Alcoholic Anonymous sponsored North Coast Roundup in April. Individuals from each of our meetings add their creative touch to a quilt square. In March, we all meet for a day of fellowship and a District meeting and wrap it up at the end of the month at another meeting. Typically this creation makes about \$500 - \$700 each year.
- During our last election process, we had people stand for all positions at the district level. It is exciting that people want to volunteer for positions. We have established a theme/project for each meeting for the year.
- As a district, we are working towards greater participation at the Area level.
- A few of our meetings are growing, while one or two are struggling. All in all, we have eight meetings. This past year we saw a long time meeting in Svenson close.

**District 4: Loretta P. District 4 DR**

We have a great district, we are all new and trying to learn what we're doing. We still have a few positions open but hope to fill them soon. We just had Soberfest and it was a success, thanks to Dawn who was in charge and did a great job. We as a group are trying to set goals and still talking about having a Gypsy Meeting, Walk-A-Thon meeting, and/or a Summer Bar-b-que. We are talking about hosting an AWSC for our first year and maybe an Assembly for our third year. We are talking about trying to get more GR's to show up at the District Meeting or just get GR's for each meeting. We are on a great path with high hopes.

We have 19 groups and 13 GR's. Our District covers Marion and Polk Counties including Salem, Dallas, Aumsville, Stayton, Silverton and Woodburn.

**District 5: Meredith D. District 5 DR**

District 5 has a meeting every day, but every city may only have one per week.

Al-anon meetings:

Bend (10), Redmond (2) Sisters (2), Prineville (1), Sunriver (1), Burns (1), John Day (1)

Most meetings are book study or open sharing; however, we have a women's writing group, speaker meeting, 12 n 12 and new comer's meeting.

Alateen meetings:

Bend (1), Prineville (1)

Alateen was invited by the school district to bring Alateen into the Bend-La Pine schools. The details are being discussed and new AMIAS are needed.

We just completed our annual spaghetti feed fund raiser, "The Heart of Our Program" it has a 50-50- raffle, silent Auction items, desserts and table centerpieces for sale. 3 speakers, Alateen, AA and Al-anon. This is the first time we had a Central Oregon speaker for Alateen. The proceeds were \$2,000 +/- . We just got a request for the possibility of a Spanish speaking meeting in Redmond.

## Approved

We are healthy and groups are growing, new people are coming to meetings. We have good cooperation with AA.

### **District 6      Lee Ann T. District 6 DR**

District 6 held elections in November and were able to fill most positions except the position I was leaving – Treasurer, District Representative along with Website Coordinator and Alateen Coordinator.

In December, I volunteered to serve for 3 months to allow the search for a new D.R. to continue. Shortly after, a past treasurer agreed to serve temporarily as well. I dithered a couple more months and finally in March, stood for the 3 year term and was voted in. I share this because I know that getting people to serve can be challenging I encourage District to not give up and ask for the Higher Power's help to find creative solutions.

In late December, our Literature Depot was evicted from or location after 11 years in the same spot. Change is always challenging and in this case, we had 5 weeks to vacate or premises. A search committee formed and determined we needed more time to find a new space. We had to close the Literature Depot and put everything in storage. Our search committee has been tireless and looked at everything that met our criteria. Next week on Tuesday, the Eugene Literature Depot will re-open in our new location at 1376 Olive St. in Eugene. Watch for more information about an Open House and Grand Re-Opening Celebration.

In other group news we have goods and bads.

Good: District 6 hosts a monthly Breakfast Potluck meeting on the 1<sup>st</sup> Saturday of the month. Groups take turns finding speakers (Usually Al-Anon, and AA, sometimes Alateen) on a panel. This meeting is well attended and going strong. Recent topics have been "Intimacy" and "Young People in Al-Anon."

Bad: The oldest meeting in Eugene, the Thursday Night Friendly meeting has been forced to close due to lack of attendance. I am personally sad to see this meeting close because it was the first meeting I attended so many years ago. It was started by 2-old timers, long time members that some of you knew, Mayme S and Phyllis Q. who have now passed on, District 6 still cherishes their legacy.

Looking to the future, District 6 will be hosting our 3<sup>rd</sup> Annual Family Recovery Potluck Picnic on August 17<sup>th</sup>. Flyers will be distributed in July. The food is great, we have speakers and activities and a great recovery band to keep things hopping. I hope to see you there!

