

Oregon Area AFG Assembly - Hosted by District 7
Hiton Garden Inn, 100 Welcome Way, Medford, OR

Join on Zoom: Meeting ID: 852 2566 9197 Passcode: Concept4 (open at 8:00am)

March 16 & 17, 2024

Saturday Agenda Note: Agenda items may be moved from Saturday to Sunday and vice versa

Start: 8:30am Serenity Prayer, welcome, housekeeping – Dawn

- ▲ 12 Traditions – Volunteer, Rebecca GR 10
- ▲ Participation guidelines – Dawn Went thru the guidelines.
- ▲ Roll Call – Bunny, (EL = zoom)

▲ **OFFICERS**

- ▲ Delegate, Joanne C.
- ▲ Alt. Delegate Stephen Y.
- ▲ Chair Dawn B.
- ▲ Secretary Bunny G.
- ▲ Treasurer Barb B.
- ▲ AAPP Mary W.

▲ **AUDIT BUDGET**

- ▲ Audit Budget 1 Linda S EL
- ▲ Audit Budget 2 Bonnie W.
- ▲ Audit Budget 3 Sue M.

▲ **LIAISONS**

- ▲ AIS Portland Barb B.

▲ **COORDINATORS**

- ▲ Alateen Kathy K.

- ▲ Archives/ Communicator Nancy
- ▲ CPC/P.I. Maureen C.
- ▲ Forum/Literature Annie M. EL
- ▲ Group Records Meredith
- ▲ Website/Technology Trish B.

▲ **DISTRICT REPS**

- ▲ District 1
- ▲ District 2
- ▲ District 3 Tuane GR EL
- ▲ District 4 Linda Alt.DR EL
- ▲ District 5 Milton EL
- ▲ District 6 Ree Mc EL
- ▲ District 7 Marvalee EL
- ▲ District 8 Michelle EL
- ▲ District 9 Meladee

- ▲ District 10 Gayle S.
- ▲ District 11 Patrice M.
- ▲ District 12 OPEN
- ▲ District 13 Martha
- ▲ District 14 OPEN
- ▲ District 15 OPEN
- ▲ District 16 OPEN
- ▲ District 17 Emma
- ▲ District 18 Bonnie
- ▲ **Past Delegates**
- ▲ Bunny Panel 38,
- ▲ Judy Panel 41
- ▲ Katie W Panel 59

- ▲ Reports, 25 min.
- ▲ Poll Everywhere attendance and training – Trish., Attendance 60 GRs 19 AWSC, several guests.
- ▲ Spiritual Moment – Amanda Jane District 9 GR
- ▲ Approval of Minutes – Bunny Troy GR D18 move to approve with Meredith 2nd the motion 62 yes 1 abstain Passed
- ▲ Treasurer's Report, Barb B. Income Jan 1 to March 10 including cash carried forward \$31,835.30 Expenses \$5923.77 - Cash Balance after \$10,000 ample reserve \$15911.53. **full report attached**
- ▲ Judy J. read the acronym announcement **see attachment letter and the list - ending on Sunday.**
- ▲ Area World Service Committee (AWSC) Report, Dawn., **See full report at the Oregon Website under Service.** <https://www.oregonal-anon.org/awsc-minutes>
- ▲ Native American Al-Anon Conference – Katie, April 26-28, 2024. 15 slots for Child Care available. This is an Oregon Area event, with a planning committee. If you are interested, we still have some spots to fill. See Katie or any of the committee.
<https://www.oregonal-anon.org/flyers-for-upcoming-events>
- ▲ Breakout groups – District Reps, Patrice, Coordinators & officers, 1st time GRs with Bunny, and rest of GRs stay in main room with Stephen. Handbook in Spanish suggestion.
- ▲ Annie - Forum Moment – 70 YEARS OLD highlighted contents.
- ▲ Spiritual Moment – Leslie GR District 5
- ▲ Delegates Report – Joanne C., North West Regional Delegate Meeting – March 22 and 23 – 9 areas, Alaska, Wyoming, Nebraska, Washington, Montana, South and North Dakota, Idaho and Oregon. We will be hosting in 2025. Suggestion to send an extra donation to WSO in leu of Love Gifts. From the Chairman of board minutes. Year to date actual to budget. Sponsorship and service sponsorship using Personal stories, please right in. Shared 2024 WSO projects, including e-books & CAL globally, Al-Anon 2028 International site selection, just to name a couple. **A Little Time for Myself** sales highest in history. Questions looking for input – Stepping Stones, 4- or 5-day conference, and gender-neutral pronouns. **See full PowerPoint attached**

Noon -1:00 lunch 1:00 – 2:00 Vali F., Speaker Al-Anon World Service Office Executive Director