### **District 7:      Michael B. District 7 DR**

- 1) Acknowledgement of all the members traveling to Medford to support District 7 hosting the Area Assembly.
- 2) Acknowledgement of District 7 Assembly planning committee for all of their work in planning and work putting on the Area Assembly.
- 3) Alateen progress in District 7.
  - a. New Alateen Coordinator: Kathy D.
  - b. Tuesday Night Alateen Meeting
  - c. C: Oregon Youth Authority Alateen Meeting
  - d. 2-Alateen meetings at local High Schools
  - e. 1-Alateen meeting at a Local Middle School

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- 4) Facilitate and Support the creation of systems of communication and vision to empower GR's that will benefit all members.

### **District 10: Stephen Y. District 10 DR**

Greetings from District 10.

My name is Stephen, and I am the new DR for District 10. I am a grateful member of Al-Anon and very excited to start this Panel with you. As I begin this journey with you, I know that service furthers my recovery from the effects the disease of alcoholism has had on my life.

I welcome the new GRs in our District, and ask my higher power for the wisdom and guidance to be of service to them and my District. I know I will gain more listening to them than they may receive from me.

Our District held a very successful Fundraiser on March 2<sup>nd</sup>. The theme was 'Leap into Recovery'. The highlights of our evening were bingo games and three excellent speakers. We had approximately 80 participants, and we were able to raise \$1150. This was exceptional given that our revenue line item in our adopted budget was only \$700. Additionally, one of our groups did a collection and sent us a check for \$150. These funds were very much needed, as our District balance had dropped just below our prudent reserve at the beginning of this year. We will now have funds to meet all our expenses and to do public outreach projects.

One of my goals for the next 3 years is to keep a focus on Alateen. I am now an AMIAS, and I plan to visit our Alateen meetings and encourage their participation at the District and Area level. I would like to see us develop an outreach project that will help encourage our Alateen membership to grow. I look forward to working with our Area Alateen Coordinator and AAPP.

During the previous Panel, our District was part of a project to bring Al-Anon awareness to the public with a Tri-met bus campaign, and I am pleased to say that Tri-met has continued to keep some ads going long after the funded period ended. Thank you, Deanna and our previous GRs.

### **District 11: Lydia District 11 DR**

District 11, the smallest district in Oregon, has 12 active meetings, including one men's group, one Spanish speaking group and a young person's group. The District Rep has visited 7 of those groups so far and contacted the others to confirm that they are still active and to update contact information in Group Records.

Our district has grown from 2 Group Representatives and a Treasurer in January, to having a District Representative, a Secretary & Treasurer, and 4 Group Representatives who are represented today. I have confidence that with some more encouragement, the number of Group Representatives will increase.

There is interest in having an Alateen meeting in our district and we will be looking into what it would take to start one. Hopefully we will be able to get direction from the person who steps up to be the new Alateen Coordinator.

We may be the smallest district in the area, but we're overcoming our size with our enthusiasm! Plans are well underway for this year's Chili Cook Off, with coordinators and additional volunteers from the groups. There'll prizes be for the chili contest winners, speakers and a \$1 jewelry sale. (flyers are in the district folders) We are hoping this will be even bigger and better than last years, which was a big success.

### **District 13: Cindy G. District 13 DR**

## Approved

District 13 has 5 active Al-Anon groups.

All have a core of active members and are doing well. Each group welcomes newcomers - some of whom do not return and some of whom become active members.

One of our groups (SoCo) has changed their meeting day from Tuesday to Wednesday and that is working out well for them. Only 2 of our Group Reps are able to attend the Assembly this weekend. Kristie from Easy Doers and Diane from Tuesday Brown Bag. I'm sure you will all make them welcome.

Unfortunately I am not able to attend the Assembly. I have bronchopneumonia and have promised my doctor to be a good girl and take care of myself...I'm sure there's several Al-Anon words of wisdom which apply here.

### **District 14: Nancy P. District 14 Alternate DR**

We had a game night last April. It was fun but our numbers are dwindling so we haven't done any fundraisers lately.

We do have a new panel and all positions are filled – DR., Alt DR., Secretary, Treasurer, and Newsletter Person. We have 6 meetings (1 brand new), 4 GR's. One AMIAS! We are looking for 1 more so we can start an Alateen Meeting.

We want to get back to fundraisers ideas so far are garage sale in June bottle collection, dinner night (Chili?) with Karaoke in the fall. We are hoping for more AA participation, which we've had in the past. Our new DR, Teryson, has been attending the monthly AA Business meetings so we're hoping for more interaction.

Our bus ad was started in February. We're hoping to see it as the buses pass by. We all keep looking for it!

Our District stepped up to host the 2019 November Assembly in Roseburg, even though we are from Klamath Falls. There has been a change of plans and more information on location and hosting will be coming.

### **District 16: Kory S. District 16 DR**

As the District Rep of District 16, I'm trying some new things this year.

Free Voicemail

We have a new voicemail number through Google Voice which is free since we don't have a lot of money in our treasury so that people can get reliable meeting information and have questions answered if necessary. Google Voice came with the new district 16 email address we got through Google.

Fellowship Gatherings

We've started fellowship gatherings every other month--whatever month we don't have a District Meeting. The first fellowship gathering was at a member's house in Albany. We had a small potluck and did some art together with collage. The focus was on what we'd like to see more of in our recovery. It was a really sweet event and felt welcoming and comfortable.

District Survey

We have four groups in District 16. The Corvallis group is the biggest with membership swelling to between 20-30 people in the winter months. It has all of the service positions filled. The Albany group also has a GR and some dedicated members who do service to the group, but has otherwise minimal attendance. Two other groups don't have GR's, so in order to feel more in touch with the members in District 16, I put out a survey about what kinds of fellowship events people would like to go to, what kinds of meetings they might like to try. I received about 10- back in the mail, so we'll look at the results in our next district meeting. An outdoor fellowship gathering--either a hike or walk in nature, is next on

## Approved

the agenda weather permitting.

AA Liaison

We are looking at creating a new district service position: AA Liaison since I learned at the AWSC last month from Judy J. that some districts have this position to help cooperate with local AA. So I've contacted our local AA District and hopefully soon, we'll have permission to attend their district meetings.

Stay tuned. I'm excited about helping District 16 build strength in recovery one day at a time.

### **District 17: Rita S. District 17 DR**

Hi. I'm Rita, the DR for District 17.

First, I feel so lucky to have the team of people we have in service at the District level in District 17. We are all learning our new roles, but I feel such a willingness to be of service among the GR's, Alternate GR's, and district position holders. I'm lucky for the groundwork that has been done by the people who served before me, and who continue to support our district and teach us and support us. Thank you!

We have had great participation at the 3 District meetings we have had so far, with around 20 people present at each meeting. We've had several Alternate GR's attend the District meetings along with their meeting's GR's. I see how this encourages real partnership between the 2 roles.

We have 20 Al-Anon Family groups in our district, 2 of which are Spanish speaking. We also have 2 Alateen meetings that meet weekly in our district. There are 6 of the meetings that don't have a GR yet, but several of them do have a contact person. We have a newcomer's meeting that meets weekly. The Al-Anon groups in our district take turns leading the series of 4 newcomer meetings. We also have a Manual Study group that meets the first Saturday morning of the month for a potluck breakfast.

Our district has been busy these first several months planning for the July Assembly. We have secured a venue at the Clackamas Community College in Oregon City, that I think will be comfortable and spacious for our meeting. More information about this will be shared later in our Agenda. We also have a committee that has been planning our annual fundraiser for the Area Information Service Office which we call the Spring Fling. The theme this year is Spring into Recovery: Let it begin with me. It will be held the last Saturday in April, and will include a speaker panel representing an AA speaker and Al-Anon speaker, and an Alateen member.

Additionally, we have a very motivated AA Liaison person, who has worked with the AA District 15 in planning a combined daylong event in July at Barton State Park. She has also been taking Al-Anon pamphlets to their monthly meetings to help inform their group's members more about the Al-Anon program.

This is the first time in several years that we now have a Public Outreach Coordinator. She formed a committee to help with public outreach planning and implementation. She has been organizing volunteers to work at a health fair at the Red Lion at Janzen beach April 16-18. We also had a couple of volunteers who helped to staff the Al-Anon information table at the Wellbriety Native American Conference last weekend. Additionally, we have been providing speakers to attend Northwest Treatment Center meetings to share our personal Al-Anon stories.

I think we have had a good start, and look forward to hosting the Assembly in July, and meeting again with all of you there!