- ▲ Concepts of Service read in Spanish Consuela GR District 17
- ▲ How to start an Alateen meeting in your district – Kathy, Suggested G19, WSO Guideline. Titles of PowerPoint - Who can start, what is needed to begin, Heidi Alateen Coordinator in D5 shared on what they did to start an Alateen meeting in their district. John, GR D17 AMIAS shared it started with talking to his group. **PowerPoint attached**
- ▲ District 18 in Oregon – New Electronic District - Bonnie and Brenda Announcement having a workshop on discussion why its important to join this new District.
- ▲ Uncovering Abundance (money talk) – Barb B., Bonnie W., Linda S., Sue M. How to do budgets in a group. How to get a bank account and an EIN # set up. Sample of group minutes to change signers is in the Oregon Area Handbook. What is an ample reserve. **All outlines Attached**
- ▲ Service Position Presentation – Stephen and Joanne., Skit Trish, Web/Tech Coordinator, Dawn B., Chair, Joanne, Delegate and Patrice, District 11 Representative were interview.
- ▲ Thought/Task Force – GRs needed
 - Improving Assembly Attendance – Committee Bonnie W. with Rebecca, Marvalee and Tuane. After researching several area including WSC summaries for various years (look in 2022 – 2023 summary) and search internet for “encourage assembly attendance.” There is not a lot to add. Please check them out.
 - New Task Force to set up to develop a survey of Al-Anon members. What is your feeling about service, is there a reason you are not doing service above the group level. Laura, Tuane, Brenda.
 - Area Hosted State Speakers Meeting – Dawn B. Stepped down leaving Carolyn, Kathy K., and Maureen remaining. Carol B would like to see what this is about.
 - Frequency of Assemblies and AWSC Task Force – Met 2 times.
 - Spanish Overlay (district)Task Force – Meladee chair. To write a policy for a Spanish District. Input welcomed. Lot more work to be done.
 - Judy J. Will provide the list of members for all Thought/Tast Forces. **Attachment**
- ▲ Dawn B brought up about need for the July assembly. No district stood.
- ▲ Outreach to the Professionals: LinkedIn presentation – Maureen, Ad has been running for the last 16 days for the April 8th zoom event from 12:30 to 2:00 PM. There will be a couple of therapists as well as a couple of Al-Anon Members to share about hope for friends and families of alcoholics. There has been 33,462 people who viewed the ad with 416 people who clicked on the ad. **See report attached**

5:00 pm Pause for today (until Sunday): Sunday Agenda

Start: 8:30am

- ▲ Welcome back, Serenity Prayer, Dawn B., 5 min.
- ▲ Reading 4 primary ideas Groups at Work, Maureen
- ▲ Archives – Nancy, Area archives has lots of items that other service links are already keeping, like the Forum (WSO keeps copies) Do districts or groups need to have an archive? Would like to develop a committee to help answer questions, like what does Oregon need to keep—and others—that will help us to streamline the retention of information and avoid double-headed management as regards the archives. See full **report attached**
- ▲ Favorite Recovery Acronyms – Judy J., Judy went over the letter she read on Saturday with members inserting the words for all the acronyms we have in Al-Anon. After, Members shared some of their favorites: BEAR Be excited about recovery – GOD Good Orderly Directions – FEAR False evidence appearing real – PAUSE Please assist until serenity enters or Postpone action until serenity enters - LOVE Let others voluntary evolve – SHAME Should have already mastered everything – WAIT OR WAIST Why am I talking and Why am I Still talking – QTIP Quit taking it personally – EGO Edging God Out – FINE Frustrated Insecure neurotic emotional - SGOA Spanish Group Oregon Area.

- △ More input for the Delegate's requested on Saturday more about Changing the language in our literature to be more gender neutral – more members shared their thoughts.
- △ What is a group conscious? – panel, Kathy K., Nancy N, Mary W., Two documents were handed out. They had the current bullet points of: What is a group Conscience? What does it take? What does it look like in practice? What is suggested of members taking part in a group conscience? When the decision is not our own position? Please send your spiritual experience and comments for the next Communicator send to communicator@oregonal-anon.org **Two documents attached**
- △ Group Records – Meredith Permanent Electronic Meetings – (1.) How to successfully change your group's identity. Permanent electronic meeting (PEM). Three areas – Global Electronic Area, or PEM in originating district (must have a hybrid district meeting) or join the Oregon PEM District (18). (2.) Al-Anon Information Service (AIS) has their own website that serves the 5 districts (9,10,11,12 &17) in the Portland area. Please update AIS, Oregon Area and WSO. Need all three areas updated. (3.) Temporary EM during Covid – deadline June 2024 to decide your identity moving forward - face to face only, hybrid or PEM. Time to make a decision. **PowerPoint attached.**
- △ Sponsorship/Service Sharing's – Judy J., Move to July assembly.
- △ Assembly highlights: What will GR's take back to their groups?

Finish: Noon

2024 Service Events

May 18, AWSC – District 11 (Portland area)

July 20 & 21 – Assembly – Which district will host????

September 21, AWSC, District 9 (Portland area)

November 16 & 17, Election Assembly, District 1 (Northern Coast)